



Commonwealth Youth Games 2023

Details of key competition opportunities for athletes who compete in the hurdles, shot put, discus, and javelin, and are looking to gain selection to the England Athletics Commonwealth Youth Games team in 2023 can be found here.

U18 Competition Opportunities

England Athletics would encourage athletes looking to gain selection to the England Athletics team to enter one of these competitions. England team staff will be present at most of these events to meet with athletes, coaches, and parents.

The Commonwealth Youth Games Selection Policy can be found on the [England Athletics website](#).

If you have any queries with regard to the events detailed below, please contact: Scott Grace at sgrace@englandathletics.org or Alison Potts apotts@englandathletics.org

**Note: The U18 age group applies to athletes born in 2006 or 2007*



Competition	Disciplines	Location	Date
UK Winter Long Throws	Boys discus (1.5kg) Boys shot (5kg) Boys javelin (700g) Girls discus (1kg) Girls shot (3kg) Girls javelin (500g) Invitation only	Loughborough	Sunday 19 February
Vaxjo International 2	Boys discus (1.5kg) Boys shot (5kg) Boys javelin (700g) Girls discus (1kg) Girls shot (3kg) Girls javelin (500g) <i>Expression of Interest and successful selection to England team required.</i>	Vaxjo, Sweden	Saturday 4 March
Loughborough Opening Meetings	Boys 110m hurdles (0.914m) Boys 400m hurdles (0.838m) Girls 100m hurdles (0.762m) Girls 400m hurdles (0.762m) Other Events TBC Entry required: Athletes will need to enter via the entry system on the Loughborough Uni website	Loughborough	Saturday 22 April
Trafford Grand Prix Meeting	Boys 400m hurdles (0.838m) Girls 100m hurdles (0.762m) Girls 400m hurdles (0.762m) Boys discus (1.5kg) Boys shot (5kg) Girls discus (1kg) Girls shot (3kg) Entry required: Athletes will need to enter via the entry system on the Trafford AC website.	Stretford	Tuesday 16 May
Loughborough International	Boys 110m hurdles (0.914m) Boys 400m hurdles (0.838m) Girls 100m hurdles (0.762m) Girls 400m hurdles (0.762m) Other Events TBC Entry required: Athletes will need to register an expression of interest with apotts@englandathletics.org	Loughborough	Sunday 21 May
Age group pathway international	Boys discus (1.5kg) Boys shot (5kg) Boys javelin (700g) Girls discus (1kg) Girls shot (3kg) Girls javelin (500g) Entry required	TBC	Saturday 27 May
England Athletics Combined Events:	Boys 110m hurdles (0.914m) Boys 400m hurdles (0.838m) Girls 100m hurdles (0.762m) Girls 400m hurdles (0.762m) Entry required: Athletes will need to enter via the England Athletics website 2023 Championships	Manchester Sport City	27 & 28 May 2023

Trafford Grand Prix Meeting	Boys 400m hurdles (0.838m) Girls 100m hurdles (0.762m) Girls 400m hurdles (0.762m) Boys javelin (700g) Girls javelin (500g) Entry required: Athletes will need to enter via the entry system on the Trafford AC website.	Stretford	Tuesday 30 May
Loughborough Opening Meetings	Boys 110m hurdles (0.914m) Boys 400m hurdles (0.838m) Girls 100m hurdles (0.762m) Girls 400m hurdles (0.762m) Other Events TBC Entry required: Athletes will need to enter via the entry system on the Loughborough Uni website	Loughborough	Wednesday 31 May
Trafford Grand Prix Meeting	Boys 400m hurdles (0.838m) Girls 100m hurdles (0.762m) Girls 400m hurdles (0.762m) Boys discus (1.5kg) Boys shot (5kg) Girls discus (1kg) Girls shot (3kg) Entry required: Athletes will need to enter via the entry system on the Trafford AC website.	Stretford	Tuesday 13 June
England Athletics National U20 / U23 Champs	Boys 110m hurdles (0.914m) Boys 400m hurdles (0.838m) Girls 100m hurdles (0.762m) Girls 400m hurdles (0.762m) Boys discus (1.5kg) Boys shot (5kg) Boys javelin (700g) Girls discus (1kg) Girls shot (3kg) Girls javelin (500g) Entry required: Athletes will need to enter via the England Athletics website 2023 Championships	Chelmsford	17 / 18 June 2023

Important Information

All events/entries are subject to space in each timetable as confirmed by the Meet Organiser.

To register your interest to compete at any of these competitions please email apotts@englandathletics.org with the following information:

- *Athlete name and email*
- *Athlete date of birth*
- *Disciplines(s)*
- *Club*
- *Parent name and email*
- *Coach name and email*
- *Competitions interested in*

Further dates and competitions for U18 may be added over the coming months, so please ensure you revisit the England Athletics website and check you have the most current competition list.