

Saturday 18th June 2022					Sunday 19th June 2022					
T1	10.00	Under17 Men	Heat 1	100m	T8	9.30	Under17 Men	Heat 1	100mH	
	10.05	Under17 Men	Heat 2	100m		9.35	Under17 Men	Heat 2	100mH	
	10.10	Under17 Men	Heat 3	100m		9.40	Under17 Men	Heat 3	100mH	
T2	10.20	Under 15 Boys	Heat 1	100m	T9	9.50	Under 15 Boys	Heat 1	80mH	
T3	10.30	Under 17 Women	Heat 1	80m H	F10	10.30	Under 15 Girls	2 pools	Shot	
	10.35	Under 17 Women	Heat 2	80m H	F11	11.00	Under 17 Women	2 pools	Long Jump	
	10.40	Under 17 Women	Heat 3	80m H		F12	11.00	Under 17 Men	2 pools	Discus
	10.45	Under 17 Women	Heat 4	80m H	T10	11.40	Under 18 Men	Race 1	110mH	
F1	11.00	Under 17 Men	2 pools	Long Jump	T11	11.50	Under 18 Women	Race 1	100mH	
F2	11.00	Under 15 Boys	1 pool	Javelin	F13	12.00	Under 15 Boys	1 pool	Discus	
T4	11.00	Under 15 Girls	Heat 1	75m H		T12	12.00	Under 18 Men	Heat 1	100m
	11.05	Under 15 Girls	Heat 2	75m H		12.10	Under 18 Men	Heat 2	100m	
	11.10	Under 15 Girls	Heat 3	75m H		T13	12.20	Under 18 Women	Heat 1	100m
	11.15	Under 15 Girls	Heat 4	75m H	12.30	Under 18 Women	Heat 2	100m		
F3	12.00	Under 17 Women	2 pools	High Jump	F14	12.30	Under 17 Men	2 pools	Pole Vault	
F4	12.00	Under 15 Girls	2 pools	Long Jump	F15	12.30	Under 15 Girls	2 pools	High Jump	
F5	13.30	Under 15 Boys	1 pool	High Jump	F16	12.30	Under 17 Women	2 pools	Javelin	
F6	14.00	Under 17 Men	2 pools	Shot	T14	12.40	Under 18 Women	Heat 1	400m	
F7	14.15	Under 15 Girls	2 pools	Javelin	T15	12.50	Under 18 Men	Heat 1	400m	
F8	15.00	Under 17 Women	2 pools	Shot	T16	13.15	Under 18 Men	Final	100m	
F9	15.30	Under 17 Men	2 pools	High Jump	T17	13.25	Under 18 Women	Final	100m	
T5	16.20	Under 15 Boys	Heat 1	400m	T18	13.40	Under 18 Men	Race 2	110mH	
T6	16.30	Under 17 Women	Heat 1	200m	T19	13.50	Under 18 Women	Race 2	100mH	
	16.35	Under 17 Women	Heat 2	200m	T20	14.15	Under 18 Men	Heat 1	400mH	
	16.40	Under 17 Women	Heat 3	200m	T21	14.25	Under 18 Women	Heat 1	400mH	
	16.45	Under 17 Women	Heat 4	200m	T22	14.55	Under 18 Men	Heat 1	200m	
T7	17.15	Under 17 Men	Heat 1	400m	F17	15.00	Under 15 Boys	1 pool	Pole Vault	
	17.20	Under 17 Men	Heat 2	400m	F18	15.00	Under 17 Men	2 pools	Javelin	
	17.25	Under 17 Men	Heat 3	400m	T23	15.05	Under 18 Women	Heat 1	200m	
				T24	15.15	Under 17 Women	Heat 1	800m		
					15.20	Under 17 Women	Heat 2	800m		
					15.25	Under 17 Women	Heat 3	800m		
					15.30	Under 17 Women	Heat 4	800m		
				T25	15.40	Under 15 Girls	Heat 1	800m		
					15.45	Under 15 Girls	Heat 2	800m		
					15.50	Under 15 Girls	Heat 3	800m		
					15.55	Under 15 Girls	Heat 4	800m		
				T26	17.00	Under 15 Boys	Heat 1	1000m		
				T27	17.15	Under 17 Men	Heat 1	1500m		
					17.20	Under 17 Men	Heat 2	1500m		

N.B Time for events may alter after the first events