



U20 5k & 10k Road Running Representative Opportunity

Trofeo Opitergium, City of Oderzo, ITALY

17th September 2022

England Athletics values the importance of competitive road running opportunities for developing athletes looking to gain international experience and therefore intend to select athletes for competitive opportunities who the Selection Panel believes have the potential to make future England and Great Britain teams at major championships on the track, road or cross-country.

England Athletics will be sending a team of up to a maximum of four men and four women to compete in the match against Italy. The men will race over 10k and the women 5k. The first three runners in each category will score for the team with the men's and women's team scores being added for an overall team score. The race will be run under World Athletics rules and the rules of the Italian Athletics Federation. England Teams will be selected based on performances achieved between 1st January 2022 and midnight 7th August 2022. There will be no trial or domestic Championship event for the purposes of selection for this event and a range of performances will be considered.

**Please note that this event take place during term time. Selected athletes will need to be available to travel as a team on Friday 16th September returning on Sunday 18th September.*

Eligibility

To be considered for selection, athletes must satisfy the following:

- Be eligible to compete for England (i.e. full British passport holder)
- Have achieved a relevant England Athletics standard within the qualification period
- Age categories are based on World Athletics Rules. You must be aged 18 or 19 on 31st December 2022 to be eligible for selection.

Qualification/Minimum or Recommended Minimum Standards

The England Athletics standards for this event are as follows:

U20 Men	Event	U20 Women
	3000m	10:00
15:30	5k/5000m	18:00
33:00	10k/10,000m	

Qualification performances must be achieved between 00:00 (BST) 1st January 2022 and 24:00 (BST) 6th August 2022

Selection process

- The Team will be selected week beginning 7th August 2022.
- A minimum scoring team of up to three men and women will be selected. A further male and female athlete may be selected.
- The Selection Panel will select athletes based on their current form and fitness on the road and track. Plus competition history, rankings and head to heads performances.
- Selected athletes will be required to have at least one minimum track or road qualification standard.
- Qualification performances must be achieved in ratifiable UKA or World Athletics competitions under standard race licensing and competition rules

Expressions of interest

Expressions of interest should be made by completing the form at this link - <https://forms.gle/mBFGEyMs3wvHgARL7>

For questions contact England Athletics Road Running Manager, Tom Craggs, tcraggs@englandathletics.org