

Gary Shaughnessy – biography



Gary is an active member of Tadley Runners and a registered athlete with England Athletics.

Within his professional career he has most recently worked for M&G Investments & Prudential Group, Fidelity International and Zurich, ultimately being promoted to the Group Executive Committee as CEO for the Europe, Middle East and Africa region.

Gary was diagnosed with Parkinson's in 2016. In 2019, when he stepped back from full time commercial life, Gary took on the roles of chair at Parkinson's UK, senior adviser to the Zurich Group and chair of the Z Zurich Foundation, a global charitable trust. Both charities have developed major sport and exercise centred programmes to support physical and mental well-being.

Gary has completed 25 marathons and has a strong background in community sport. He has also enjoyed over a quarter of a century with Whitchurch United Football Club, as a player, chair, youth team manager and now president.