ENGLAND ATHLETICS INTERNATIONAL MOUNTAIN RUNNING 2021

Representative opportunities:
The committee will select the best available teams to represent England, although where shown some teams will be selected as development teams to give them experience of international competition.

Funding
All events in 2021 are subject to funding and England Athletics may amend the policies at any point. Details will be posted on the England Athletics website in the mountain running section which can be found at www.englandathletics.org/athletes/england-athletics-team/mountain-running .

- **Selectors view trials as the primary means of selecting the teams.**

- Athletes will usually be informed of their selection within a week of the trial and/or deadline for expressions of interest.

- Selection of all athletes is subject to the agreement of the athlete's training and racing programme between the date of selection and the representative race by the committee. England Athletics reserves the right to de-select any athlete who is deemed unfit or injured in the lead up to the event.

- Athletes wishing to be selected for races abroad must have a valid UK passport for the country they are travelling to and be eligible to represent England in international competitions. The selection committee reserves the right to de-select any athlete who does not provide all the information requested (including passport details) within a week of selection.

- For all races, if the selectors believe that a minimum performance standard for selection has not been achieved, they reserve the right not to select a full team. To clarify – England Athletics do not intend to send teams to international events composed of athletes who have not demonstrated the level of performance required.

This information is also available on the England Athletics website (www.englandathletics.org/athletes/england-athletics-team/mountain-running).

Please contact the Chair of Selectors if you require any further information: Duncan Richards (tel: 07764 610 799, email: Duncan@intouchltd.co.uk).

Please note that at the time of publication some of the trial dates/venues and full selection details have not been confirmed. Please check the England Athletics www.englandathletics.org/competitions & events/teams & selection/mountain-running) and FRA websites for updates.

Event: Senior Home International (included in British Athletics trial for the World Mountain Running Championships)

Date: 19 September 2021 Sedbergh
Selection Date: 18 July 2021
Trial: 17 July 2021, Alderman's Ascent.
Team Composition: Up to 4 senior men, 2 U23 men, 4 senior women and 2 U23 women may be selected. NB. There will only be an A team.
U23 athletes are defined as born in 1999 – 2001 inclusive. The quota of 4 senior athletes may include U23 athletes if more than two are selected.
Selection Details: The first 2 senior men, 2 senior women, 1 U23 man and 1 U23 woman will gain selection from the Trial Race (subject to performances being of an appropriate standard) with the remaining places to be decided by the selectors.

Event: Home Countries Youth Cup (replacing the International U18 Mountain Running Cup)

Date: 24 July 2021
Selection Date: 19 June 2021
Trial: Loughrigg, Ambleside 19 June 2021
Team Composition: Up to 4 junior men and 4 junior women (born within the years 2004/2005 - younger athletes are not eligible) may be selected.
Selection Details: The first 3 junior men and 3 junior women will gain selection from the trial race with the remaining places to be decided by the selectors.

~~Event: Snowdon International, Llanberis, Wales~~ Cancelled

Date: 17 July 2021 (TBC)

Event: Junior Home International, Newcastle, Co Down, Northern Ireland

Date: 11 September 2021
Selection Date: 13 July 2021
Trial: 10 July 2021 – Bradwell FRA Junior Championships Race, Peak District
Team Composition: England A team - 4 U20 men and 4 U20 women (age at 31 December 2021 – this includes athletes born in 2002, 2003 and 2004), 4 U17 boys and 4 U17 girls (age at 31 December 2021 - this includes athletes born in 2005 and 2006) may be selected.
Subject to appropriate standards, non-scoring England B development teams may be selected in all age groups**.**

Event: U23 Development Race. Chiavenna-Lagunc uphill Race, Italy TBC

Date: 10 October 2021
Trial: 17 September (included in British Athletics uphill trial for the World Mountain Running Championships)

Selection Date: 18 September 2021
Team Composition: Up to 6 athletes in total (mix men/women) may be selected.
Trial: British Athletics Trial for European Mountain Running Championships, Sedbergh, 5 June 2021.
Selection Details: Athletes who have performed at a high standard in the British Athletics Worlds Trial but have not been selected for the GB team are eligible for places.
Contact: Alec Duffield on alec@duffsports.com

Training Camps:
With the current restrictions and uncertainty around Covid-19, we are looking at various options for getting together and continuing junior mountain running development outdoors (ie non virtual). More information will be posted online with England Athletics and the Fell Runners Association as and when known.

Camp: Introduction to International Mountain Running - Online – Closed group
Age Group: 14-16 years
Date: 28 March 2021
Venue: Online 15.00 – 16.30
Selection Criteria: Top 10 in FRA Junior Championships
Placed in FRA Junior Championship or BOFRA races
County standard XC, Track or road
Performances of similar standard to the above – please ask!
Contact: Duncan Richards on duncan@intouchltd.co.uk

Camp: Performance in International Mountain Running. Online and experiential
Age Group: 17-22 years
Date: 30 April – 2 May
Venue: Zoom + regional get togethers
This camp will be a mixture of input and reflection (2-3 online sessions) and practical, with two training sessions on the Saturday and Sunday morning, local to participants.

Selection Criteria: Athletes should be committed to mountain running in 2021 and be planning to run the British Athletics World and/or European Trials.
GB mountain running vest
Top 10 in Junior Home International
Top 10 English Schools, National or Inter-Counties Cross Country
Top 6 in Area Cross Country
Performances of similar standard to the above – please ask!

Contact: Helen MacVicker at helen.macvicker@gmail.com or Neil Wilkinson neil@w1run.co.uk