

For the Record

Spring 2014

Newsletter for athletics officials of all levels and disciplines



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Welcome

to our first issue of
For The Record for 2014!

I received some exciting and welcome news just a couple of weeks back following a meeting between the CEOs of British Athletics and the home countries' governing bodies. It was suggested that *For The Record* became a UK-wide production from here on in with contributions and distribution to Wales, Scotland and Northern Ireland being introduced alongside those from England. So you'll notice a little rebranding and some articles of a wider interest, although many of the articles were written before this news and are England-centric. We will hope to cover the Home Countries more evenly in the next edition. Our new readers are of course welcome to contribute to the next edition (as are all our England Officials). I love to hear viewpoints, information and photos that we can share via the magazine. Feel free to contact me by phone, email or at an event.

I particularly enjoy writing articles that will help those officials less experienced in some roles – this time around it's an edited version of the Jury of Appeal role that I heard presented by Alan Vincent at the recent South of England Athletics Officials' Association (SEAOA) annual conference. I think it is really important to ensure this knowledge is written down for reference, to complement the experience we get on the track, field or various parts of the stadium.

Anyone can of course download this issue and all the previous seven editions from the England Athletics website at www.englandathletics.org/FTR or contact me direct if you'd like a paper copy posted to you (I also have some paper copies of archive issues).
Nicola Evans Editor (Field official)
Email: nevans@englandathletics.org
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Cover – Technical Manager Roger Doust and Clerk of the Course Julie Dew set up the Pole Vault at Lea Valley for the SEAA Indoor championships

Removable Tip Javelins – a correction

Dr Alan Neuff wrote to correct some information in our article in issue 7:
"The javelin described has been wrongly identified. It is not a 600g / 7.7 flex javelin and £320 is closer to reality. Nordic implements no longer have a distance rating – that has been replaced by the flex. The 600/7.7 has a single piece 150mm long narrow pointed tip that is common to all headwind javelins. The fault should have been ascribed to the Nordic Diana Classic 600/6.8 javelin which is a similar colour but is an aerodynamically tailwind designed implement, with a broad point."

Getting more people involved in officiating at your club

England Athletics has a series of resources that can be used by clubs and other organisations to encourage people to take coaching or officials' courses.

Clubs having enough skilled coaches and officials is an important part of their being able to offer a good experience to their members and ensuring that existing volunteers and committee members are not faced with excessive workloads.

Making people aware of the appropriate courses they can go on to help make the valued contributions that their club is most in need of is an important part of clubs having the volunteer workforce they need.

Available at www.englandathletics.org/coursepromotion are resources such as downloadable leaflets and posters that can be used to help guide people to the right course for them, let them know about what is involved in specific qualifications, and promote the courses clubs have identified as giving the skills and qualifications they need volunteers to hold. There are also posters that can be used in clubhouses to encourage parents to consider taking a course which will enable them to help with coaching at their child's club.

These resources can be used alongside the recently re-launched Volunteer Toolkit, a set of resources to help clubs and other organisations in their work with volunteers. The updated resource includes editable posters, advertisements and certificates, role descriptions, and guidance on inductions and recruiting volunteers. Resources can be downloaded individually or as part of the whole toolkit. Go to www.englandathletics.org/VolunteerToolkit to download the toolkit and associated resources.

England Athletics runs a number of courses to enable people to take up or improve upon their officiating skills; in the 'Courses' and 'Bookings' section of our website you can see what courses are being held in your area.

- ◆ For general information about becoming an official go to www.englandathletics.org/officials
- ◆ For general information about volunteering go to www.englandathletics.org/volunteer



England Athletics Membership Services opening times extended

Contact opening hours for our Membership Services team have now been extended with the intention of being more accessible to those who need to get in touch, and enable volunteers to have a greater flexibility in being able to contact us.

The new hours are:

Monday to Thursday: 0800 – 1800 **Friday:** 0800 – 1700

Email: enquiries@englandathletics.org **Tel:** 0121 347 6543

England Athletics National Forum: Effective Officials' Secretaries

The 8th Officials' Forum was once again held at Alexander Stadium, Birmingham, on 1 December 2013 and was attended by 40 officials. The theme was 'Effective Officials' Secretaries' and the aim was to make the day as interactive as possible for attendees with cross-discipline breakout groups and opportunities for feedback and question and answer sessions.

This was a great opportunity for County Officials' Secretaries nationwide to come together and network with their counterparts, sharing best practice, discussing challenges and to put ideas forward to assist everyone. It will also help shape how we can offer specific support to the role through close working relationships moving forward beyond 2013.

We are working to develop a reciprocal relationship between England Athletics and the COFSecs to ensure that both parties benefit from an infrastructure that supports and helps each other. It has been felt that there can be a lack of understanding of the full impact the COFSec's role has on the County and its relationship with England Athletics.

The day was structured around the topics 'Education', and 'The role of the County Officials' Secretary'. The groups discussed issues that arose and reported back to the rest of the delegates, and action plans were drawn up to try to address them.

The Education discussions centred around the management of officials, retaining, progressing and mentoring officials. The Education Coordinators for each area were introduced and took part in the groups and discussion to help determine how Level 1 and Level 2 courses may be organised in ways that will be attractive to potential new officials, and how to support those who have attended courses, so that they do go on to obtain their Official's licence. There was also time for a question and answer session on the Trinity Database.

Education – key issues

A number of concerns were fed in through the session by the delegates:

Tutors: It was felt that the list of tutors is overdue for revision so that the appropriate available tutors for the courses can be found more easily. It was also felt that there is no standard policy across the UK regarding accredited H&S Tutors. A published list of tutors needs to be

made available to COFSecs. It would be helpful to communicate to COFSecs and tutors what happens with completed feedback forms.

Course material: Course resources at all levels need revisiting/updating, with the Health & Safety material course resource a priority. Communication (to tutors) of changes to course resources on discs needs improvement: there has been an uneven cascade of changes (e.g. the recent integration of H&S with the Introduction to Judging). A paper to accompany new course resources showing these changes would be helpful.

Course delivery: Signs of a more flexible approach to course delivery were applauded. Timetabling of classroom sessions to allow practical instruction was felt to be clearly best practice.

Post-course follow up / 'conversion rate': It was felt that Trinity can be a barrier for some COFSecs. It is essential that COFSecs are always notified as to course attendee details, currently there are varying practices. There was general concern that accountability for post-course follow-up is unclear: the best examples seem to come where a Network / County can work with clubs; perhaps these procedures can be investigated and compared.

Role of the COFSec – key issues

Role of COFSec main document: This was generally accepted, with a few minor changes. On balance, it is felt that potential COFSecs should have a clear and realistic view of what the 'job' entails before taking it on. The role of COFSecs to communicate National Strategy locally is only possible if there is effective communication. It was recognised that the document is focussed on Track & Field and that there is a need to ensure that Endurance is also covered. There may be some potential in exploring 'job share'

possibilities (e.g. two COFSecs in neighbouring counties have joint responsibility for both counties).

Data protection standards / Code of Conduct: While the document may seem rigid at first reading, the general consensus was that it is better to know where we stand to ensure a consistent approach. Some detailed tweaking of wording is needed. See also comments under Trinity below.

Trinity – key issues

Data protection: Areas that people wanted to be considered were raised with Lee Dakin, who agreed to consider and amend as appropriate.

Data quality: All recognised the need to encourage officials to log on and check / update their personal details, and the need to find some incentive for them to do so. Linking to the DBS renewal process may help. Lee Dakin demonstrated the updated personal portal.

System functionality / design: Several key issues identified as priorities, including:

- Long standing DBS / CRB expiries: many of these officials are now inactive.
- Officials who have attended a Level 2 course (and thus gained H&S accreditation), but not yet gained Level 2a licence, should appear in the 'Trainee' category, not the 'Qualified' category.
- Officials formerly holding a Level 2 Licence who did not attend a health and safety course before June 30th 2013 should now be shown as Assistant Officials, however the 'Export' function still shows them as Level 2. This will need amending.

Each topic has a list of actions required and these can be found online at www.englandathletics.org/forum8



Get closer to the action!

Young athletes promote volunteering

Nine young athletes aged 13-23 from Ashford AC and Thanet AC have taken part in a Kent County Athletics Association (KCAA) organised volunteering workshop. The nine young athletes are already active as volunteers in Kent Athletics and hope to encourage other young people to get closer to the action.

The workshop, which was supported by Kent Sport and London 2012 volunteering legacy charity Join In, explored how the young volunteers could encourage others to get involved. They worked with a professional film making company to script and shoot an info-mercial about the benefits of volunteering in athletics to be uploaded to YouTube and other social media. They also took part in a session led by a marketing expert around how they can promote the film and the opportunities that volunteering offers.

Volunteers are the backbone of community sport

Join In's Director of Sport, Olympic athlete Dave Moorcroft, attended the workshop and said: "Volunteers are the backbone of community sport. Seven out of ten clubs say they need more volunteers to make events happen. That is why it is good to get young people involved and thinking about volunteering which can also help with life skills and self-confidence."

KCAA Chair David Ralph added: "Kent Athletics simply wouldn't be able to function without the support of volunteers and a key element of our volunteer reward and recognition programme is to support young volunteers. It's great to be



working with Join In on the London 2012 volunteering legacy."

One of the young volunteers, Jack Huxley from Tenterden who is also a high jumper, has been supported by KCAA in becoming a Level 2 official. He explained: "A couple of other people I knew at Ashford AC were already officiating so I decided to give it a go. It's a good way to stay involved when you are not able to compete. I enjoy working with the other officials who have welcomed and encouraged me. I plan to carry on competing alongside my officiating."

Bursaries awarded

KCAA has recently awarded bursaries to ten young people to enable them to become qualified officials as part of its volunteering reward and recognition policy.

One of those to benefit is Chloe Williams from Margate who plans to attend a Level 2 course shortly

alongside her father. She said: "My athletics club Thanet AC does a lot of community work such as running a primary schools cross country. I was asked to help out, gave it a go and really enjoyed it. Now I'm always one of the first to volunteer. I enjoy meeting other people within athletics and helping others to improve at the sport."

Kent Athletics Network Chair Stella Bandu commented, "The workshop was co-ordinated by Kent Athletics Network and received financial support from England Athletics who were awarded some funding from Youth Sport Trust to help train up new young officials. This has supported the bursaries awarded by the County and Network to ten young people. Ashford Leisure Trust also kindly donated a goody bag for the participants."

Bianca Logronio, Workforce Development Officer at Kent Sport, said: "Kent Sport was delighted to support this event which recognises the important role played by young volunteers in delivering athletics events in the county. We want to work with partners to ensure that young people feel valued, respected and involved in the way sport is run, and this is a great opportunity for young people to make their contribution."



Join in*

Kent Athletics Officials get their toys out!

Where can you drive a remote controlled car, use a starting pistol and play with more technology than seen on the Gadget Show? At a Kent Athletics Officials' taster and development day of course!

So far, the first two days of a four day programme have seen over 40 people take up this opportunity. The informal taster feel has attracted teenagers and parents keen to learn more about becoming an official. Those more experienced have relished the chance to top up their skills and knowledge of technology. There was also the opportunity to be trained in the use of traditional equipment – tape measures, rakes (more difficult than it looks!) and clip boards.



Remote-controlled cars with Bob Hammond – used to retrieve implements in the Long Throws.

The programme is a part of the new Kent Officials' development pathway devised and delivered by Gill Freeman, Officials' Secretary at Kent County Athletics Association. It is a collaborative project between the Kent Athletics Network, the Kent London Athletics Network and Kent County Athletics Association and



Photofinish – Graham Acott and Bob Hammond

benefited from England Athletics financial support.

"I hoped that a 'drop in' format would be more attractive to parents and young people rather than having to commit to a whole day. I am delighted that it has worked." said Gill. "A change of date from the Autumn to late Winter for Level 2 qualification courses will provide the opportunity for those attending the taster days to attend a course shortly afterwards."



John Freeman teaches how to start a race.

The organisers would like to thank:

Luke Smallwood (Just Timing) Bob Hammond, and John Freeman, who kindly let others play with their toys!



Getting to grips with EDM with Maureen Fletcher and John Askew

The four clubs who have hosted the days: Ashford AC, Bexley AC, Blackheath and Bromley Harriers AC, Tonbridge AC.

Karen White of The Champion Corporate Clothing Company, who supplies the excellent range of KCAA branded clothing for both technical and non-technical officials.

For more information please contact Gill Freeman T: 01322 402476 gill.freeman@inspirecommunitytrust.org

Box Clever!

Working in Call Room? This box holds most of the useful items a Call Room official might need. The box contains:

- ◆ Set of hip numbers
- ◆ Red and white safety tape
- ◆ Double-sided tape
- ◆ Rubber gloves
- ◆ 2 confiscation lists
- ◆ Red and yellow cards for conduct warnings
- ◆ Blutac
- ◆ Sticky tape
- ◆ Set of highlighter pens
- ◆ Black felt tip pen
- ◆ Pencil
- ◆ Rubber
- ◆ Pencil sharpener
- ◆ 2 ballpoint pens
- ◆ Set of 6mm spikes
- ◆ Spike gauge
- ◆ String
- ◆ Rubber bands
- ◆ Pins
- ◆ Paperclips
- ◆ Correction fluid
- ◆ Bulldog clip
- ◆ Tape measure
- ◆ Post It notes
- ◆ Scissors

Thanks to Christine Courtney for the contribution of this information.



Progression through Level 2

Last year a decision was made that officials would not need to complete the logbook pages and to include the details of each meeting on the annual Record of Experience form. This has caused some confusion with regard to understanding which paperwork is required, especially for the tutor assessing logbooks for Level 2b (County). Therefore to clarify the situation, with the assistance of Moira Gallagher (UKA Education Group), we have updated the progression through Level 2 procedures and hopefully this will assist our officials to progress their Level 2 qualifications. Please note that this applies to officials in England. Information for other Home Countries will be in the next edition.

Level 2a Club

- ◆ Prior to applying for a licence, you as the trainee official must obtain an enhanced DBS disclosure specific to UKA.
- ◆ You need to have officiated at a minimum of four meetings. For Field this must include experience on horizontal and vertical jumps, long throws and shot. For Starters/Starters' Assistants this means four meetings, or substantial parts of meetings, in each role to obtain both parts of the qualification (eight in total). It is not possible to qualify as a Starter without also being a Starters' Assistant.
- ◆ You should complete the Level 2 Club Accreditation Form including listing the meetings at which you have officiated and details of the events and duties carried out at each of the meetings, and sign the form.
- ◆ If sending by post, a hard copy must be sent to Officials' Accreditation, England Athletics, Athletics House, Alexander Stadium, Walsall Road, Perry Barr, Birmingham B42 2BE and a copy can be sent to the County Officials' Secretary (COFSec) for reference, keeping a copy in the logbook.



PHOTO: MARK SHEARMAN

- ◆ If sent by email, this should be sent by the official (not a third party) to officials-accred@englandathletics.org as the email is confirmation that the information on the form is a true and accurate record of their officiating.
- ◆ It is helpful if the email is copied to the COFSec so that they can retain county records, although a list of officials who have been credited with their qualifications is sent each month to the COFSecs (see below).

completed these can be submitted but their completion is no longer necessary.

- ◆ The generic and discipline-specific questions need to be completed (you can discuss your answers with your mentor or other officials). These can be found on the course disc.
- ◆ You must complete the personal details section on the front page of the Level 2 County Accreditation Form and once everything is ready for assessment you should contact your course tutor or COFSec to confirm who is to carry out the assessment prior to sending them the documents.
- ◆ *The logbook must NOT be sent directly to England Athletics head office.*
- ◆ Once the documentation has been assessed and the assessment section of the accreditation form completed, the form should be sent to Officials Accreditation (see address below) and a copy inserted into the logbook prior to returning the logbook to the official with a debrief. This can all be done electronically as that is likely to be



PHOTO: GARY MITCHELL

Level 2b County

- ◆ Once you have completed ten or more meetings you need to provide the necessary paperwork (details below) for assessment.
- ◆ You will need to provide the officials' annual Record of Experience showing details of the duties performed, with the 'what did I learn' section completed in detail and any mentoring information which can be recorded on the Record of Experience or on the mentoring pages. If the competition experience forms in the earlier logbooks have been

the most convenient method to use.

- ◆ If sending by post, a hard copy must be sent to: Officials' Accreditation, England Athletics, Athletics House, Alexander Stadium, Walsall Road, Perry Barr, Birmingham B42 2BE, and a copy can be sent to the COFSec for reference.
- ◆ The completed assessment form can be sent by email from the tutor/assessor to: officials-accred@englandathletics.org – the COFSec can also be copied in.

Level 2c Regional

- ◆ You need to have officiated at an additional ten meetings,
- ◆ You need to have officiated at higher level meetings e.g. Combined County Championships, England Regional, Area (North, South, Midlands & SW), obtained at least one positive report from a higher graded official (preferably Level 3 National) at Regional 2c Level or above. The report should be sent to the Tri-Regional Officials' Secretary / Upgrading Secretary (or Home Country equivalent) to ensure that the Tri-Region can monitor and assist with the progress of the candidate at this and future stages.
- ◆ You must complete the personal details section of the Level 2 Regional Accreditation Form and send this with the logbook, including the Level 2 logbook County Accreditation/ Assessment Form, Record of Experience forms completed in detail, any records of mentoring sessions and a copy of the report by a higher graded official to their Area Tri-Regional Officials' Secretary/ Upgrading Secretary (or Home Country equivalent).
- ◆ A member of the Tri-Regional group (or Home Country equivalent) will assess the logbook and complete the section 'logbook assessment for Level 2c Regional' on the accreditation form.
- ◆ The Tri-Regional Secretary (or Home Country equivalent) will inform the official if they have been successful in achieving the Regional level or, if unsuccessful, he/she will give advice on what is required to achieve Level 2c Regional.
- ◆ The Tri-Regional Secretary (or Home Country equivalent) will then send the authorised form to Officials' Accreditation for them to credit the official with their qualification on Trinity.

Officials' courses

What's available

Level 1 and 2 courses

The Home Countries (England, Northern Ireland, Scotland, Wales) manage the Level 1 and 2 Officials' courses.

Level 2 includes Track, Field, Starter/Starter's Assistant, Photofinish, Timekeeper and Endurance courses.

Courses for Level 3 and above are managed by UKA.

Health and Safety and Risk Assessment courses

For Level 1 and 2, H&S and Risk Assessment courses, see what's coming up at: www.englandathletics.org/officialscourses – you can filter by region or type of course in the box at the top right of the page.

www.athleticsni.org – go to 'Get Involved' menu and then select 'Become An Official' then select 'Officials Education'.

www.scottishathletics.org.uk – go to 'Get Involved' menu and then select 'Education Courses'.

www.welshathletics.org – go to 'Competitions' menu, then select 'Officials'.

Level 3 courses and above

Courses for Level 3 and above are managed by UKA. Go to www.britishathletics.org.uk/competitions/officials for more information.

Officials at all levels can attend modules of the Level 4 course to further their development as an official.

Race Director's courses

These are arranged on a demand driven basis - when there is interest from around 15 people in a region, arrangements are made for a course.

Contact Gavin Lightwood at glightwood@uka.org.uk

Event Adjudicator's courses

Contact Gavin Lightwood for further information. glightwood@uka.org.uk

Road Traffic Management

England Athletics administers Road Traffic Management courses which are arranged on a demand driven basis.

Some statistics

The Level 2 officials' courses run by England Athletics over the past six months have been well attended, with not too many cancellations due to lack of numbers. Below are a few statistics of course for officials which have taken place in England over that period – this doesn't include the 'closed' courses held for specific groups and some late entrants to courses.

Course	No. of attendees	Course	No. of attendees
Level 1	76	Health and Safety	434
Level 2 Field	228	Road Traffic Management	19
Level 2 Starter	19	Risk Assessment	22
Level 2 Timekeeper	68	Endurance	19
Level 2 Track	121		

Details of Education Coordinators and COFSecs (County Officials' Secretaries) are on the back page and you can contact your local COFSec or Coordinator to request a course for your club or community. There are already over 80 courses for officials advertised on the website with 420 people booked on.



PHOTO: GARY MITCHELL

London officiating course attracts 58 volunteers

London's recent Level 2 Officials' course was the best attended in four years with 58 delegates present. The course was held at Allianz Park – home of Shaftesbury Barnet Harriers. London Education Manager Graeme Allan worked with North London Athletics Network, SBH and Middlesex County Officials' Secretary Steve Marshall to organise the event.

The Level 2 course was the first London one that has been set up, coordinated and managed solely by the London Region Team and was a great success, including many delegates from younger age groups and some from local schools. Indeed, the London and National Council Chair Tony Shiret attended the Starter/Starter's Assistant course which he reported as fascinating.

Tony commented, "Congratulations to the North London Athletics Network, the Middlesex COFSec Steve Marshall, London Education Manager Graeme Allan and local hosts Shaftesbury Barnet Harriers for putting on such a good event. Whilst the facilities at Allianz Park are now first class, there is clearly demand among London's clubs for courses of this sort to allow volunteers to get trained up to help out and start a career in officiating if they choose to. This is the first time I have been optimistic about turning around the decline in the officiating population and yet another London 'first' which is an example to the rest of the country."

Graeme Allan, who joined England Athletics recently in the new post of London Education Manager for



coaches and officials, said "What a great start to the winter by having 58 future and current officials up-skilling themselves in attend a Level 2 course at the Allianz Park Stadium in North London."

He continued, "This course was unique in the way it was set up and coordinated, as we had many parties involved in the venture. Having strong relationships with partners on the ground is key to the success of moving forward within London and I am very pleased to say that the North London Athletics Network, Shaftesbury Barnet Harriers, Saracens Rugby, Middlesex COFSec Steve

Marshall, five positive and engaging tutors and myself came together to put on a successful day."

Graeme is working with many new partners now and aims to work with the COFSecs and the team closer than ever before to meet the demands on the ground. He is hoping that this model is something that can be used to push, combat and move forward in the challenge with officials' numbers in the capital. He summarised, "Through continued work and relationships of the team on the ground I believe that we can make London the hub of Education in the South."



Deaf Friendly Athletics resources online

England Athletics have produced some resources to help clubs and groups to attract and support deaf people in all forms of athletics.

The two resources; *Deaf Friendly Athletics* and *Providing Communication Support* have both been produced with support from the National Deaf Children's Society and UK Deaf Sport.

The guidance on providing communication support also covers considerations for other impairment groups.

The resources cover information about what deafness is, communication, top tips for leaders and coaches, providing communication support, marketing sessions to deaf groups and BSL signs for Athletics. They aim to support clubs and groups to be more inclusive and to increase the number of deaf people taking part in athletics.

Go to www.englandathletics.org/disabilityresources to download a copy of the *Deaf Friendly Athletics* resource or a copy of the *Providing Communication Support* guidance.

These documents further support existing resources to help clubs become more inclusive which can be found on our disability web pages and England Athletics' commitment towards engaging more disabled people in the sport.



Disability Athletics officiating opportunities

Mencap Athletics Championships

When: Saturday 28 June 2014

Where: Sportcity Manchester

Time: Officials' debrief at 9am, First event 10.30am

Lunch and refreshments provided, travel expenses paid if required. There will also be a Festival of Athletics for those with more severe learning disabilities.

For more information or to express your interest please contact Mel Lampert – melanie.lampert@mencap.org.uk 07432 636 637

Seated Throws Events

Alison O'Riordan has arranged that seated throws events will occur at the following competitions this year.

- Wednesday 23 April - Watford Open, Watford
- Wednesday 28 May - Lee Valley Open, LVAC
- Wednesday 11 June - Lee Valley Open, LVAC.
- Wednesday 9 July - Lee Valley Open, LVAC.
- Wednesday 30 July - Watford Open, Watford.
- Wednesday 6 Aug - Lee Valley Open, LVAC.

Time: 7pm start

For more information or to express your interest please contact Alison O'Riordan oriordan.alison@gmail.com

Coventry Classic

When: 19 and 20 July 2014

Where: University of Warwick

Time: 19 July from 5pm to 8pm, 20 July from 10am to 3pm

Saturday: Wheelchair Races + MCAA 3000m Champs. Sunday: Wheelchair Races, Ambulant Sprints, Seated Throws, Open Sprints and QuadKids.

This is an IPC approved meet, not a standalone IPC permit. It's the final weekend of qualification for the IPC Europeans and one of larger WCR meets - last year over 45 wheelchair racers attended. Where possible the organisers are keen to blend local officials and have a number of volunteers too. There is a particular need for officials experienced in the Seated Throws events and all track positions.

For more information or to express your interest please contact Job King (Parallel Success Coordinator: Midlands & South, British Athletics) jkking@britishathletics.org.uk

Disability Athletics flash cards

Middlesex official Steve Marshall has been running the 'Gadgets and Gismos' workshop at the South of England Athletics Officials' Association annual conference for the past few years and has another useful resource to add to his repertoire.

Following the success of the UKA laminated pocket reference guides for officials, and the increasing popularity of disability athletics events, Steve has created a set of Flashcards to assist officials when officiating at a disability event. The cards are double sided and describe each classification for track and field including the LEXI format, a short description and diagram of how an athlete's performance may be affected by their disability, and any special rules that apply to events where that class of athlete may participate. There is also a card on throwing frames. The set is an invaluable guide for all officials regardless of experience.

If you are interested in getting hold of a set, please contact Steve on steve.marshall@barnet.gov.uk



2014 UKA Rule changes and updates

The new Rule Book should be available from 1 April 2014. If you have any queries please email rules@uka.org.uk or telephone 0121 713 8493.

Significant alterations that have been approved for the new rule book are summarised in the document: *UKA Rule Book 2014 – Summary of Principle Changes* which is online at www.englandathletics.org/newrules2014

Only changes that affect general officiating are included here.

Rule 107 (2)(3): Limits for U15 & U13 competition

The existing limit of athletes in these age groups to compete against athletes in a higher Age Group has been extended from 1500m to one mile.

Rule 118: Relay take over

In 4x400 relay races when the athletes are no longer running in lane they shall, under the direction of a designated official, place themselves in their waiting position in the same order (inside to out) as the order of their respective team members as they enter the last bend. Once the incoming athletes have passed this point, the waiting athletes shall maintain their order, and shall not exchange positions at the beginning of the takeover zone. If an athlete does not follow this Rule, his team shall be disqualified.

Clarification was sought and confirmed.

UKA Technical Advisory Group Changes to Women's throwing implements

Shot U17-from 4kg to 3kg, U15-from 3.25kg to 3kg

Hammer U17-from 4kg to 3kg

Javelin U17/U15-from 600gms to 500gms

The changes to the UKA rules will apply from the 1st April 2014, and are now in accordance with IAAF Rule changes. For a summary of the weight changes see the table below.

TECHNICAL SPECIFICATIONS:

Javelin 500g, diameter 20–24mm, length 2000–2100mm, length of head 220–270mm, tip of head to centre of gravity 780–880mm, tail to centre of gravity 1120–1320mm, grip 135 – 145mm

Shot 3kg, diameter 85 – 110mm

Hammer 3kg, diameter 85 – 100mm, length 1195mm maximum

PLEASE NOTE:

An omission has been noted in the new rule book. This is the deletion of reference to the javelin specification



for Under 13 Girls: Rule 139, page 90. This remains as it was in the previous rule book and should read:

Weight (incl of cord grip) Min 400g

Length Min 170cm Max 195cm

Length of metal head Min 20cm Max 30cm

Distance from tip of metal head to centre of gravity Min 70cm Max 85cm

Diameter at thickest point Min 19mm Max 24mm

Width of whipcord Min 13cm Max 14cm

Revised weights for Women's throwing implements

Event	U13 Girls	U15 Girls	U17 Women
Shot	Remains at 2.72kg	3kg (previously 3.25kg)	3kg (previously 4kg)
Hammer	Remains at 3kg	Remains at 3kg	3kg (previously 4kg)
Javelin	Remains at 400g	500g (previously 600g)	500g (previously 600g)

IPC updates

Change of classification

IPC Athletics will introduce a New F57 Class, of which the profile will be extended to include the existing F57 and F58 Classes. As a result of this, the F58 Class ceased to exist from 1 January 2014. Athletes currently in the F58 class will be given the right to choose a competing position (Seated or Standing) until 31 December 2014.

Rule 35: Secured Throwing Requirements

The main change is in part 1b

1b) Each throwing frame must have a seat which is square or rectangular in shape and each side at least 30 cm in length. The seat surface must be level or with the front higher than the back (i.e. inclined backwards). The front of the seat cannot be lower than the back.

Note: The front is the plane furthest from the athlete's spine with the athlete in a seated position regardless of the direction of the athlete in relation to the landing area

Rule 36: Secured Throwing Technique, Lifting & Failure

1. In Secured Throw Events, all athletes (Sport Classes F31 - 34, F51 - 57) shall throw implements from a Throwing Frame in a seated position. The seated position is defined as follows:

a) The athlete must sit so that both legs are in contact with the seat surface from the back of the knee to the back of the buttock (Ischial tuberosity)

b) This sitting position must be maintained throughout the throwing action until the throw has been marked. Strapping across the upper thighs and/or pelvis is encouraged.

Note (i): The intention of this rule is to minimize contribution of the legs to

the athlete's performance.

Note (ii): If an athlete presents with anatomical limitation that prevents adherence to the above requirements, then an assessment will need to be made by IPC Athletics in advance of the event. IPC Athletics shall establish a process for such exception to be granted so that the athlete is throwing within the spirit of the rules.

2. An athlete shall commence his trial from a stationary seated position.

3. An athlete is not allowed to touch the strap(s) outside the vertical plane of the throwing circle.

4. It shall be a failure if an athlete moves from the seated position from the time the athlete takes the implement into the starting position of the trial until the throw has been marked by an official.

The new IPC rules took effect on 1 January 2014.

Endurance update

England Athletics sent out the first special eBulletin for Endurance officials at the end of January. If you didn't receive this useful document by email on 30 January please get in touch and we can check our records. You can also check your own contact details on Trinity, which is the UKA membership database and contains details of officials, coaches, and athletes.

If you wish to check your personal information you can log in via www.englandathletics.org/editmyprofile.

Tri-Regional Endurance Officials' Groups

The TREGS (also known as Endurance Peer Groups) consist of one endurance official representing each of the regions within in the England Tri-Regional groupings, a Tri-Regional Secretary and as appropriate, co-opted experienced Officials' Secretaries. These posts have been filled for three years and nominations from senior endurance officials for the next three years are requested. Not all the positions were filled and so volunteers for the remaining vacancies were requested. It is hoped to finalise the positions shortly.

Online Resources for endurance officials

There's lots of information for endurance officials on the website. A quick link is www.englandathletics.org/endurance. Other shortcuts include adding the following after www.englandathletics.org /endurancecontacts /EnduranceL2 /endurancenews /EnduranceRecord

Creating career / promotional opportunities for endurance officials

Recently there has been much discussion on creating career / promotional opportunities for endurance officials. A number of suggestions have been made, with the cornerstone for these developments, where it is considered appropriate, the appointment of the Endurance CofSec role. Further information and discussions with Counties will be held shortly.

Event Adjudicators

Event Adjudicators are now an established part of the road racing scene with all licensed races in England and Wales required to make the appointment through the runbritain licensing process; their role is to report on the delivery of Licence Standards which the race must agree to apply. It is possible for Event Adjudicators to have other roles at the race and these are:

- ◆ To be appointed as Race Referee on condition that there are fewer than 300 entrants and hold a UKA Endurance Official's licence at Level 2b or higher
- ◆ To undertake the BARR Scrutineer role if he/she has been appointed by BARR.

Graham Jessop, Chairman, Endurance Sub Group
enduranceofficials@englandathletics.org

Getting Started For endurance officials

A *Getting Started* booklet for Endurance Officials has now been published, the sixth in the series of these booklets produced by England Athletics in



partnership with UKA, the England regional and other national associations, and a number of knowledgeable volunteers.

It is hoped that the booklet will be useful in guiding an official through their early days of endurance officiating. The idea of a handbook for endurance officials has been the vision of a number of volunteers within the discipline for many years.

A workshop at the 2012 UKA Officials' Conference brought together a number of like-minded officials who were prepared to put pen to paper to get the show on the road, namely Kay and Bill Adcocks, Martin Howard, Mike Dooling, Chris Stott and Arwel Williams. Further editing has been undertaken by the UKA Endurance Training and Development Sub Group especially Paul Ross, Graham Heeley and Roland Gibbard. The production of this document is also a result of the contributions of staff at both the England Athletics and UKA.

The booklet covers:

- ◆ What to expect as an endurance official: before, during and after the event
- ◆ Duties of endurance officials: Senior race personnel, the start and finish teams, those on the course, and extra notes on relay events
- ◆ Equipment: including the officials' toolkit and clothing, and items that should be provided at each event
- ◆ Endurance Officials' Pathway and progression within the discipline
- ◆ Useful contacts

You can download a PDF of the booklet from the England Athletics website at

www.englandathletics.org/officials where you can also download the other booklets in the series (*Track, Field, Photofinish, Timekeeper, Starter/Marksman*)

There are also some free printed copies available at Head Office – get in touch with John Temperton if you'd like one sent to you: jtemperton@uka.org.uk 0121 713 8493



PHOTO: ADAM KERFOOT-ROBERTS



Why have personal implements in competition?

After reading the article in the previous issue of *For The Record*, Dr Alan Neuff contacted us about removable tip javelins and agreed to write a short article on the use of personal implements and the differences between implements within one competition.

Personal implements can potentially be a real nuisance to a meeting technical manager or field referee. So why do we have them in competition? The reason lies in a parallel to shoes, which have both different sizes and different width fittings to each size.

Let me preface the answer by asking why vaulters can have their own poles. Since the development of fibre/resin composite poles each pole has particular characteristics. In earlier eras vaulting poles were, 'one size fits all' but this changed over time: hickory, bamboo, aluminium, steel (1890/1960), glass fibre (1960), carbon fibre (2000).

The introduction of glass fibre was a huge development; the poles are substantially lighter to carry than the metal ones were and are designed to bend in use. They are available in a large range of lengths and strengths. The latter is especially important because the pole is now graded by user weight. (In the USA there is a rule that an athlete cannot use a pole rated under their bodyweight.) The grading is determined by wall thickness of the pole and this thickness generally varies between 1mm and 3mm. So a pole is personal in specification much as shoes are different in size and width fittings.

Exactly the same criteria apply to other field events because not all athletes are identical in size, weight, strength and skill.

Shot



Shot put implements have a specification of weight and size in the rules but a further criteria is the material and surface. A 4kg shot may have a diameter ranging from 95mm to 110mm. Why?

The simple answer is different sized hands. A person with a small hand will struggle to put a larger diameter shot correctly. A large handed athlete will likely throw, not put, a small shot. In addition the different available surfaces appeal to the athletes. Athletes with certain disabilities may also prefer a smaller or larger radius.

(Both shots pictured weigh 7.26kg)

Discus



(1kg discus – the left side one is a high rim weight)

Discuses are available in two basic forms. The dimensions of discuses are tightly regulated but not the weight distribution. When the discus leaves the thrower it is spinning in the air. By varying the weight distribution the stability in the air can be altered. The two forms are low spin and high spin.



The former have about 65 to 70% of the total weight in the rim, and the latter 75 to 90% rim weight.

Which to use is dependent on the technique of the thrower. The discus should be finally released off the index finger. The stronger the final movement off that finger, then the greater the imparted spin. In the air the rotating discus behaves like a gyroscope and is more stable the faster it spins.

If a fast spin is imparted to the discus then the thrower benefits using a high spin discus as more weight is away from the centre and the discus is more stable and travels further. If the athlete does not have the technique then the high spin discus will stall in the air and fall short. A down side of high spin discus is that the sides are thinner and do not like hitting the cage uprights or hard stony ground!

Many throwers never attain the fast spin off the index finger, but do not worry; low spin discus have been used to win Olympic medals.

Javelins



Javelins are available in various distance ratings that roughly reflect the athlete's ability. Also some javelins are available in Headwind or Tailwind versions. These parameters are a result of the aerodynamics arising from shape of the point and the body of the javelin within the allowed dimensions.

A broad point is Tailwind and a narrow point is Headwind. This changes the airflow over the javelin body and alters the stability slightly.

Equally the design of the tail has an effect on the stability and the less a tail vibrates the better it flies, but only if the javelin is thrown along the line of flight so that the tail is exactly behind the head. So which javelin?

If the thrower is only capable of 25m and is using a 100m rated javelin then there is potentially a disaster, because being incorrectly flighted it will drop out of the air after a short distance (less than 25m!) and probably land tail down.

The development of javelins has centred on reducing tail vibration. Miklos Nemeth really got it sorted with his rough tail that disturbed airflow and stopped vibrations but eventually it was banned. The latest development is carbon fibre javelins, which have a rigid body. However they are less durable than the metal ones and less skilful throwers are more prone to shoulder or elbow injuries.

Hammer



Hammers have many more variants: size of head, length of wire, size of handle, shape of handle, overall length.

The overall length of the hammer is determined by the skill and height of the thrower. A shorter length is easier to control but less angular force can be exerted (less distance).

The size and shape of the handle is determined by the size of the thrower's hand (and glove). The handles are all 110mm in length but may be from 110 to 130mm in width

and either straight or curved. A thrower with large hands cannot get properly into a 110mm wide handle. This is then potentially dangerous for the hammer can go in any direction.

The head size affects two things;

a) aerodynamics – small head = less wind resistance

b) a small head enables longer wire and the centre of gravity is further away – more angular velocity on release equals greater distances.

Club



Severely affected Cerebral Palsy athletes have difficulty releasing their grip on things. The original stock Stoke Mandeville clubs (rather like a rounders bat) had only one style of head. The wooden club has tight dimensions and weight, so that each is individually hand made. Working with the Cerebral Palsy athletes it became apparent that different sizes and shapes of grip head would be beneficial so there are now several options.

Starting blocks

Starting blocks are available in differing widths, lengths, weight and footplate size. Generally those used in major meetings are bigger than those at local tracks. Individuals with large feet or long legs may be more comfortable with larger, wider blocks.

Athletes frequently have their own blocks for convenience in setting up and in the knowledge that they have a reliable set.

Awareness is key

Clerks of the course, technical managers and meeting organisers need to be aware of the standard of athletes at the meeting and, if appropriate, their disabilities so that supplied equipment will meet their needs, especially if personal equipment is not permitted. In this way a situation that I was in, as a field judge, where the supplied javelins in a world disabled games were 90 or 100m rating and the Cerebral Palsy affected athletes were only able to throw 25/30m is avoided. The consequential six no throws were distressing for all involved.



PHOTO: SIMON WRIGHT



Jury of Appeal

This article is based on a presentation made by Alan Vincent at the 2014 South of England Athletics Officials' Association (SEAOA) Conference. Alan has substantial experience of how Jury of Appeal works – from appointments as an NTD and, more significantly as Competition Secretary for the Olympic and Paralympic Games in 2012.

When is a Jury of Appeal Appointed?

The appointment of a Jury of Appeal is an IAAF requirement. In International Competitions a Jury of three, five or seven persons are appointed to deal with Protests and Appeals by athletes or their representatives.

In normal domestic UK circumstances, a Jury is appointed for televised meetings only. So, in 2014, there was a Jury of Appeal appointed for three Indoor events and in the Summer at eight or nine meetings including the European IPC Championships in Swansea (where the Jury is appointed by the IPC). One interesting addition is the England Athletics U23/U20 Championships which is being treated as the equivalent of a Level 5 event in officiating terms. At each of these events, there will be a Chair of the Jury and two other members.

What does the Jury of Appeal do?

It is unusual in British Athletics events for the Jury to be called upon more than once or twice in any one meeting. Most issues are resolved at informal protest level by the Referee. Where Juries are convened, it is usually a case of viewing the relevant footage from a co-operative BBC or Channel 4 outside broadcast team. However, the Jury members are not idle. It is normal practice for them to support the event management team

Jade Johnson at the 2005 European Indoors Championships in Madrid, where her third no-jump was the subject of an unsuccessful appeal

PHOTO: MARK SHEARMAN



The video room at London 2012, where incidents could be replayed

by helping to cover the discipline team briefings that are held prior to all major meetings, as part of the assessment process. They will be deployed in these duties by the Chair of the Jury or by the NTD (National Technical Delegate) direct. They collect briefing sheets and other documentation from Chiefs and Referees and give feedback to the NTD, to assist him/her with the assessment of key officials.

Then, during the meeting itself, each Jury member is allocated a set of observation roles, i.e. monitoring the conduct and progress of the range of events. This serves the dual purpose of providing information that may be relevant to the conduct of any appeal and providing further relevant information for the NTD assessment and grading of officials at an event.

How does a protest work?

- ◆ A protest can only be registered if made within 30 minutes of the official result being posted
- ◆ In the first instance, the protest is normally made orally to the relevant Referee by the athlete him/herself or their representative. If the Referee is not accessible or available, the protest is to be lodged at the Technical Information Centre (TIC), which will then notify the Referee.
- ◆ The Referee then makes a decision – e.g. to sustain or overturn the umpiring infringement as reported
- ◆ If the athlete is dissatisfied with this outcome, they have the right to appeal to the Jury
- ◆ Any appeal to the Jury must be made within 30 minutes of the official announcement of the amended result (in the case of a revised result) or of the advice given by the Referee to those protesting
- ◆ Partly to deter frivolous protests, a deposit of 100 US dollars is levied on those making formal appeals
- ◆ In considering its verdict, the Jury consults all relevant persons and will normally review any relevant video evidence
- ◆ If the evidence is considered inconclusive by the Jury, the decision of the Referee will be upheld
- ◆ In any event, the decision of the Jury is final.

Northern officials gather for annual conference



The annual conference and AGM of the Northern Athletics Officials' Association saw over 50 officials gathering at Cleckheaton for a day of entertainment and education at the end of 2013. There were two major presentations by guest speakers.

Sandy and Mike Forrest made the journey down from Scotland to share the experiences of photo-finish at the highest level. Sandy had been Chief of the Photo-Finish Team at London 2012 while her husband Mike had also been part of that team. Their presentation covered the excitement of London 2012 and the work done to make it happen, including the additional work necessary to produce a clear image when 80,000 spectators were cheering and stamping their feet. The view from their work space in the Photofinish room was possibly the best seat in the house if you could manage to climb the steps to get there. They also gave a taste of the arrangements for Glasgow 2014 and the temporary track to be installed at Hampden Park.

After lunch the conference welcomed Toni Minichiello to give 'A Coach's View of Officials'. This proved to be a very entertaining session as Toni shared stories of competing and coaching in the North of England particularly around Sheffield. While he showed his obvious enthusiasm for getting the best out of all the athletes he coaches he also gave an insight into working with a certain Jess Ennis and the excitement of London 2012.

In addition to these major items there was time for the usual discipline

discussion groups. The field group was by far the largest but all groups had plenty to talk about as they shared their experiences of the past season. In particular the timekeeping group enjoyed comparing notes with Sandy and Mike as to the working methods in Scotland compared with the North of England.

The conference was supported by England Athletics both financially and with some excellent flapjacks baked by Debbie Beresford, England Athletics Education Coordinator for the North.



South of England officials combine conference and AGM



The SEAOA annual conference took place in Twickenham in early February as usual and for the first time incorporated the AGM instead of a guest speaker. Here it was decided that the next combined event would be held in the Autumn instead. A new Secretary and Conference Organiser were appointed.

Delegates could attend three workshops which included the ever-popular 'Gadgets and Gismos', and

also forums for timekeepers, starters and endurance officials, photofinish, seeding/ communication/steward duties, Jury of Appeal, and organisational workshops such as joint clerk of the Course/ TM Management, Management roles for competition, organising a local meeting and the 'what would you do if?' question and answer session.

There was of course a delicious buffet lunch enjoyed by all, and the regular quiz and raffle.



Mike Parmiter's wife Sue was presented with the first copy of his new *How To Judge Field Events* book, which was completed and printed after he had passed away (see photo above). This was available for members to purchase (this will be available nationally soon).

The conference was financially supported by England Athletics.



David Littlewood: 1937-2014

The Athletics community was greatly saddened to hear of the death of David Littlewood MBE.

David Littlewood was one of Britain's best known athletics officials with an involvement in the sport that spanned more than 60 years and saw him fulfil a range of roles extending from international level to the grass roots of the sport.

England Athletics Chief Executive Chris Jones said, "David was a tremendous servant of the sport. His expertise, work and friendship were valued by people throughout athletics. Today is a very, very sad day for those who knew David well. There are also many people whose involvement in the sport has been the better for the contribution that David made. He was an exemplar of what it is possible for a volunteer to contribute to the sport in terms of skills, dedication and enthusiasm."

Cherry Alexander added, "His work for athletics transcended various Governing Bodies in the UK and he was the fount of all knowledge when it came to rules from domestic to international. He was a mentor of the highest order for his colleagues.

"Overall, we have lost a very dear friend. The impact he has had on many of our lives is immeasurable. We will all miss David very much."

David was a familiar figure at meetings, both domestically and abroad. He officiated at numerous Olympic, World, European and Commonwealth events and his involvement extended right across our sport. From 1981, he was Chairman of the British Technical Officials' Committee and Honorary Secretary of the UK Rules Revision Group with responsibility for producing the UKA Rulebook every two years. He was UKA's representative on the IAAF Technical Committee. At the London Olympics he was Out of Stadium Competition Director and was the London Marathon men's race referee for almost 30 years. He also served as Chairman and then Honorary Secretary of the English Schools' Athletic Association.

But David's involvement in athletics always saw him taking interest in, and contributing to, the grass roots of our sport. He was a lifelong member of Hercules Wimbledon AC and after serving as treasurer for a record 43 years was elected president in 2004.



He would regularly support club and domestic events whenever his international commitments permitted. He was vice-president of Surrey AA and regularly supported the Surrey County Championships where he acted as track judge or photo finish judge. He organised officials' courses abroad for the IAAF and was a frequent contributor to conferences on the development of the sport for young people. David also authored a book on Track Judging.

David celebrated his 73rd birthday in 2010 by deservedly receiving his MBE from the Queen, awarded in recognition of his volunteer service to athletics. In 2012, he won the England Athletics Services to Officiating Award (pictured above).

First British female IAAF International Technical Official

Linda Turner has become the first British woman to be appointed to the role of International Technical Official (ITO) by the IAAF. She will hold the position up to 2017 and joins Chris Cohen CBE, who has been an ITO since 2009.

Linda, who officiated at London 2012, was delighted to be given the role.

She said: "I must admit that when I got the news of this appointment I had the same feelings that I experienced on the day I heard that I had been nominated for the Olympics and Paralympics. I'm now looking forward to visiting more places, meeting more people and improving myself as a technical official. I have loved being on the European Athletics Area Technical Official panel for the past four years as it has given me the opportunity to see how other countries conduct their events and work alongside local officials and my other European colleagues."

Cherry Alexander, British Athletics Major Events Director, believes that Linda's appointment is well deserved. She said: "This is a fantastic and truly well-earned reward for Linda. It is a milestone result for British Athletics too as this is the first time a British female official has passed the examinations and then been selected to IAAF International Technical Official standard."

"Linda has worked admirably over many years, displaying her enthusiasm, commitment and skills officiating at both domestic and world class levels

for a number of years at British Athletics' major events and she also had a key role at both the Olympics and Paralympics in 2012."

She continued, "This is a fitting reward for all her efforts; Linda is a clear example of how hard work coupled with a robust education pathway implemented by British Athletics can be rewarded. Linda will be recognised worldwide as an official with expertise and prestige and there will be further opportunities to lead in officiating roles around the world at major events."

Linda recently attended the Women in World Athletics programme (WIWA), British Athletics' initiative to increase the number of women in important volunteering and technical official roles ahead of the 2017 IAAF World Athletics Championships, and credits the programme as playing an important role in her appointment as an ITO.

She said: "I attended the first WIWA seminar earlier this year and found it a brilliant chance to interact with women from Europe and the rest of the World who have leading roles within the sport in their country. It made me keener to try to become an ITO so that I could further my knowledge and experience throughout the world as well as in Europe."



PHOTO: MARK SHEARMAN

Taking athletics officiating technology into schools

An official who won the England Athletics Official of the Year is continuing to put something back into the sport by encouraging young prospective officials to get to grips with the new technology now used on the Field.

Inspired by his volunteer role at the London 2012 Olympic and Paralympic Games where he was a Field Judge, Ipswich-based Paul Rutter has bought some of the new style Leica self-seeking EDM machines used there and at major British Athletics events and through his new company F2 Technical Services takes them into schools and youth groups. The name came about because on the Leica EDMs, F2 is the only button an official has to press!

Paul stated, "My aim is to go into schools and try and get young officials into our sport. Last summer I did a Year 9 event at Ipswich and a teacher who I know from my club brought 8 pupils up to be EDM trained and operate on the discus and long jump. When they saw the Olympic machines they were impressed and after a hesitant start were very quick in using them."

"Several other teachers asked if I would go to do their sports days in the coming year."

In addition, Paul will be visiting other clubs and running courses. He's even been to a Scouts' sports day! He's already had bookings from the Youth Development League, BAL, the English Schools', open meetings and the Eastern Champs, so hopefully use

of the machines that are seen on the television will become more common at grass roots and encourage the technology-savvy younger generation to join the ranks of volunteer Athletics Officials

If your school or club are interested in a free training session, get in touch with Paul at paul@rutter7377.freeserve.co.uk



European Athletics recognises young Scottish official

Melissa Robertson, a Level 2b Starter's Assistant on the UKA officials' pathway and member of Nithsdale Athletics Club, was awarded one of three European Athletics Scholarships for Future Women's Leadership at the event recently after being identified by British Athletics as a future leader within the sport.

The acknowledgment allows Melissa to attend a training programme to be delivered in 2014 focussed on leadership development.

Melissa said: "I am honoured to have been selected for this opportunity and I believe it will greatly benefit me in my development to potentially be a future leader in the sport. I was selected as a young woman they believe has the potential which is a great honour."

It was the UKA 2010 Young Official of the Year's catalogue of involve-

ment within the sport which was recognised by European Athletics as they focus on celebrating the important contributions made by women throughout Europe to track and field. The scholarship follows Melissa's attendance at the Women in World Athletics seminar (WIWA) in April 2013, to which she credits her recent accolade. The four-day seminar is in line with European Athletics' work in the area of Women's Leadership and aims to prepare females already working within the sport for higher level leadership roles in the lead up to the IAAF World Athletics Championships in 2017.

Cherry Alexander MBE, British Athletics Major Events Director said: "In the first year of WIWA, it is great to see that it has already created a momentum for women's leadership roles. WIWA will be held over the next five years and we will work to



identify additional volunteers who wish to take the next step along the pathway and UKA will help them all the way".

Melissa took a leading role during the 2012 Olympic and Paralympic Games as a Starter's Assistant; one of 42 athletics officials and volunteers from Scottish Athletics. She added to her knowledge and experience by acting as Assistant Call Room Manager at the European Athletics Team Championships in Gateshead earlier this year. In addition, she sits on the Scottish Athletics Youth Advisory Group which directs its focus on recruiting young athletes, coaches and officials into the sport of athletics.

New Year's Honours for Athletics stalwarts

We congratulate a number of stalwarts of the sport receiving recognition in the 2014 New Year's Honours List.

Three officials who have worked to support the sport of Athletics have received MBE (Member of the Order of the British Empire) or OBE (Officer of the Order of the British Empire) honours:

MBE: Mike Dooling

For services to Athletics in Merseyside



Mike Dooling is a co-opted member of the England Athletics National Council, and also sits on the North West Regional Council. During his 45 years' membership of Liverpool Harriers, Mike has supported athletics in a variety of ways including as an athlete, club administrator, event organiser, team manager and official.

Mike has been an active member of the English Schools' Athletics Association for nearly 30 years, including having been Chairman. He is an Active Merseyside AA committee member, a qualified Track Judge and continues to be involved in schools athletics from grass roots to national level. Mike was very proud to be an Olympic torch bearer in the run up to London 2012. He told us, "I have done no more than thousands of others out there giving opportunities to others in their activity fields and all parts of the country – I just got lucky with my nomination!"

MBE: John Roberts

For services to Athletics and to the community in Oswestry, Shropshire

John Roberts is a coach and official. He began coaching at Southend on Sea Athletics Club in 1982, specialising in Middle Distance, and also began officiating, enlisting as a starter and marksman.

When he retired he returned to Shropshire in 1999 and joined Oswestry Olympians Athletic Club. Now a septuagenarian he continues to officiate, his local track being Wrexham AC. He told England Athletics that he was "Really flabbergasted to receive the award."

OBE: Shona Malcolm

For services to Athletics



Shona Malcolm is a coach and official and works as a Disability Athletics Development Officer at Scottish Athletics. She is a Level 3 coach for the Forth Valley disability squad, and also coaches young athletes at Central Athletic Club.

She is a National Technical Official, having officiated in the field and in management positions at many major meetings including two Commonwealth Games and the London 2012 Olympics and Paralympics where she was a team leader on the field. Shona was awarded The UKA Officials' Official Award in 2011 and was a delegate at the Women in World Athletics conference in 2013. Shona told us, "I was totally astonished, amazed, surprised and honoured at the same time."

Nigel Holl, scottishathletics chief executive, said: "Shona wears both her volunteer and staff member hats to the absolute full, and offers so much to so many people throughout the sport. Her impact as a highly-regarded official, coach and club member and someone who has a reputation for practically solving issues and working very hard, cuts across all aspects of our sport."

Others recognised for their services to Athletics were:

Norman Brook

Norman Brook, former Head of Endurance at UKA, received an MBE for his community work in South Africa.

Dave Bedford

Dave Bedford, a former world-record holder and London Marathon Race Director of the event from 2002 to 2012 received an OBE.

Mark Shearman

Mark Shearman is the official photographer for British Athletics and England Athletics and received an MBE. Since the 1964 Olympic Games in Tokyo, Mark has not missed a major athletics event including Olympic Games and World Championships. He's always ready to chat to athletes, officials and coaches when appropriate but never make them feel like he is intruding.

England Athletics CEO Chris Jones commented, "Our sport is reliant on the hardworking contributions of people up and down the land in our member clubs, schools, county associations and across the many partner organisations who deliver events on the tracks, fields, roads, mountains and fells. We are delighted that these specific individuals have been recognised for their sterling service over many years to our great sport. They serve as a reminder that without such efforts our sport would not function in the form that we have recognised for many years and from which many countless athletes have and continue to benefit."

Profile: Moira Gallagher

Staging athletics meetings is a complicated process and one of the trickier aspects is managing the technical officials. It's hard enough at local and regional meetings, but Moira Gallagher has fulfilled this responsibility at the London 2012 Olympic and Paralympic Games.

It was the pinnacle of a stellar career in senior officiating and leadership roles that has spanned more than 40 years and led to Moira being named as a winner of the European Athletics Women's Leadership Award in 2013.

This followed Moira having been presented with another award for 'Commitment to Officials' Development' at the Sports Officials UK Awards Dinner at the end of last year. Paula Gowing, British Athletics Senior Officials' Coordinator, believes that this award is well deserved. She said: "Moira has committed a huge amount of time to advancing the way our officials are educated and developed and has been vital in the modernisation that has taken place in recent years. She continues to be of great importance to officials and we're delighted that her hard work and dedication has been recognised with this award."

"Moira was Meeting Manager at the London 2012 Olympic and Paralympic Games," explains Niels de Vos, the Chief Executive of British

Moira at the 2013 Women in World Athletics Symposium



PHOTO: MARK SHEARMAN

Athletics. "It was a time-consuming and complex role, requiring her to work alongside and liaise with the entire team of senior and management officials, but also with the staff of LOCOG and our federation. During the Games, she worked unceasingly to ensure that all officials themselves worked effectively and efficiently, as well as ensuring their welfare and security."

As big as the task and honour of working at the Games were, they are only a part of what makes Moira Gallagher's contribution as a leader in the sport so valuable. She is currently the Chair of the UKA Officials' Education and Training Group and a committed mentor to other officials. She is also a coach who specialises in working with Paralympic athletes.

"It seems natural to me to offer guidance to those with less experience"

"I was a teacher by profession and taught for 34 years, so I have always enjoyed passing on knowledge to other people," she says. "I have been involved in athletics for many years and I have picked up quite a lot of knowledge during that time. It seems natural to me to offer guidance to those with less experience and it is very satisfying to see them develop within the sport. Early in my officiating career I got involved with the International Stoke Mandeville Games and I helped persuade other qualified officials to come and help. This greatly raised the standard of the event, which in turn played a very important part in the development of the Paralympic movement."

Having turned to officiating after a spell of injury during her own competitive career, Moira refereed her first national level meeting back in 1978 and has gone on to officiate at a number of international events, including the Commonwealth Games in Manchester in 2002, as well as the European Athletics Indoor Championships in 2007, where she fulfilled the role of Track Referee.

As part of the Technical Advisory Group, Moira has helped to modernise officials' education and



Moira at the London 2012 Paralympics

training and helped the officials' education pathway to gain IAAF equivalence so that British Athletics Level 3 accredited officials are now equivalent to IAAF Level 1. Moira advocates mentoring of officials, she tutors officials at Level 1, 2 and 3 and consistently helps them to progress by giving advice and guidance.

Moira's approach to athletics is simple: it's about taking commitments seriously, but enjoying the experience and always putting athletes first. "I have been involved in athletics on a voluntary basis for well over 40 years because I enjoy what I do within the sport. I take what I do seriously and always try to do the best that I can. As an official I am there to ensure that athletes have the best possible opportunity to take part in fair competition and where discretion is allowed within the rules I apply that in different ways according to the age and experience of the athletes involved. I stress to less experienced officials that although they need to take things seriously and understand and apply the rules correctly, they also need to have a laugh with other officials and enjoy the experience."

While Moira is certain that there is gender equity in the UK as far as officiating is concerned, she still sees the importance of the European Athletics Women's Leadership Awards. "It appears that in some countries this is not the situation", she explains. "Hopefully we will be able to encourage women from those countries to develop confidence in their roles."

England Athletics award winners

The annual England Athletics National Awards programme sees volunteers from across the country recognised for their contributions in supporting the development of the sport. Two of these awards are Official of the Year and Services to Officiating.

Officials of the Year 2013

London Region & National winner: Peter Shilling



PHOTO: MARK SHEARMAN

Official Peter had an outstanding year as a starter, meeting manager and schools athletics leader.

Having worked in the call room at London 2012, official duties continued in abundance in 2013 including being one of the top starters in the London Region, at both international and national level including being a starter at the England Athletics Combined Events Indoor Championships.

A meeting organiser and manager: having attained Level 4 at the beginning of 2013, he served on the Jury of Appeal at the Anniversary Games and was Meeting Director at the London Youth Games. He is also a mentor, a tutor and athletics leader and under his Chairmanship, the Surrey Schools' team retained their trophy as the top overall county at the ESAA Championships.

A loyal club man, Peter supports Kingston A.C. & Polytechnic Harriers.

East Region: Diane Wooller



Diane plays a key role supporting Chelmsford Athletic Club and Chelmsford City Council when hosting local events. Diane provides advice and guidance to organise specific officials from across the South East relevant for each discipline. Diane supports Chelmsford AC by sharing her expertise to developing officials when holding Open Meets and provides training to Chelmsford College Students. Diane is always keen to offer her support, to help create new partnerships and can always be trusted for reliable advice.

South East Region: Janet Smith

Janet qualified as a Starter/ Marksman in March 2002 and has since made continued progress at Club, County and Regional level. Janet has an excellent rapport with other officials and shows great enthusiasm in helping athletes enjoy the sport. Janet has helped to develop new officials through her role as a UKA Starter/Marksman Tutor and is also a member of the Hampshire Athletics Technical Officials Committee. During 2012 Janet officiated at the Olympic and Paralympic Games in Call Room and in 2013 she was invited to undertake the same duties at the Sainsbury's Anniversary Games. In 2013 Janet was appointed Start Coordinator at the England Athletics U15/17/20 Indoor Championships in Birmingham and has also received other National Appointments at the Bedford International Games and England Athletics Age Group Combined Events yet still manages to give great time and commitment to supporting local competition and mentoring new officials.

South West Region: Robin James

Robin has been officiating for 15 years, he started officiating when his daughter was training at the club. Like most officials in Dorset, Robin is committed to volunteering at every league match, open and competition. Robin has been officiating at county level for some time and was able to be a Gamesmaker at the Olympics and

Paralympics, assisting the technology team and operating the scoreboards.

Robin is great to work alongside and will help out where ever he can after he has finished officiating. Without people like Robin the events in Dorset would not be able to go ahead. He is a real asset to the county. Robin took up officiating to put something back in to athletics after watching his daughter progress with the club. In addition to his officiating duties he is a very proactive member of the TDAN committee, Chair of DCAA and committee member at Bournemouth Athletic Club.

Robin helped to host a parents' information evening for the club which was successful enough to enable the club to recruit around 15 parents in one evening, he then was part of the team that followed up this interest to get the parents actively involved in club life.

Yorkshire & Humber Region: Peter Gifford



In 2013 Pete Gifford carried out a very heavy workload in starting. He is vastly experienced and in his time has started at a very high level including all levels of Championships and one Home International. At many of these matches he has acted as mentor and teacher to other starters. Needless to say, the teaching of Marking is part of the training he gives. There is a strong local team of starters in Humberside and the county hope that they can find starters as needed and requested. Pete Gifford is a key part in this set-up. His work on the Humber Athletics Network of which he is Chair also allows him to advance the cause of starting.

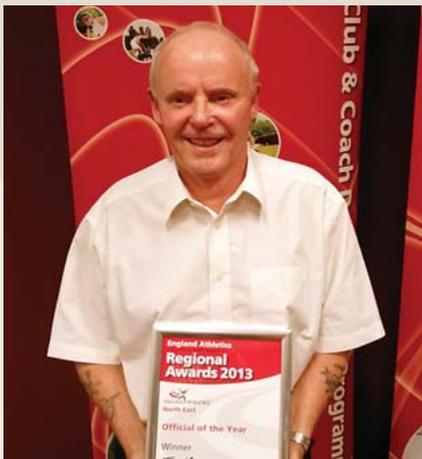
North West Region: John Horniman

John is a member of Trafford Athletics Club. He is the bedrock of the club's meeting programme and has attended every Grand Prix (all 10) to set up all the official timing and make sure that everything on the track and in the Field is ready for the events.

He has been Chief Field Official at the Trafford Grand Prix including the operation of EDM, and officiates at any league meeting whether it be the UK League/British Athletics League or the Lower Youth Development League. He is willing to do whatever is required, i.e. timekeeping, track judging, any field event, even starting. He is very keen and willing to give up his time to support and mentor less qualified officials to help them develop and gain experience and confidence.

John does work shifts and will often grab an hour's sleep after a night shift before helping out!

North East Region: Tom Morgan



Tom is a long-standing member of Heaton Harriers, well-known and well liked in the local community. In recent years Tom has changed his five-day working week on the Tyne with two days' weekend rest into a minimum of two days of working as a Field Official, with the rest of the week devoted to his wife and a well-earned retirement.

Tom is a hard-working local official whose aim is to serve local athletes and their supporters in the North East Region. He is happy either as a run-of-the-mill field official at many and various meetings, veterans to children's meetings, or, when asked to act a Chief Field Judge, being at Hexham, or Morpeth, or Whitley Bay, any of the local venues, dealing quietly and easily with the various events, keeping them moving on, watching and anticipating for any

problems, producing answers, keeping everyone happy and content.

For the past couple of years, Tom has acted as Chief Field Judge at the North East Grand Prix meetings, explaining to (often aggrieved) parents and officials where the problems have arisen, smoothing things out, seeing that the results have been properly recorded, and other tasks. Similarly, with the North East Counties Open outdoor Pentathlon held at Monkton Stadium in conjunction with the North East veterans association, he has ensured that, despite large entries, the event has finished on time with few (if any) queries.

Tom is the archetypal athletics official, demonstrating skills and behaviour we all should aspire to.

North East Runner up: Bernard Johnson
East Midlands and West Midlands Regions did not make an award.

Congratulations also to officials who won other types of award:

East Region Services to Volunteering Sue Smith



Sue makes a significant contribution to athletics in her duties as a coach, official and club administrator. She has adopted an athlete-centred approach and can be found coaching most days of the week. She has been proactive in her own development, being an active member of the Local Coach Development Programme, attending seminars and learning from other coaches. Sue also officiates at a high level (including on the field at the Olympics and Paralympics) – so when she is not coaching she volunteers her time to help ensure that athletics matches can take place. Sue commented, "This was an unexpected and brilliant surprise. I love judging and coaching but I must say a big thank you to my husband and children for their support."

Yorkshire & Humber Region Services to Volunteering Janette Tomlins



Janette has for many years devoted her life to Athletics, Wombwell Sporting AC and to the local community to which it serves.

Among her many achievements, in addition to being the secretary of the local athletics club, Janette is a Level 3 coach, field official, team manager for the U15s inter counties, is a South Yorkshire Schools and South Yorkshire Coaching Committee representative. Janette also represents her club on the South Yorkshire Athletics Network, and is the driving force behind the South Yorkshire League. All of which is purely voluntary.

Yorkshire & Humber Region Services to Athletics Mike Moss



Mike has given long term service and commitment to athletics by chairing the Yorkshire & Humber Regional Council and representing the Region on the Board of England Athletics.

Mike, amongst other things, is Chair of the Bradford Athletics Network and is successfully driving the network of volunteers and clubs. This involves pulling together network plans and reporting along the way.

Mike is also an active member of Saltire Striders and leads various running groups.

Mike also has various officiating roles within the sport, one of which being Race Director and officiating at the 2012 Olympics and Paralympic Games.

continued>

Services to Officiating 2013

South West Region and National winner: Ben Penberthy

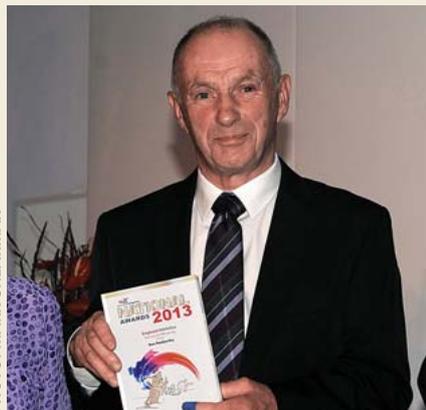


PHOTO: MARK SHEARMAN

Among many posts Ben holds he is the County Officials' Secretary for Cornwall. His experience and knowledge has been gleaned throughout some 20 years of officiating and voluntary work.

Over the years he has officiated - and coordinated/organised other officials for school to national events, including London 2012. He attends national conferences, courses and ensures training/ mentoring is available to local officials. He also coaches local young athletes, some of which are now in the top echelons of the Power of 10 for Pole Vault.

London Region: Keith Bundock



Keith has had long and distinguished career as a Field Official and Facility Assessor. He is one of the most respected Field Judges in the London Region. He has been an ever-present at Club, County and Area meetings, a regular choice for the Chief roles. He is a top official, operating at National and International meetings and He was also a Gamesmaker at London 2012, working with the athletics Technical Team.

He has provided excellent leadership and advice to generations of new officials and has been a long-term

supporter of schools athletics, regularly serving as Referee or Technical Manager at the Kent Schools' Championships.

Keith also acts as a Facility Assessor assessing tracks across the Region. His resolute but reasonable communication style has helped to persuade facility operators to take corrective action to make tracks safe and keep them open.

Above all, Keith's calm manner and high technical ability have earned him the respect of his peers. Phrases like 'an unflappable character', 'a credit to athletics' and 'just the man you want alongside you as a Referee' have readily come forward from his fellow officials. While tempers are becoming frayed in stressful situations, Keith has been a rock, using humour where appropriate to calm things down.

West Midlands Region: Maureen Bullen



Maureen came into Field Event Officiating many years ago, with her late husband John, from teaching. They both progressed to Referee status. Both were instrumental in the formation of the Midlands Officials' Association (MAFEO), of which Maureen is today Secretary (for a second time), having taking on the role at the inception. She has been a Field Referee at meetings from Club level to National and Internationals, including Grand Prix.

Maureen has been Hon. Secretary of the Midland Counties' AA Officials' Committee for many years and continues in that position now with the Officials Advisory Group (responsible for the appointments to MCAA promotions). Maureen has devoted many an hour tutoring our new Field Officials. Maureen is also a UKA Facilities Officer, inspecting amenities throughout the region. Maureen acted as Video Room Manager at London 2012 and

received a Long Service award from UKA (40 years – at least) in 2013.

Yorkshire & Humberside: David Allen



David has been a staunch supporter of athletics in Yorkshire & Humberside for many years. He is not only a Level 3 Field judge who officiates at all levels from the highest internationals to the most modest grass roots competitions but he is also a firm supporter of disability athletics in the region.

He is, in particular, a most reliable mentor and reporter whose services in the development of new officials cannot be overstressed.

East Midlands Region: John Hallatt



John is a long-standing Marksman of over 30 years who has supported all County Events over many years. He has been selected for National and International Meetings from Olympics and Paralympics to Age Group Champs, and Notts Schools. For several years he was Meeting Manager at the County Champs and County President. He plays an important role as a member of the Tri-Regional Officials' Peer Group and is a tutor for Marksman/Starter Courses. John can be relied upon to support all disability meetings particularly Cerebral Palsy meetings held locally. To say that John 'has

guns will travel' has never been more true as John is always prepared to travel at his own expense to support any level of athletics meetings.

North West Region: Jan Lishman



Jan, has been an official for many years starting off on a local level all the way to international level. Through personal experience she has developed her skills to support the ongoing development of disability athletics and was given the role of Clerk of the Course at the Paralympic Games.

As well as being an official, Jan is a great supporter of Deaf UK Athletics where she provides assistance to coaches and officials alike. She volunteers all her time to all disability and mainstream competitions and was instrumental in being the lead official at the first fully inclusive Greater Manchester and Cheshire County Championships.

North East Region: Keith Willshire



Keith is a member of Blyth Running club, a coach, an official (Track Judge Level 2C), and a highly versatile general dogsbody who will turn his talents to a whole variety of

tasks as and when required by the sport.

Keith is a person who, faced with a problem, will put himself in the firing line and step into the breach. As meeting manager for the North Eastern Counties' Track and Field Championships, both indoor and outdoor, he is faced with a mountain of work which somehow never seems to cause him any problems or effort. All the meetings Keith has organised for the region have run smoothly and efficiently with few problems. As with a soccer referee, the best organisers are those who appear to be invisible.

When the need arose for someone to take over and recruit, organise and produce a team of under 15 and 13 boys and girls to represent the North East at the Inter Counties match at Hull, Keith assembled a team of over 40 athletes, arranged their transport to the venue, supervised them during the match, and was rewarded with the region's best performance for many a year with a second-place finish behind the powerful Yorkshire team.

**North East Runner Up:
Charles Stuart**

England Athletics Community Awards 2014

England Athletics will once again be holding its awards programme for volunteers in 2014 including both national and regional awards. Details will be available at www.Englandathletics.org/awards

Caption competition...

Email your suggestions to Nicola Evans nevans@Englandathletics.org



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