

Covid Roadmap 2021 for Athletics and Running

Accessible format.

Updated 26th March 2021.

This guidance might be updated in due course.

Step 1.

8th March

- Athletics & running can take place for educational purposes (schools, childcare clubs, colleges, and universities).

29th March

- Outdoor sport facilities can open.
- Formal organised outdoor athletics & running activity that is Covid-secure can take place for both children and adults (no covid group size limits)
- Outdoor unorganised activity (non-coached) can take place in groups of 6.
- Outdoor intra club competition can take place (without a license).
- Outdoor competition can take place (with a license).
- No indoor training for children and adults.
- Disabled people can take part in organised outdoor and indoor sport without being subject to social contact limits.
- Spectating not allowed.
- Parent/carer supervision permitted (one per athlete/runner).
- Travel permitted (training and competition)

Step 2.

No earlier than 12th April

(At least 5 weeks after Step 1)

- Athletics & running can take place for educational purposes (schools, childcare clubs, colleges, and universities).
- Outdoor sport facilities can open.
- Formal organised outdoor athletics & running activity that is Covid-secure can take place for both children and adults (No covid group size limits).
- Outdoor unorganised activity (non-coached) can take place in groups of 6.
- Outdoor intra club competition (without a license).
- Outdoor competition can take place (with a license).

- Indoor training for organised group training for children, for individual training (children and adults) or for household bubbles.
- Disabled people can take part in organised outdoor and indoor sport without being subject to social contact limits.
- Spectating not allowed (TBC)
- Parent/carer supervision permitted (one per athlete/runner).
- Travel permitted (training and competition)

Step 3.

No earlier than 17th May. At least 5 weeks after Step 2.

- Outdoor sport facilities can open.
- Formal organised outdoor athletics & running activity that is Covid-secure can take place for both children and adults.
- Outdoor competition can take place (with a license).
- Accommodation/hotels are open allowing for two-day events and larger scale events are allowed with spectators.
- Indoor leisure facilities open for use individually or within household groups.
- Indoor organised group training for children and adults.
- No restrictions on travel.

Step 4.

No earlier than 21st June. At least 5 weeks after Step 3.

- No legal limits on social contact.
- Club and competition can return to normal.
- Individual activity can return to normal.

PLEASE NOTE: The UK Government may update guidance as we progress through the four steps of the roadmap.

To stay up-to-date with England Athletics guidance visit www.englandathletics.org

To stay up to date with the latest UK Government guidelines visit www.gov.uk/coronavirus