



University of Bath

The University of Bath has been awarded the Gold Charter Mark. This reflects the excellent level of support it offers student athletes, from club level participants to elite athletes who have been provided with an outstanding performance environment.

[This document provides a quick overview of the facilities and support provided at the University.](#)

For up to date relevant news items and information about the athletics clubs see:

<https://www.teambath.com/sport/athletics/>

<https://www.thesubath.com/athletics/>

OR contact our Head Coach – Colin Bovell: cb267@bath.ac.uk or 01225 383792

- Sports Scholarships available to Performance Athletes of between £2000 and £5000 per annum for three years. A range of other University Scholarships are also available, for information see www.teambath.com/athlete-zone/scholarships/ www.bath.ac.uk/campaigns/bursaries-and-scholarships-for-undergraduate-students/
- Athletes that are part of the performance programme receive a range of support including free indoor and outdoor athletics facility use, free or discounted gym access as well as to a full time head coach and casual coaches (discipline specific) and additional sports science and medicine support at discounted rates.
- The performance group athletes receive the following support for free: Physiotherapy trackside during sessions and clinic time, access to Sports Massage, Nutrition and Psychology Workshops, Lifestyle advice and guidance and Strength & Conditioning Coaching as part of their performance plans.
- The University of Bath is a TASS Accredited Centre and has trained lifestyle advisor and athlete mentors in place, accessed through both workshops and direct 1:1 support.
- The athletics facilities at Bath are outstanding. There is: an outdoor athletics track on the university campus, which is certified for hosting competitions and provides a throws cage for all events on the in-field; an indoor sprint straight and indoor throws hall adjacent to the track. The outdoor track is completely accessible and is used regularly for the Invictus Games trials and training camps.
- A large gym environment is also available at the Sports Training Village and, in February 2019, a gym extension doubled the floor space available, now reaching 1536 square metres. In addition, there is a performance gym that has been constructed to support elite athletes which was developed in conjunction with the English Institute of Sport. Access to the gym is free for Dual Career athletes and BUCS Target athletes are charged a reduced rate.

- There is a fully equipped hydrotherapy environment with ice bath and warm bath. An altitude chamber is also available with the ability to integrate temperature acclimatisation.
- A Physiotherapy and Sports Science Centre within the Sports Training Village provides support to student athletes. The range of services include physiotherapy, strength and conditioning, soft tissue massage, physiology, psychology and nutritional advice. An element of this service is a fully equipped physiology laboratory which can provide testing for VO₂, Power Testing and Force Plate analysis.
- An inclusive athletics environment that includes structured support for elite and recreational squads. There are opportunities to participate in recreational sessions, the performance group's training sessions and representing the university. Additional training and competition opportunities are available through established links with local clubs.
- Regular contact is offered to home coaches. Coaches of high performing athletes visit regularly to work with university coaches.
- A full competition programme is offered, including BUCS Indoor and Outdoor Championships, Inter-Varsity, UK Area and National Championships, Road and Cross Country, Open meetings and, for those who are members of a league club, relevant league races.
- Inclusive facilities with disability access provided to both the indoor throws and jumps hall and the indoor track via lifts. The environment has supported a number of athletes with a disability in their training and competition including Ben Rushgrove, Paul Blake, Katrina Hart, Sophie Kamlish and Polly Maton.
- The University of Bath sits adjacent to National Trust land which provides multiple footpaths and routes around Claverton Down providing loops of distances over 5 miles. The sports facilities based on campus provide over 10 grass pitches providing different options for running routes and there is a marked border path of the campus, creating a loop of over a mile in length. There is also good access to the Avon and Kennet Canal Path, which provides a route for many miles.