



U20 5k & 10k Road Running Representative Opportunity

Trofeo Opitergium, City of Oderzo, ITALY

Friday 1st May, 2020

England Athletics values the importance of competitive road running opportunities for developing athletes looking to gain international experience and therefore intend to select athletes for competitive opportunities who the Selection Panel believes have the potential to make future England and Great Britain teams at major championships on the track, road or cross-country.

England Athletics will be sending a team of up to a maximum of five men and five women to compete in the match against Italy. The men will race over 10k and the women 5k. The first three runners in each category will score for the team with the men's and women's team scores being added for an overall team score. The race will be run under IAAF rules and the rules of the Italian Athletics Federation.

England Teams will be selected based on performances achieved between 01 April 2019 and midnight 15 March 2020. There will be no trial or domestic Championship event for the purposes of selection for this event and a range of performances will be considered.

**Please note that this event take place mid week during term time. Selected athletes will need to be available to travel as a team with the anticipated travel dates being Thursday 30th April returning on Saturday 2nd May.*

Eligibility

To be considered for selection, athletes must satisfy the following:

- Be eligible to compete for England (i.e. full British passport holder)
- Have achieved a relevant England Athletics standard within the qualification period
- Be at least 18 years old in the year of competition and U20 under IAAF rules at the time of the competition

Qualification/Minimum or Recommended Minimum Standards

The England Athletics development standards for this event are as follows:

U20 Men	Event	U20 Women
8:40	3000m	10:00
15:45	5k/5000m	18:30
33:00	10k/10,000m	39:00

Qualification performances must be achieved between 00:00 (BST) 1 April 2019 and 24:00 (BST) 15 March 2020

Selection process

- The Team will be selected the week beginning 16th March and announced later that week.
- A minimum scoring team of up to three men and women will be selected. A further two male and female athletes may be selected.
- The Selection Panel will select athletes based on their current form and fitness on the country, road and track.
- Competition history, P10 rankings and head to heads up to and including 15th March 2020 will be considered
- Selected athletes will be required to have at least one minimum track or road qualification standard.
- Qualification performances must be achieved in ratifiable UKA or IAAF competitions under standard race licensing and competition rules

Interested athletes should send expressions of interest to Spencer Duval – Coach & Athlete Development Manager, sduval@englandathletics.org.