

August 2019

Dear Athlete,

**England Athletics U17 and U15 Championships
Bedford International Stadium – 31st August/1st September 2019**

Thank you for your entry for the above Championships which are being held under UK Athletics rules.

PLEASE READ ALL THE FOLLOWING INFORMATION CAREFULLY:

Enclosed with this letter are:

Timetable
Directions to Bedford International Stadium

For a complete list of entries please visit the England Athletics website (www.Englandathletics.org).

ACCREDITATION

You will only gain access to Bedford International Stadium through the Sports Hall. You must report to the accreditation desk where you will be issued with an accreditation pass which must be worn at all times apart from when you are competing.

COACHES

If your coach wishes to gain access to the warm up area, then he/she must apply to England Athletics for accreditation giving his/her UKA coaching number and details of the competing athletes he/she coaches (to <https://events.Englandathletics.org/competition/u17--u15-outdoor-championships-2019/profile> under coach entry). Coaches who have not applied for their pass prior to the Championships will be required to purchase a spectator ticket. **VALID Coaching licence must be** presented at the accreditation desk.

SPECTATORS

Parents, friends and spectators are welcome and tickets can be bought on the day at the spectator entrance, which again is situated to the left of the Main Stand.

Ticket Prices are:

Adult	£5.00
Concession per day	£3.00
Adult weekend	£8.00
Concession weekend	£5.00
Car Parking:	£3.00

SECURITY

Security checks and searches of bags may take place as you enter Bedford Stadium and your co-operation in this necessary precaution is appreciated.

ANTI-DOPING

All athletes and athlete support personnel are bound by UKA/IAAF Anti Doping Rules and athletes agree to submit to drugs testing in connection with this event in accordance with these rules (which may involve providing a blood and/or urine sample). In particular, athletes should ensure that they register any use of prescribed medication containing prohibited substances prior to any use or (in emergency cases) immediately after use. To check the status of registered medicines please visit www.globaldro.com. For information on testing procedures please visit www.ukad.org.uk. The UKA Anti-Doping Rules are available at www.uka.org.uk. For general anti-doping queries please contact antidoping@uka.org.uk

REGISTRATION

Athletes **MUST** report to the registration desk in the Sports Hall to register and collect numbers. **You must register for each event in which you intend to compete (both Saturday & Sunday) at least 90 minutes before your first event** (athletes reporting late may not be allowed to compete). In exceptional circumstances only, you may call 07718 394765. If you subsequently decide to withdraw from an event then please report back to the registration desk.

NB. Competitors in the Pole Vault should register 120 minutes before event start.

Numbers must be worn front and back as issued and must not be tampered with in any way, apart from high jump/long jump/triple jump and pole vault where one number is acceptable.

It is the responsibility of individual athletes to report and advise of their intention to compete.

Athletes will be excluded from participating in further events when they have qualified in preliminary rounds or heats but then do not compete without giving a valid reason to the Referee.

WARMING UP

Warming up should take place on the grass areas adjacent to the track and in the Sports Hall. Athletes must **NOT** throw implements in the warm up areas.

CALL ROOM PROCEDURE

The call room system is designed to ensure a smooth running of a busy timetable schedule.
Can all athletes please check the call up timetables posted around the venue.

Call Room

Track Events	20 minutes before the scheduled start.
Field Events (except Pole Vault)	45 minutes before the scheduled start.
Pole Vault	90 minutes before the scheduled start.

You will then be escorted by the Call Room stewards to the competition area.

ELECTRONIC EQUIPMENT

Electronic equipment including personal stereos, i-Pods, MP3s and mobile phones etc. are **NOT TO BE USED in the Sports Hall, Call Rooms and Competition Areas.** These will be confiscated and can be collected from the Call Room after your event.

FIELD EVENTS (starting heights, progressions and trials)

	High Jump	Pole Vault
U17 Men	1.71m 5cm to 1.91m 4cm to 1.99m then 3cm	3.51m 20cm to 3.71m then 15cms to 4.01 then 10cms
U15 Boys	1.52m 5cm to 1.72m 4cm to 1.80m then 3cm	2.61m 20cm to 3.01m then 15cms to 3.31 then 10cms
U17 Women	1.45m 5cm to 1.65m 4cm to 1.73m then 3cm	2.81m 20cm to 3.41m then 10cm
U15 Girls	1.41m 5cm to 1.61 m 4cm to 1.69m then 3cm	2.21m 20cm to 2.81m then 15cms to 3.06m then 10cms

All competitors in the horizontal jumps and throws are entitled to three trials and the best eight competitors will have a further three trials.

SEEDING AND LANE DRAWS

Seeding and lane draws will be as per the England Athletics guidelines. These guidelines are available from the England Athletics website.

PRESENTATIONS

Presentations of awards will take place as soon as possible after each final. Please remain in the presentation area until your presentation is completed.

SHOES

As the Bedford Stadium has a Mondo surface, the maximum length of spikes on the track will be 6mm and on Javelin 9mm, please also note that for optimum performance the Pyramid or Christmas tree designs of spike are recommended

PERSONAL EQUIPMENT

Only starting blocks provided by Bedford International Stadium may be used. Athletes wishing to use their own throwing equipment should submit their implements to the equipment scrutiny room at least 90 minutes before the scheduled start of the event.

CLOTHING

Competitors must wear at least vest and shorts which conform to UKA rules (UKA Rule 17). Athletes must wear the vest of their first claim affiliated club, or their County, England Region or National vest. Attention is drawn to UKA Rule 16 on advertising and sponsorship, which will be enforced.

Stadium

Bedford International Stadium, Barkers Lane, Bedford, MK41 9SB, Tel 01234 351115.

England Athletics cannot accept responsibility for any injury or loss at the Championships. Please ensure that you do not leave bags or equipment at any time.

The Championships should provide excellent entertainment for all and I hope you enjoy your event and have a successful weekend.

Yours sincerely

Malcolm Rogers
Meeting Manager