

AAA TOM PINK RELAYS

TRACK EVENT RECORDS

Under 11 Girls

Keeping up with Paula - 1000m Continuous Relay for teams of 5 girls

Current Record	North Cheshire	2m 36.4s	SC 2009
Previous Records	Tamworth A C	2m 40.3s	NIA 2009
	Manchester	2m 41.6s	SC 2008
	Herts Phoenix	2m 45.8s	LV 2007

Over / Under Relay - 4 x 1/2 Lap Relay for teams of 4 girls

Current Record	Crewe & Nantwich AC	1m 10.6s	EIS 2016
Previous Records	Herts Phoenix A C	1m 11.3s	LV 2011
	Lee Valley Academy	1m 11.3s	LV 2010
	North Cheshire	1m 11.4s	SC 2009
	Birchfield Harriers	1m 12.4s	NIA 2009
	Halton & Frodham Harriers	1m 18.1s	EIS 2008
	Lee Valley Academy	1m 18.4s	LV 2008

Chasing Laura - 1500m Continuous Relay for teams of 5 girls

Laura Muir's Record		3m 55.2s	
Current Record	Rugby & Northampton AC	4m 01.9s	AS 2014

Girls 3 x 500m Relay for teams of 3 girls

Current Record	Rugby & Northampton AC	5m 00.6s	AS 2014
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Under 11 Boys

Keeping up with Paula - 1000m Continuous Relay for teams of 5 boys

Current Records	North Cheshire	2m 33.2s	SC 2009
Previous Records	Birchfield Harriers	2m 38.4s	NIA 2009
	Herts Phoenix A C	2m 39.2s	LV 2007

Over / Under Relay - 4 x 1/2 Lap Relay for teams of 4 boys

Current Record	Crewe & Nantwich AC	1m 9.9s	EIS 2018
Previous Records	Herts Phoenix A C	1m 10.0s	LV 2017
	Birchfield Harriers	1m 10.1s	NIA 2009
	Lee Valley Academy	1m 16.0s	LV 2008

Chasing Mo - 1500m Continuous Relay for teams of 5 boys

Mo's Record		3m 28.81s	
Current Record	Crewe & Nantwich A C	3m 51.4s	AS 2014

Boys 3 x 500m Relay for teams of 3 boys

Current Record	Solihull & Small Heath AC	4m 50.7s	AS 2014
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EIS = English Institute of Sport, Sheffield
 LV = Lee Valley Athletics Centre, London
 Alexander Stadium, Birmingham

NIA = National Indoor Arena, Birmingham
 SC = Sportcity, Manchester AS =

AAA TOM PINK RELAYS

TRACK EVENT RECORDS

Under 13 Girls

Chasing Laura - 1500m Continuous Relay for teams of 5 girls			
Laura Muir's Record		3m 55.2s	
Current Record	Bolton A C	3m 37.1s	SC 2013
Previous Records	Rugby & Northampton A C	3m 38.6s	NIA 2010
	North Cheshire	3m 38.7s	SC 2009
	Calderdale A C	3m 40.4s	EIS 2008
	Enfield & Haringey A C	3m 43.5s	LV 2007
	Derby	3m 48.9s	Derby 2007
	Wakefield	3m 53.6s	Bradford 2007
Girls 3 x 500m Relay for teams of 3 girls			
Current Record	Wolverhampton & Bilston A C	4m 25.3s	NIA 2009
Previous Records	Sale	4m 27.8s	SC 2008
Over / Under Relay - 4 x 1/2 Lap Relay for teams of 4 girls			
Current Record	Trafford A C	1m 10.8s	SC 2013
Previous Records	Spenborough A C	1m 11.3s	EIS 2013

Under 13 Boys

Chasing Mo - 1500m Continuous Relay for teams of 5 boys			
Mo's Record		3m 28.81s	
Current Record	Rugby & Northampton A C	3m 25.5s	NIA 2010
Previous Records	Manchester	3m 29.2s	SC 2008
	Leeds	3m 38.2s	Bradford 2007
Boys 3 x 500m Relay for teams of 3 boys			
Current Record	Manchester	4m 09.4s	SC 2008
Over / Under Relay - 4 x 1/2 Lap relay for teams of 4 boys			
Current Record	Halton & Frodsham Harriers	1m 6.1s	EIS 2013

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