

**10:00 T34 U20 Men 10K Walk Straight Final**

 CBP: Gordon Vale, Surrey Walking Club, 42:06.35, 1981  
 UK Best : Darrell Stone, Steyning AC, 41:47.00, 1987

POSN	BIB	ATHLETE	CLUB	PERF
1	1046	Callum WILKINSON	Enfield & Haringey AC	46:09.84
2	604	Cameron CORBISHLEY	Medway & Maidstone AC	51:36.92

**10:00 T35 U23 Men 10K Walk Straight Final**

 CBP: Dominic King, Colchester H, 43:27.93, 2003  
 UK Best : Phil Vesty, Leicester Walking Club, 40:53.60, 1984

POSN	BIB	ATHLETE	CLUB	PERF
1	1090	Dane BIRD-SMITH	Australia	39:48.63

**10:01 T36 U20 Women 10K Walk Straight Final**

 CBP: Heather Lewis, Pembroke, 51:57.20, 2012  
 UK Best : Vicky Lupton, Sheffield Walking Club, 47:04.0, 1991

POSN	BIB	ATHLETE	CLUB	PERF
1	113	Emma ACHURCH	Leicester Walking Club	51:16.81
DNF	321	Jasmine NICHOLLS	Leicester Walking Club	

**10:01 T37 U23 Women 10K Walk Straight Final**

 CBP: Heather Lewis, Pembroke, 50:17.76, 2013  
 UK Best : Julie Drake, Brighton & Hove AC, 45:53.9, 1990

POSN	BIB	ATHLETE	CLUB	PERF
1	131	Alana BARBER	Hyde Park Harriers	48:07.56
2	281	Heather LEWIS	Pembrokeshire Harriers	49:06.83
3	429	Maria Luisa CONCHELLA	Italy	55:24.63

**11:05 T38 U20 Men 400m Hurdles Final**

 CBP: Niall Flannery, Gateshead H, 51.07, 2009  
 UK Best : Richard Davenport, Gloucester AC, 50.20, 2004

Posn	BIB	ATHLETE	CLUB	Perf
1	892	Jacob PAUL	Windsor Slough Eton & H	51.90
2	785	Jack LAWRIE	Pitreavie AAC	53.08
3	795	Stanley LIVINGSTON	Channel Isles AC	53.21
4	962	Jordan SHERWOOD	Cornell University	53.54
5	820	Chris MCALISTER	Sutton & Dist AC	54.44
6	623	Aiden DAVIES	Doncaster AC	54.45
7	1040	James WEBSTER	Warrington AC	54.82
8	666	Jacob FINCHAM-DUKES	Leeds City AC	55.02

**11:10 T39 U23 Men 400m Hurdles Final**

CBP: Nathan Woodward, Tamworth AC, 49.06, 2011, Jack Green, Kent AC, 49.06, 2011  
 UK Best : Jack Green, Kent AC, 48.60, 2012

Posn	BIB	ATHLETE	CLUB	Perf
1	519	Blade ASHBY	Herne Hill Harriers	50.93
2	906	Sam PLUMB	Newbury AC	51.66
3	992	Matthew SUMNER	City of Plymouth AC	52.03
4	725	Connor HENDERSON	Kilbarchan AAC	52.22
5	541	Paul BENNETT	Cardiff AAC	52.24
6	1014	Thomas TIMMINS	USA	52.59
7	783	Matthew LAVOPIERRE	Basingstoke & Mid Hants AC	52.90
8	647	Ewan DYER	Woodford Green & Essex L	52.98

**11:20 T40 U20 Women 400m Hurdles Final**

CBP: Vicki Jamison, Lagan Valley AC, 57.27, 1996  
 UK Best : Perri Shakes-Drayton, Victoria Park & Tower Hamlets, 56.46, 2007

Posn	BIB	ATHLETE	CLUB	Perf
1	360	Shona RICHARDS	Windsor Slough Eton & H	57.61
2	397	Jessica TURNER	Amber Valley AC	58.84
3	345	Mhairi PATIENCE	Victoria Park Glasgow	60.67
4	366	Georgina ROGERS	Birchfield Harriers	61.68
5	393	Mae THOMPSON	Kingston AC & Poly Harriers	62.44
6	146	Freya BRADSHAW	Scunthorpe & District AC	62.54
7	216	Melanie GRIGG	Herts Phoenix AC	63.76
8	71	Lucy TURNER	Gateshead Harriers	65.35

**11:25 T41 U23 Women 400m Hurdles Final**

CBP: Perri Shakes-Drayton, Victoria Park & Tower Hamlets, 55.34, 2009  
 UK Best : Sally Gunnell, Essex Ladies AC, 54.03, 1988

Posn	BIB	ATHLETE	CLUB	Perf
1	302	Hayley MCLEAN	Chelmsford AC	56.74
2	318	Aisha NAIBE-WEY	Herne Hill Harriers	58.87
3	282	Hannah LLOYD	Herts Phoenix AC	59.38
4	284	Phillipa LOWE	Dacorum & Tring AC	59.46
5	271	Emma KOMOCKI	Notts AC	61.29
6	307	Nessa MILLET	Loughborough Students AC	61.39
7	294	Jess MCCABE	Windsor Slough Eton & H	61.53
8	414	Stephanie WILLIAMS	Herts Phoenix AC	62.00

**11:30 T42 U20 Men 200m Heats**

CBP: Christian Malcolm, Cardiff AAC, 20.32, 1998

UK Best : Christian Malcolm, Cardiff AAC, 20.29, 1998

Heat 1	BIB	ATHLETE	CLUB	W/s: -1.6 m/s	
1	987	Christopher STONE	Bristol & West AC	21.26	Q
2	910	Elliott POWELL	Leicester Coritanian AC	21.53	Q
3	726	Jack HEPPLER	Morpeth Harriers & AC	21.73	q
4	721	Daniel HEALD	Sale Harriers Manchester	21.86	q
5	570	Leroy CAIN	Thames Valley H	22.47	
6	1007	Williams THOMAS	Barry & Vale Harriers	22.64	
7	903	Sam PIERRE-LOUIS	West Cheshire AC	23.12	

  

Heat 2	BIB	ATHLETE	CLUB	W/s: +0.6 m/s	
1	980	Thomas SOMERS	City of York AC	21.16	Q
2	920	Tommy RAMDHAN	Bexley AC	21.62	Q
3	622	Anax DASILVA	Cardiff AAC	22.00	
4	871	Michael OHIOZE	USA	22.34	
5	838	Edwin MILES	Croydon H	22.63	
6	510	Jason AMARTEY	Southampton AC	22.63	
7	899	Nathan PHILLIPS	Swansea Harriers	23.62	

  

Heat 3	BIB	ATHLETE	CLUB	W/s: -0.6 m/s	
1	908	Marvin POPOOLA	Herne Hill Harriers	21.61	Q
2	654	Roy EJIAKUEKWU	Sale Harriers Manchester	21.78	Q
3	817	Gerald MATTHEW	Luton AC	21.89	
4	931	Myles RICHARDSON	Basingstoke & Mid Hants AC	22.51	
5	697	Daniel GRAY	Kingston Upon Hull AC	22.76	
6	1054	Elliot WILSON	Rotherham Harriers & AC	22.78	

**11:55 T43 U20 Women 200m Heats**

CBP: Jodie Williams, Herts Phoenix, 23.15, 2010

UK Best : Kathy Cook, Wolverhampton &amp; Bilston AC, 22.70, 1979

Heat 1	BIB	ATHLETE	CLUB	W/s: -0.7 m/s
1	27	Amarachi PIPI	Enfield & Haringey AC	24.32 Q
2	11	Kristie EDWARDS	City of Sheffield AC	24.52 Q
3	13	Roisin HARRISON	Eire (Ireland)	24.88 q
4	30	Anna SHORT	Brighton & Hove City AC	25.36
5	5	Amelia BENJAMIN	Birchfield Harriers	25.41
6	102	Zoe STYLES	Worcester AC	25.64
7	1	Stephanie ADDISON	Gateshead Harriers	26.06
8	94	Alice GALLOWAY	Cambridge & Coleridge AC	26.55

Heat 2	BIB	ATHLETE	CLUB	W/s: -2.0 m/s
1	16	Shannon HYLTON	Blackheath & Bromley AC	23.90 Q
2	20	Clíodhna MANNING	Eire (Ireland)	24.87 Q
3	99	Niamh MCNICOL	Ferrybank AC	25.24 q
4	25	Vivien OLATUNJI	Blackheath & Bromley AC	25.51
5	93	Niamh BAILEY	Kettering Town Harriers	25.53
6	98	Alice MCMAHON	West Cheshire AC	25.84
7	95	Rose HAIRS	Tonbridge AC	25.97

Heat 3	BIB	ATHLETE	CLUB	W/s: -0.5 m/s
1	2	Dina ASHER-SMITH	Blackheath & Bromley AC	23.43 Q
2	92	Finette AGYAPONG	Newham & Essex Beagles AC	24.98 Q
3	26	Ruth ONYEKWE	Cambridge Harriers	25.51
4	97	Adrian JONES	Cornell University	25.52
5	28	Katie-Jane PRIEST	Newport Harriers	25.56
6	15	Lily HUGHES	Nene Valley Harriers	25.62
7	101	Joanne PEAK	Cambridge & Coleridge AC	26.77

**12:20 T44 U20 Men 1500m Final**

CBP: Graham Williamson, Springburn Harriers, 3:39.68, 1978

UK Best : Graham Williamson, Springburn Harriers, 3:36.6, 1979

POSN	BIB	ATHLETE	CLUB	PERF
1	1067	Shaun WYLLIE	Bracknell AC	03:50.55
2	676	Alex GEORGE	Gloucester AC	03:51.29
3	834	James MCMURRAY	St Albans AC	03:51.55
4	692	Neil GOURLEY	Glasgow City	03:51.72
5	708	Scott HALSTED	Bracknell AC	03:52.24
6	667	Robbie FITZGIBBON	Brighton Phoenix	03:52.51
7	939	Kyran ROBERTS	Carmarthen Harriers	03:52.66
8	611	Phillip CROUT	Shaftesbury Barnet Harriers	03:52.91
9	821	Gavin MCARDLE	Kilbarchan AAC	03:53.61
10	1042	James WEST	Tonbridge AC	03:55.60
11	734	Tom HOLDEN	South London Harriers	03:56.99
12	605	John COVE	Cardiff AAC	03:58.03

**12:30 T45 U20 Women 1500m Final**

CBP: Hannah England, Oxford City AC, 4:17.31, 2006

UK Best : Zola Budd, Aldershot, Farnham &amp; District AC, 3:59.96, 1985

Run at Heats Time, T25

**12:45 T46 U20 Women 100m Hurdles Heats**

CBP: Sarah Claxton, Colchester &amp; Tendring AC, 13.28, 1998

UK Best : Diane Allahgreen, Liverpool H &amp; AC, 13.25, 1994

Heat 1	BIB	ATHLETE	CLUB	W/s: -2.9 m/s	
1	64	Yasmin MILLER	Derby AC	13.83	Q
2	62	Megan MARRS	City of Lisburn AC	14.48	Q
3	55	Mollie COURTNEY	Cheltenham Harriers	14.71	
4	60	Jessica HUNTER	Vale of Aylesbury AC	14.72	
5	8	Gabi BURTON	Cannock & Stafford AC	14.81	
6	56	Ella DE LUCIS	Peterborough AC	15.29	
7	61	Zoe LUCAS	Grantham & District AC	15.41	

  

Heat 2	BIB	ATHLETE	CLUB	W/s: NT	
1	74	Olivia WALKER	Cannock & Stafford AC	14.24	Q
2	54	Bethany CLOSE	Brighton & Hove City AC	14.51	Q
3	75	Holly WOODWARD	Enfield & Haringey AC	14.62	q
4	427	Shirin IRVING	Croydon H	14.71	
5	68	Jenny ROBBINS	Notts AC	15.19	
DNS	57	Emily DIXON	Team Bath AC		

  

Heat 3	BIB	ATHLETE	CLUB	W/s: -1.3 m/s	
1	63	Danielle MCGIFFORD	Wigan & Dist H AC	14.53	Q
2	67	Celia QUANSAH	Windsor Slough Eton & H	14.58	Q
3	69	Madelaine SMITH	Birchfield Harriers	14.68	q
4	72	Alicia TYMON-MCEWAN	St Albans AC	15.40	
5	65	Emma NWOFOR	Newham & Essex Beagles AC	15.52	
DNF	66	Heather PATON	Worcester AC		

**13:00 T47 U23 Women 100m Hurdles Heats**

 CBP: Jessica Ennis, City of Sheffield AC, 13.04, 2007  
 UK Best : Sally Gunnell, Essex Ladies AC, 12.82, 1988

Heat 1	BIB	ATHLETE	CLUB	W/s: -0.4 m/s	
1	43	Katarina JOHNSON THOMPSON	Liverpool Harriers & AC	13.44	Q
2	47	Marilyn NAWAWULOR	Harrow AC	13.80	Q
3	91	Lauren THOMPSON	Herts Phoenix AC	14.32	Q
4	78	Kelly CLARK	City of Sheffield AC	14.34	q
5	86	Gabrielle PIPER	USA	14.70	q
6	83	Elise LOVELL	Hastings AC	15.01	
7	80	Megan DIXON	Wolverhampton & Bilston AC	15.35	
8	82	Rosie KINGSTON	Radley AC	15.54	

Heat 2	BIB	ATHLETE	CLUB	W/s: -0.4 m/s	
1	81	Lucy HATTON	Corby AC	13.52	Q
2	87	Hazel ROSS	Victoria Park Glasgow	14.17	Q
3	77	Amy BARCLAY	Crawley AC	14.66	Q
4	84	Yasmin MILNE	Edinburgh AC	14.97	
5	79	Zaakirah DANIELS	Cornell University	15.05	
6	88	Megan SOUTHWART	Blackheath & Bromley AC	15.41	
DNF	90	Jahisha THOMAS	Blackheath & Bromley AC		

**13:20 T48 U20 Men 110m Hurdles Heats**

 CBP: James Gladman, Warrington AC, 13.50, 2012  
 UK Best : David Omoregie, Cardiff AAC, 13.23, 2014

Heat 1	BIB	ATHLETE	CLUB	W/s: -1.2 m/s	
1	774	Jack KIRBY	Hillingdon AC	14.21	Q
2	631	Euan DICKSON-EARLE	Biggleswade AC	14.32	Q
3	722	Sam HEALY	Ireland	14.41	q
4	616	Wynndham CURTIS	Cornell University	15.00	
5	543	Kertis BESWICK	Blackheath & Bromley AC	15.59	
DQ	696	Alex GRANT	Stratford-upon-Avon AC	Rule 162.7	

Heat 2	BIB	ATHLETE	CLUB	W/s: -1.0 m/s	
1	935	Khai RILEY-LA BORDE	Enfield & Haringey AC	13.98	Q
2	1005	Rushane THOMAS	Herne Hill Harriers	14.02	Q
3	1037	James WEAVER	Enfield & Haringey AC	14.45	q
4	588	Robbie CLARRICOATS	Newham & Essex Beagles AC	14.80	
5	936	William RITCHIE-MOULIN	Birchfield Harriers	15.09	
6	803	Joshua LOWE	Birchfield Harriers	15.20	

Heat 3	BIB	ATHLETE	CLUB	W/s: -0.4 m/s		
1	879	David OMOREGIE	Cardiff AAC	13.38	Q	CBP
2	1017	Luke TOWNSEND	Rugby & Northampton AC	14.43	Q	
3	716	Jack HATTON	Reading AC	14.59		
4	831	Garbhan MCKENNA	Ireland	14.69		
DNF	1071	Reece YOUNG	Blackheath & Bromley AC			

**13:35 T49 U23 Men 110m Hurdles Heats**

CBP: Will Sharman, Belgrave H, 13.49, 2006

UK Best : Colin Jackson, Cardiff AAC, 13.11, 1988

Heat 1	BIB	ATHLETE	CLUB	W/s: 0.1 m/s	
1	683	James GLADMAN	Warrington AC	14.14	Q
2	764	Ben KELK	Cambridge & Coleridge AC	14.16	Q
3	1068	Joe YARDE	Windsor Slough Eton & H	14.73	Q
4	555	Benjamin BOWERS	USA	14.75	q
5	752	Austin JAMERSON	Cornell University	15.14	
6	727	Ryan HEWITSON	Aberdeen AAC	15.53	
DNF	728	Matthew HEWITT	Brighton & Hove City AC		

Heat 2	BIB	ATHLETE	CLUB	W/s: -1.8 m/s	
1	771	David KING	City of Plymouth AC	14.15	Q
2	706	Max HAIRSTON	Cornell University	14.57	Q
3	874	Onajite OKORO	Birchfield Harriers	14.79	Q
4	656	Glen ELSDON	Carmarthen Harriers	14.80	q
5	731	Nath HIGGINS	City of Plymouth AC	15.20	
DNF	531	Matthew BAKER	Horsham Blue Star H		

**13:45 T50 U23 Women 5000m Straight Final**

CBP: Kate Avery, Shildon AC, 16:01.88, 2013

UK Best : Paula Radcliffe, Bedford &amp; Co, 14:49.27, 1995

POSN	BIB	ATHLETE	CLUB	PERF
1	392	Calli THACKERY	Hallamshire Harriers Sheffield	16:22.64
2	374	Louise SMALL	Aldershot Farnham & Dist AC	16:25.22
3	126	Sarah ASTIN	Manx Harriers	16:27.40
4	225	Maryse HAYNES	Windsor Slough Eton & H	16:30.75
5	261	Caroline KELLNER	Cornell University	16:46.80
6	303	Devin MCMAHON	Cornell University	16:50.34
7	316	Rebecca MURRAY	Bedford & County AC	16:51.76
8	276	Caroline LAMBERT	Wetherby Runners	17:09.53
9	184	Claire DEVOE	Cornell University	17:10.36
10	156	Anna BURTON	Bristol & West AC	17:28.47
11	389	Charlotte TAYLOR	Nene Valley Harriers	17:40.21
DNF	244	Abigail HOWARTH	Leigh Harriers & AC	
DNF	221	Melissa HAWTIN	Oxford City AC	

**14:10 T51 U23 Women 200m Heats**

CBP: Jodie Williams, Herts Phoenix, 23.21, 2013

UK Best : Kathy Cook, Wolverhampton &amp; Bilston AC, 22.13, 1982

Heat 1	BIB	ATHLETE	CLUB	W/s: -0.8 m/s	
1	105	Amy ALLCOCK	Aldershot Farnham & Dist AC	23.90	Q
2	38	Kathryn CHRISTIE	Edinburgh AC	24.20	Q
3	425	Kimbely BAPTISTE	Crawley AC	24.79	Q
4	52	Charlotte WINGFIELD	Cardiff AAC	24.83	q
5	39	Emily DE BEAUX	Guildford & Godalming AC	25.42	
6	51	Steffi WILSON	Shaftesbury Barnet Harriers	25.61	
DNS	44	Lucy MANSFIELD	Blackpool Wyre & Fylde AC		

Heat 2	BIB	ATHLETE	CLUB	W/s:	
1	112	Hannah THOMAS	Wrexham AAC	24.92	Q
2	104	Ebolutalese AIREWELE	Cornell University	25.22	Q
3	106	Jennie BATTEN	Stroud AC	25.23	Q
4	107	Heather BONG	Penn University	25.26	q
5	426	Chloe LAMBERT	Victoria Park Glasgow	25.30	
6	109	Shanice HARRISON	South London Harriers	25.42	

**14:20 T52 U23 Men 200m Heats**

CBP: Chris Lambert, Belgrave Harriers, 20.58, 2003

UK Best : Christian Malcolm, Cardiff AAC, 20.08, 2001

Heat 1	BIB	ATHLETE	CLUB	W/s: -0.2 m/s	
1	1089	Edmond AMANING	Thames Valley H	21.24	Q
2	691	Samuel GORDON	Cardiff AAC	21.64	Q
3	917	Nicholas PRYCE	Royal Sutton Coldfield	21.71	Q
4	872	Kinsley OJUKWU	Cornell University	22.25	
5	929	Jamal RHODEN-STEVENSON	Herne Hill Harriers	22.69	

Heat 2	BIB	ATHLETE	CLUB	W/s: -0.3 m/s	
1	619	Kieran DALY	Blackheath & Bromley AC	21.38	Q
2	1088	Omololu ABIODUN	Wgel	21.55	Q
3	711	Dewi HAMMOND	Cardiff AAC	21.81	Q
4	1082	Lemarl FRECKLETON	Cardiff AAC	21.88	q
5	901	Yannick PHIPPEN	Birchfield Harriers	22.10	q

**14:30 T53 U20 Women 200m Final**

CBP: Jodie Williams, Herts Phoenix, 23.15, 2010

UK Best : Kathy Cook, Wolverhampton &amp; Bilston AC, 22.70, 1979

Posn	BIB	ATHLETE	CLUB	W/s: +0.0 m/s	
1	2	Dina ASHER-SMITH	Blackheath & Bromley AC	22.74	CBP
2	16	Shannon HYLTON	Blackheath & Bromley AC	23.42	
3	27	Amarachi PIPI	Enfield & Haringey AC	23.89	
4	92	Finette AGYAPONG	Newham & Essex Beagles AC	24.23	
5	11	Kristie EDWARDS	City of Sheffield AC	24.24	
6	20	Clíodhna MANNING	Eire (Ireland)	24.57	
7	99	Niamh MCNICOL	Ferrybank AC	24.72	
8	13	Roisin HARRISON	Eire (Ireland)	24.75	



**14:40 T54 U20 Men 200m Final**

CBP: Christian Malcolm, Cardiff AAC, 20.32, 1998

UK Best : Christian Malcolm, Cardiff AAC, 20.29, 1998

Posn	BIB	ATHLETE	CLUB	W/s: -0.6 m/s
1	980	Thomas SOMERS	City of York AC	21.20
2	908	Marvin POPOOLA	Herne Hill Harriers	21.48
3	987	Christopher STONE	Bristol & West AC	21.50
4	654	Roy EJIAKUEKWU	Sale Harriers Manchester	21.80
5	920	Tommy RAMDHAN	Bexley AC	21.85
6	910	Elliott POWELL	Leicester Coritanian AC	21.88
7	726	Jack HEPPLÉ	Morpeth Harriers & AC	22.02
8	721	Daniel HEALD	Sale Harriers Manchester	22.08

**14:50 T55 U20 Women 3000m Straight Final**

CBP: Sian Edwards, Kettering Town Harriers, 9:16.38, 2006

UK Best : Zola Budd, Aldershot, Farnham &amp; District AC, 8:28.83, 1985

POSN	BIB	ATHLETE	CLUB	PERF
1	268	Harriet KNOWLES-JONES	Warrington AC	09:23.76
2	327	Hannah NUTTALL	Charnwood AC	09:28.62
3	151	Niamh BROWN	Aldershot Farnham & Dist AC	09:29.23
4	340	Bronwen OWEN	Scarborough AC	09:31.89
5	278	Phoebe LAW	Kingston AC & Poly Harriers	09:33.31
6	344	Sophia PARVIZI-WAYNE	Shaftesbury Barnet Harriers	09:43.33
7	416	Claire WILSON	Cambridge & Coleridge AC	09:45.09
8	287	Georgia MALIR	Ilkley AC	09:48.67
9	286	Mhairi MACLENNAN	Inverness Harriers AAC	10:13.32
10	154	Jessica BURGESS	Woodford Green & Essex L	10:14.38
11	266	Zara KNAPPY	Keighley & Craven AC	10:14.85
DNF	418	Katy WOOD	City of York AC	

**15:10 T56 U23 Women 1500m Final**

CBP: Lisa Dobriskey, Ashford AC, 4:16.96, 2003

UK Best : Zola Budd, Aldershot, Farnham &amp; District AC, 4:01.93, 1986

Run at Heats Time, T24

**15:20 T57 U23 Men 1500m Final**

CBP: James Shane, Newham &amp; Essex Beagles, 3:40.44, 2011

UK Best : Steve Cram, Jarrow &amp; H, 3:33.66, 1982

Run at Heats Time, T6

**15:30 T58 U20 Women 400m Final**

CBP: Katie Kirk, Lagan Valley AC, 53.69, 2011  
 UK Best : Linsey Macdonald, Pitreavie AC, 51.16, 1980

Posn	BIB	ATHLETE	CLUB	Perf	
1	246	Cheriece HYLTON	Blackheath & Bromley AC	53.56	CBP
2	128	Sabrina BAKARE	Shaftesbury Barnet Harriers	53.89	
3	142	Loren BLEAKEN	Team Bath AC	53.96	
4	136	Lily BECKFORD	London Heathside Runners	54.38	
5	159	Nikita CAMPBELL-SMITH	Birchfield Harriers	54.51	
6	324	Laviai NIELSEN	Enfield & Haringey AC	54.56	
7	382	Kelsey STEWART	Aberdeen AAC	54.83	
8	183	Alice DESFORGES	Rushcliffe AC	55.96	

**15:35 T59 U23 Women 400m Final**

CBP: Christine Ohuruogu, Newham & Essex Beagles, 52.43, 2005  
 UK Best : Christine Ohuruogu, Newham & Essex Beagles, 50.28, 2006

Posn	BIB	ATHLETE	CLUB	Perf	
1	333	Victoria OHURUOGU	Newham & Essex Beagles AC	52.84	
2	166	Zoey CLARK	Thames Valley H	53.51	
3	118	Udeme AKPAETE	USA	53.97	
4	185	Rachel DICKENS	Blackheath & Bromley AC	54.13	
5	267	Jessie KNIGHT	Herne Hill Harriers	54.45	
6	110	Ann IKA-OQUA	Wolverhampton & Bilston AC	56.06	
7	415	Deborah WILLIS	Notts AC	56.25	
8	116	Megan AITCHISON	Aldershot Farnham & Dist AC	56.90	

**15:40 T60 U20 Men 800m Final**

CBP: Niall Brooks, Sale Harriers, 1:47.29, 2010  
 UK Best : David Sharpe, Jarrow & Hebburn AC, 1:45.64, 1986

Posn	BIB	ATHLETE	CLUB	Perf	
1	778	Kyle LANGFORD	Shaftesbury Barnet Harriers	01:51.00	
2	549	Theo BLUNDELL	Birchfield Harriers	01:51.03	
3	845	Sean MOLLOY	Tonbridge AC	01:51.35	
4	870	Joseph O'HARA	Bexley AC	01:51.80	
5	669	Hugo FLEMING	Walton AC	01:51.91	
6	1056	Michael WILSON	Sunderland Harriers & AC	01:52.01	
7	579	Dominic CHAMBERS	Derby AC	01:52.09	
8	923	Louis RAWLINGS	Cambridge & Coleridge AC	01:53.06	

**15:45 T61 U23 Men 800m Final**

CBP: Richard Hill, Notts AC, 1:47.59, 2007

UK Best : Sebastian Coe, Haringey AC, 1:43.97, 1978

Posn	BIB	ATHLETE	CLUB	Perf
1	1038	Jamie WEBB	Liverpool Harriers & AC	01:48.35
2	612	Zak CURRAN	Windsor Slough Eton & H	01:50.69
3	1036	Tom WATSON	Central AC	01:50.84
4	544	Luke BETTS	Sale Harriers Manchester	01:51.11
5	532	David BANWELL-CLODE	Swansea Harriers	01:51.41
6	869	Josh OGUNTAYO	Sale Harriers Manchester	01:52.83
7	806	Andrew MAGAHA	USA	01:57.07
8	1041	Will WEINLANDT	Cornell University	01:58.70

**15:50 T62 U20 Women 800m Final**

CBP: Laura Finucane, Pendle AC, 2:03.73, 2004

UK Best : Charlotte Penfold, Bournemouth AC, 1:59.75, 2002

Posn	BIB	ATHLETE	CLUB	Perf
1	161	Charlotte CAYTON-SMITH	Cornwall AC	02:06.54
2	283	Molly LONG	Bristol & West AC	02:06.80
3	254	Chelsea JARVIS	Stockport Harriers & AC	02:07.38
4	187	Kaylee DODD	Basildon AC	02:07.70
5	176	Aislinn CROSSEY	Ireland	02:07.77
6	228	Abbie HETHERINGTON	Border Harriers & AC	02:08.49
7	140	Sophie BILLINGTON	Luton AC	02:09.10
8	275	Alanna LALLY	Ireland	02:09.13

**15:55 T63 U23 Women 800m Final**

CBP: Tara Bird, Woodford Green w Essex Ladies, 2:03.00, 2009

UK Best : Christina Boxer, Aldershot F &amp; D, 1:59.05, 1986

Posn	BIB	ATHLETE	CLUB	Perf
1	264	Katie KIRK	Lagan Valley AC	02:02.78
2	138	Georgia BELL	Shaftesbury Barnet Harriers	02:03.38
3	137	Alexandra BELL	Pudsey & Bramley AC	02:04.34
4	295	Rachel MCCLAY	Bracknell AC	02:05.56
5	387	Hanna TARVER	Edinburgh AC	02:05.68
6	132	Leah BARROW	Windsor Slough Eton & H	02:06.25
7	413	Jade WILLIAMS	Amman Valley	02:06.39
DNS	150	Katy BROWN	Stewartry AC	

**16:05 T64 U20 Men 400m Final**

CBP: Mark Richardson, Windsor Slough Eton & Hounslow, 45.72, 1991  
 UK Best : Martyn Rooney, Croydon Harriers, 45.35, 2006

Posn	BIB	ATHLETE	CLUB	Perf
1	946	Elliot RUTTER	Birchfield Harriers	46.39
2	610	Jack CROSBY	Middlesbrough AC (Mandale)	46.57
3	976	Benjamin SNAITH	Enfield & Haringey AC	46.89
4	898	Nicholas PETROU	Leeds City AC	47.51
5	860	Jacob NESS	City of Salisbury AC	47.94
6	925	Joseph REID	Manx Harriers	48.23
7	932	Owen RICHARDSON	Basingstoke & Mid Hants AC	48.41
DNF	835	Andrew MELLON	North Down AC	

**16:10 T65 U23 Men 400m Final**

CBP: Nigel Levine, Windsor Slough Eton & Hounslow AC, 45.85, 2011  
 UK Best : David Grindley, Wigan, 44.47, 1992

Run At Heat Time: T32

**16:20 T66 U23 Men 110m Hurdles Final**

CBP: Will Sharman, Belgrave H, 13.49, 2006  
 UK Best : Colin Jackson, Cardiff AAC, 13.11, 1988

Posn	BIB	ATHLETE	CLUB	W/s: -0.2 m/s
1	771	David KING	City of Plymouth AC	14.15
2	764	Ben KELK	Cambridge & Coleridge AC	14.27
3	683	James GLADMAN	Warrington AC	14.34
4	656	Glen ELSDON	Carmarthen Harriers	14.78
5	555	Benjamin BOWERS	USA	14.84
6	874	Onajite OKORO	Birchfield Harriers	15.00
7	1068	Joe YARDE	Windsor Slough Eton & H	15.05
DNS	706	Max HAIRSTON	Cornell University	

**16:25 T67 U20 Men 110m Hurdles Final**

CBP: James Gladman, Warrington AC, 13.50, 2012  
 UK Best : David Omoregie, Cardiff AAC, 13.23, 2014

Posn	BIB	ATHLETE	CLUB	W/s: -0.7 m/s
1	879	David OMOREGIE	Cardiff AAC	13.17
2	935	Khai RILEY-LA BORDE	Enfield & Haringey AC	13.74
3	774	Jack KIRBY	Hillingdon AC	13.99
4	1005	Rushane THOMAS	Herne Hill Harriers	14.10
5	1037	James WEAVER	Enfield & Haringey AC	14.16
6	1017	Luke TOWNSEND	Rugby & Northampton AC	15.28
DNF	722	Sam HEALY	Ireland	
DNF	631	Euan DICKSON-EARLE	Biggleswade AC	

**16:35 T68 U23 Women 100m Hurdles Final**

CBP: Jessica Ennis, City of Sheffield AC, 13.04, 2007  
 UK Best : Sally Gunnell, Essex Ladies AC, 12.82, 1988

Posn	BIB	ATHLETE	CLUB	W/s: -2.0 m/s
1	81	Lucy HATTON	Corby AC	13.35
2	43	Katarina JOHNSON THOMPSON	Liverpool Harriers & AC	13.41
3	47	Marilyn NAWAWULOR	Harrow AC	13.77
4	87	Hazel ROSS	Victoria Park Glasgow	14.09
5	77	Amy BARCLAY	Crawley AC	14.24
6	91	Lauren THOMPSON	Herts Phoenix AC	14.44
7	78	Kelly CLARK	City of Sheffield AC	14.49
8	86	Gabrielle PIPER	USA	14.60

**16:40 T69 U20 Women 100m Hurdles Final**

CBP: Sarah Claxton, Colchester & Tendring AC, 13.28, 1998  
 UK Best : Diane Allahgreen, Liverpool H & AC, 13.25, 1994

Posn	BIB	ATHLETE	CLUB	W/s: -0.9 m/s
1	64	Yasmin MILLER	Derby AC	13.62
2	62	Megan MARRS	City of Lisburn AC	14.10
3	74	Olivia WALKER	Cannock & Stafford AC	14.30
4	54	Bethany CLOSE	Brighton & Hove City AC	14.54
5	67	Celia QUANSAH	Windsor Slough Eton & H	14.66
6	69	Madelaine SMITH	Birchfield Harriers	14.73
7	75	Holly WOODWARD	Enfield & Haringey AC	14.74
DNS	63	Danielle MCGIFFORD	Wigan & Dist H AC	

**16:45 T70 U20 Men 200m Final**

CBP: Christian Malcolm, Cardiff AAC, 20.32, 1998  
 UK Best : Christian Malcolm, Cardiff AAC, 20.29, 1998

Run at Semi Final Time: T54

**16:50 T71 U23 Men 200m Final**

CBP: Chris Lambert, Belgrave Harriers, 20.58, 2003  
 UK Best : Christian Malcolm, Cardiff AAC, 20.08, 2001

Posn	BIB	ATHLETE	CLUB	W/s: -1.1 m/s
1	619	Kieran DALY	Blackheath & Bromley AC	21.07
2	1089	Edmond AMANING	Thames Valley H	21.33
3	1088	Omololu ABIODUN	Wgel	21.48
4	691	Samuel GORDON	Cardiff AAC	21.65
5	917	Nicholas PRYCE	Royal Sutton Coldfield	21.75
6	1082	Lemarl FRECKLETON	Cardiff AAC	21.91
7	901	Yannick PHIPPEN	Birchfield Harriers	22.37
DNS	711	Dewi HAMMOND	Cardiff AAC	

**16:55 T72 U20 Women 200m Final**

CBP: Jodie Williams, Herts Phoenix, 23.15, 2010  
 UK Best : Kathy Cook, Wolverhampton & Bilston AC, 22.70, 1979

Run at Semi Final Time: T53

**17:00 T73 U23 Women 200m Final**

CBP: Jodie Williams, Herts Phoenix, 23.21, 2013

UK Best : Kathy Cook, Wolverhampton &amp; Bilston AC, 22.13, 1982

Posn	BIB	ATHLETE	CLUB	W/s: -1.5 m/s
1	105	Amy ALLCOCK	Aldershot Farnham & Dist AC	23.79
2	38	Kathryn CHRISTIE	Edinburgh AC	24.24
3	425	Kimbely BAPTISTE	Crawley AC	24.36
4	112	Hannah THOMAS	Wrexham AAC	24.51
5	52	Charlotte WINGFIELD	Cardiff AAC	24.94
6	106	Jennie BATTEN	Stroud AC	25.39
DNS	107	Heather BONG	Penn University	
DNS	104	Ebolutalese AIREWELE	Cornell University	

**17:10 T74 U20 Women 3000m S/Chase Straight Final**

CBP: Emily Pidgeon, Gloucester AC, 10:06.12, 2005

UK Best : Emily Pidgeon, Gloucester AC, 10:06.12, 2005

POSN	BIB	ATHLETE	CLUB	PERF
1	272	Iona LAKE	City of Norwich AC	10:23.78
2	361	Laura RICHES	Leigh Harriers & AC	11:00.53
3	277	Rachel LANGBEIN	Taunton AC	11:15.46
4	400	Victoria WALKER	Shaftesbury Barnet Harriers	11:19.48

**17:10 T75 U23 Women 3000m S/Chase straight Final**

CBP: Emily Stewart, Edinburgh AC, 10:02.63, 2012

UK Best : Eilish McColgan, Dundee Hawkhill, 9:38.45, 2012

POSN	BIB	ATHLETE	CLUB	PERF
1	248	Katie INGLE	Royal Sutton Coldfield	10:26.22
2	319	Amy-Eloise NEALE	Unattached	10:30.04
3	391	Nicole TAYLOR	Tonbridge AC	10:45.36
4	144	Philippa BOWDEN	Bracknell AC	10:55.38
5	135	Danielle BEATTIE	Victoria Park Glasgow	11:07.08
6	353	Aimee PRATT	Sale Harriers Manchester	11:29.83
7	379	Florence STANSALL-SEILER	Herts Phoenix AC	12:31.38

**10:00 F17 U23 Women Hammer**

CBP: Sophie Hitchon, Blackburn Harriers, 69.54m, 2013

UK Best : Sophie Hitchon, Blackburn Harriers, 72.97m, 2013

Posn	BIB	ATHLETE	CLUB	PERF
1	245	Rachel HUNTER	Shaftesbury Barnet Harriers	62.81
2	251	Louisa JAMES	Shaftesbury Barnet Harriers	59.28
3	341	Annabelle PALMER	Notts AC	55.10
4	157	Emily CAMPBELL	Notts AC	51.24
5	292	Jessica MAYHO	Birchfield Harriers	48.65
6	214	Serena GRAF	USA	45.67
7	121	Sarah-Jane ANTHONY	Aldershot Farnham & Dist AC	40.86

**10:30 F18 U23 Men Pole Vault**

CBP: Luke Cutts, Dearnside High AC, 5.41m, 2009

UK Best : Steve Lewis, Newham &amp; Essex Beagles, 5.71m, 2008

Posn	BIB	ATHLETE	CLUB	PERF
1	675	Daniel GARDNER	Stevenage & North Herts AC	5.00
2	574	Adam CARPENTER	Shaftesbury Barnet Harriers	5.00
3	937	Peter ROACH	Cornell University	4.85
4	1069	Liam YARWOOD	Chelmsford AC	4.70
5	529	Luke BAILEY	Bristol & West AC	4.40
6	757	Emyr JONES	Cardiff AAC	4.40
	924	Keith RAYBURN	Cornell University	NHR

**10:30 F19 U20 Women High Jump**

CBP: Michelle Dunkley, Essex Ladies AC, 1.87m, 1997

UK Best : Morgan Lake, Windsor, Slough, Eton &amp; Hounslow, 1.93, 2014

Posn	BIB	ATHLETE	CLUB	PERF
1	257	Amelia JENNINGS-MCLAUGHLIN	Liverpool Pembroke & Sefton H	1.74
2	274	Poppy LAKE	Chelmsford AC	1.74
= 3	226	Amelia HEMPLEMAN-ADAMS	Bristol & West AC	1.65
= 3	174	Emma COWELL	Southampton AC	1.65
= 3	120	Kate ANSON	Liverpool Harriers & AC	1.65
= 3	350	Robyn PETITT	Crawley AC	1.65
= 3	253	Noel JANCEWICZ	USA	1.65
= 8	313	Neasa MURPHY	Ferrybank AC	1.65
= 8	230	Cherelle HIBBERT	Luton AC	1.65
= 10	165	Lucy CHAPPELL	Doncaster AC	1.65
= 10	386	Amy TARVER	Wirral AC	1.65
12	347	Lizzie PEATTIE	Enfield & Haringey AC	1.65
13	312	Jordanna MORRISH	Cornwall AC	1.60

**10:30 F20 U23 Men Long Jump**

CBP: Jonathan Moore, Birchfield Harriers, 7.75m, 2004

UK Best : Chris Tomlinson, Newham &amp; Essex Beagles, 8.27, 2002

Posn	BIB	ATHLETE	CLUB	PERF	W/s
1	1080	James MCLACHLAN	City of Norwich AC	7.69	+2.1
2	947	Elliot SAFO	Croydon H	7.57	+2.9
3	756	Craig JONES	Liverpool Harriers & AC	7.30	-1.2
4	767	Jordan KELLY	Birchfield Harriers	7.01	+0.5
5	707	Scott HALL	Gateshead Harriers	6.95	+0.8
6	1018	Sam TRIGG	Erme Valley Harriers	6.85	+1.6
7	749	Jonathan ILORI	Blackheath & Bromley AC	6.85	-0.1
8	514	Ogo ANOCHIRIONYE	Thames Valley H	6.83	+0.6
9	633	Ciaran DOLAN	Unattached	6.77	+0.4
10	918	Michael RABBITT	Cornell University	6.75	+1.7
11	742	Matthew HOULDEN	Lincoln Wellington AC	6.60	-1.0
12	539	Steven BELL	Cornell University	6.38	+1.7
	1080	James MCLACHLAN	City of Norwich AC	7.58	+0.6
	947	Elliot SAFO	Croydon H	7.49	+0.3

**11:10 F21 U23 Men Hammer**

CBP: Pete Smith, Birchfield Harriers, 69.92m, 2010

UK Best : Dave Smith, Belgrave Harriers, 75.10m, 1996

Posn	BIB	ATHLETE	CLUB	PERF
1	761	Osian JONES	Liverpool Harriers & AC	65.91
2	562	Callum BROWN	City of Norwich AC	65.73
3	651	Jonathan EDWARDS	City of Plymouth AC	63.91
4	852	Craig MURCH	Rugby & Northampton AC	63.72
5	1052	Tim WILLIAMS	Gloucester AC	62.73
6	782	Matthew LASIS	Crawley AC	60.07
7	587	Harry CLARKE	Woodford Green & Essex L	56.71
8	1057	Sam WILSON	Nene Valley Harriers	44.98
9	511	Ashley ANDREWS	Cardiff AAC	42.00

**11:30 F22 U23 Women Shot**

CBP: Julie Dunkley, Shaftesbury B, 16.31m, 2001, Shaunagh Brown, Blackheath &amp; B 16.31m, 2012

UK Best : Myrtle Augee, Bromley Ladies AC, 18.19, 1987

Posn	BIB	ATHLETE	CLUB	PERF	CBP
1	301	Sophie MCKINNA	Great Yarmouth & District AC	16.47	
2	422	Kirsty YATES	Edinburgh AC	15.67	
3	157	Emily CAMPBELL	Notts AC	12.51	
4	202	Alana FRATTAROLI	Ireland	11.88	



**12:20 F23 U20 Men Discus**

CBP: Lawrence Okoye, Croydon Harriers, 63.92m, 2010

UK Best : Emeka Udechuku, Woodford Green &amp; Essex Ladies, 64.35m, 1998

Posn	BIB	ATHLETE	CLUB	PERF
1	768	Noah KENNEDY-WHITE	USA	55.23
2	781	James LASIS	Crawley AC	51.52
3	813	Louis MASCAREHAS	Blackheath & Bromley AC	49.81
4	548	Matthew BLANDFORD	Blackheath & Bromley AC	48.79
5	755	Duane JIBUNOH	Havering Mayesbrook AC	48.28
6	921	Gurlal RANDHAWA	Windsor Slough Eton & H	47.43
7	857	Tomasz NAPIORKOWSKI	Banbury Harriers	47.17
8	1035	Joey WATSON	Windsor Slough Eton & H	46.73
9	926	Omar REID	Croydon H	46.15
10	500	Niklas AARRE	Birchfield Harriers	45.94
11	695	Adam GRAHAM	Gateshead Harriers	45.37
12	668	Daniel FLEMING	Lincoln Wellington AC	45.05
13	788	Alexander LEEMING-FROUDAKIS	Bristol & West AC	44.66
14	672	Forrest FRANCIS	Leicester Coritanian AC	43.13
15	732	Alexander HILL-KING	Loughborough Students AC	42.18
16	938	Sam ROACH	North Devon AC	42.10

**12:30 F24 U23 Women Triple Jump**

CBP: Laura Samuel, Birchfield Harriers, 13.75m, 2012

UK Best : Yasmin Regis, Windsor, Slough, Eton &amp; Hounslow, 13.85m, 2008

Posn	BIB	ATHLETE	CLUB	PERF	
1	356	Emma PRINGLE	Gateshead Harriers	12.80	+0.4
2	250	Lisa JAMES	Sale Harriers Manchester	12.23	+1.6
3	384	Sian SWANSON	Swansea Harriers	11.36	+1.4
4	421	Sophie WORRAL	Wolverhampton & Bilston AC	11.21	-0.2
5	155	Tannika BURGESS	Wolverhampton & Bilston AC	11.17	+1.5

**13:15 F25 U20 Men High Jump**

CBP: Brendan Reilly, Corby AC, 2.25m, 1991

UK Best : Steve Smith, Liverpool Harriers &amp; AC, 2.37, 1992

Posn	BIB	ATHLETE	CLUB	PERF
1	763	Chris KANDU	Enfield & Haringey AC	2.24
2	646	Rory DWYER	Stratford-upon-Avon AC	2.16
3	1083	Seun OKOME	Sale Harriers Manchester	2.12
4	854	Jaime MURTAGH	Ireland	2.08
5	662	Robert FERGUSON	Lasswade AAC	2.08
6=	512	Tayo ANDREWS	Herne Hill Harriers	1.99
6=	621	Martin DANOBREGA	Bedford & County AC	1.99
6=	837	Sam MEYLER	Birchfield Harriers	1.99
9	809	Christopher MANN	Bolton Utd Harriers & AC	1.99
10	740	Jamie HORNE	Peterborough AC	1.99
11	702	William GRIMSEY	Enfield & Haringey AC	1.94
12	961	Hakim SHEPHERD	Worcester AC	1.89
13=	608	Alexandre CRANINX	City of Sheffield AC	1.84
13=	598	Joshua CONROY	Bedford & County AC	1.84
15	1033	Russell WATERSON	Windsor Slough Eton & H	1.84
16	528	Jonathon BAILEY	Cardiff AAC	1.84

**13:15 F26 U20 Women Long Jump**

CBP: Katarina Johnson-Thompson, Liverpool H, 6.44m, 2011

UK Best : Beverly Kinch, Hounslow AC, 6.90m, 1983

Posn	BIB	ATHLETE	CLUB	PERF	W/s
1	273	Morgan LAKE	Windsor Slough Eton & H	6.11	+1.0
2	70	Katie STANTON	Birchfield Harriers	6.10	+3.0
3	73	Ebony WAKE	Birchfield Harriers	6.00	+1.5
4	194	Simi FAJEMISIN	Oxford City AC	5.88	+0.8
5	63	Danielle MCGIFFORD	Wigan & Dist H AC	5.58	+1.0
6	165	Lucy CHAPPELL	Doncaster AC	5.46	+0.4
7	269	Amaris KOBOLAK	USA	5.49	+0.6
8	160	Alyssia CARR	Sale Harriers Manchester	5.42	+0.3
9	57	Emily DIXON	Team Bath AC	5.42	+1.9
10	125	Melissa ARTHUR	Newport Harriers	5.33	+0.0
11	58	Georgia GREEN	Enfield & Haringey AC	5.12	+2.1
12	357	Sophie QUINN	Stockport Harriers & AC	5.08	+1.4
	70	Katie STANTON	Birchfield Harriers	5.95	+1.9
	58	Georgia GREEN	Enfield & Haringey AC	No legal wind	

**13:40 F27 U20 Women Discus**

CBP: Claire Smithson, Brighton & Hove AC, 54.81m, 2001  
UK Best : Eden Francis, Leicester Coritarians, 55.28m, 2007

Posn	BIB	ATHLETE	CLUB	PERF
1	239	Amy HOLDER	Reading AC	47.29
2	368	Awen ROSSER	Swansea Harriers	45.66
3	323	Adele NICOLL	Birchfield Harriers	44.49
4	390	Georgie TAYLOR	Havering Mayesbrook AC	43.20
5	419	Kathryn WOODCOCK	Radley AC	42.58
6	201	Rachel FORDER	Havering Mayesbrook AC	42.26
7	233	Nailah HILL	USA	42.05
8	305	Sophie MERRITT	Southampton AC	41.65

**14:45 F28 U23 Women Pole Vault**

CBP: Holly Bleasdale, Blackburn Harriers, 4.53m, 2011  
UK Best : Holly Bleasdale, Blackburn H, 4.71m, 2012

Posn	BIB	ATHLETE	CLUB	PERF
1	172	Sophie COOK	Birchfield Harriers	4.00
2	249	Katie JAMES	Woodford Green & Essex L	3.65
3	141	Eve BISHOP	Cornell University	3.50
4	291	Clare MAURER	Woking AC	3.50
5	188	Becky DONNELLY	Worcester AC	3.35
	289	Jennifer MARKIN	Cornell University	NHR

**14:50 F29 U23 Men Javelin**

CBP: Joe Dunderdale, Lincoln Wellington, 75.73m, 2012  
UK Best : Steve Backley, Cambridge Harriers, 89.58m, 1990

Posn	BIB	ATHLETE	CLUB	PERF
1	839	Greg MILLAR	Birchfield Harriers	67.07
2	576	Jordan CARTER	Sale Harriers Manchester	61.95
3	790	Ryan LEONARD	Cardiff AAC	59.17
4	904	Edward PILLAI	Worthing & District H	58.70
5	751	Karl INGRAM	USA	52.97

**15:00 F30 U20 Men Triple Jump**

CBP: Onochie Achike, Crawley AC, 16.28m, 1993

UK Best : Tosi Fasinro, Hillingdon AC, 16.58m, 1991

Posn	BIB	ATHLETE	CLUB	PERF	
1	1087	Efe UWAIFO	Enfield & Haringey AC	15.53	+0.3
2	861	Montel NEVERS	Notts AC	15.14	+1.0
3	1078	Stefan AMOKWANDOH	Blackheath & Bromley AC	14.83	-0.3
4	1027	Adam WALKER-KHAN	Birchfield Harriers	14.60	+1.6
5	907	Bobby PLUMMER	Cornell University	14.50	+0.6
6	640	George DRAKE	Leicester Coritanian AC	14.48	+1.2
7	995	Robert SUTHERLAND	Wycombe Phoenix H	14.14	+2.5
8	553	Cage BOONS	Rugby & Northampton AC	13.88	+2.6
9	836	Toby MELVILLE	Nuneaton Harriers	13.76	+1.2
	995	Robert SUTHERLAND	Wycombe Phoenix H	13.72	+1.5
	553	Cage BOONS	Rugby & Northampton AC	No Legal Wind	

**15:30 F31 U23 Men Shot**

CBP: Zane Duquemin, Shaftesbury Barnet H, 18.88m, 2013

UK Best : Geoff Capes, Birchfield Harriers, 19.48m, 1971

Posn	BIB	ATHLETE	CLUB	PERF
1	1059	Gareth WINTER	City of Sheffield AC	17.41
2	792	Scott LINCOLN	City of York AC	17.27
3	560	Jacob BRENZA	USA	16.86
4	1073	Youcef ZATAT	Woodford Green & Essex L	15.81
5	1035	Joey WATSON	Windsor Slough Eton & H	15.37
6	688	Laurence GOODACRE	Havering Mayesbrook AC	14.81
7	775	Tom KIRK	Doncaster AC	14.12

**16:00 F32 U23 Women Javelin**

CBP: Goldie Sayers, Belgrave Harriers, 58.20m, 2002

UK Best : Kelly Morgan, Windsor, Slough, Eton &amp; Hounslow, 64.87m, 2002

Posn	BIB	ATHLETE	CLUB	PERF
1	336	Kike ONIWINDE	Enfield & Haringey AC	50.00
2	222	Kelsey HAY	USA	49.51
3	304	Eloise MEAKINS	Herts Phoenix AC	47.96
4	139	Liane BIBBY	Wigan & Dist H AC	43.55
5	329	Devota NYAKYOMA	Border Harriers & AC	43.46
6	203	Paula GASS	Edinburgh AC	41.16