

10:30 T1 U20 Women 400m Hurdles Heats

CBP: Vicki Jamison, Lagan Valley AC, 57.27, 1996

UK Best : Perri Shakes-Drayton, Victoria Park & Tower Hamlets, 56.46, 2007

Heat 1	BIB	ATHLETE	CLUB	PERF	
1	397	Jessica TURNER	Amber Valley AC	61.72	Q
2	345	Mhairi PATIENCE	Victoria Park Glasgow	62.76	Q
3	393	Mae THOMPSON	Kingston AC & Poly Harriers	63.23	Q
4	71	Lucy TURNER	Gateshead Harriers	63.83	q
5	385	Holly TALBUT-SMITH	Crawley AC	65.82	
6	199	Lucy Yolande FLIGELSTONE	Swansea Harriers	67.15	

Heat 2	BIB	ATHLETE	CLUB	PERF	
1	360	Shona RICHARDS	Windsor Slough Eton & H	59.84	Q
2	366	Georgina ROGERS	Birchfield Harriers	63.59	Q
3	146	Freya BRADSHAW	Scunthorpe & District AC	64.40	Q
4	216	Melanie GRIGG	Herts Phoenix AC	65.68	q
DNF	409	Georgia WHITFIELD	Durham City Harriers		

10:40 T2 U23 Women 400m Hurdles Heats

CBP: Perri Shakes-Drayton, Victoria Park & Tower Hamlets, 55.34, 2009

UK Best : Sally Gunnell, Essex Ladies AC, 54.03, 1988

Heat 1	BIB	ATHLETE	CLUB	PERF	
1	318	Aisha NAIBE-WEY	Herne Hill Harriers	60.21	Q
2	282	Hannah LLOYD	Herts Phoenix AC	60.77	Q
3	307	Nessa MILLET	Loughborough Students AC	61.25	Q
4	294	Jess MCCABE	Windsor Slough Eton & H	63.30	q
5	232	Alexandra HILL	Herts Phoenix AC	64.71	
6	80	Megan DIXON	Wolverhampton & Bilston AC	64.91	

Heat 2	BIB	ATHLETE	CLUB	PERF	
1	302	Hayley MCLEAN	Chelmsford AC	58.70	Q
2	284	Phillipa LOWE	Dacorum & Tring AC	61.56	Q
3	271	Emma KOMOCKI	Notts AC	62.11	Q
4	414	Stephanie WILLIAMS	Herts Phoenix AC	63.54	q
5	420	Ryan WOOLLEY	Cornell University	64.74	

10:50 T3 U20 Men 400m Hurdles Heats

CBP: Niall Flannery, Gateshead H, 51.07, 2009

UK Best : Richard Davenport, Gloucester AC, 50.20, 2004

Heat 1	BIB	ATHLETE	CLUB	PERF	
1	785	Jack LAWRIE	Pitreavie AAC	53.99	Q
2	820	Chris MCALISTER	Sutton & Dist AC	54.61	Q
3	1040	James WEBSTER	Warrington AC	55.15	q
4	814	Brett MASON	Rugby & Northampton AC	57.32	
5	522	Alexander ATKINS	Dartford Harriers AC	58.53	
DNS	565	Joel BUCKETT	Crawley AC		

RACE 2	BIB	ATHLETE	CLUB	PERF	
1	795	Stanley LIVINGSTON	Channel Isles AC	54.41	Q
2	962	Jordan SHERWOOD	Cornell University	55.08	Q
3	623	Aiden DAVIES	Doncaster AC	55.31	q
4	584	Travis CHRISTIE	Wolverhampton & Bilston AC	57.28	
5	601	Ryan COOPER	Cardiff AAC	57.69	
6	678	Stirling GIBBONS	Windsor Slough Eton & H	59.98	

Heat 3	BIB	ATHLETE	CLUB	PERF	
1	892	Jacob PAUL	Windsor Slough Eton & H	53.79	Q
2	666	Jacob FINCHAM-DUKES	Leeds City AC	54.17	Q
3	665	Josiah FILLEUL	City of Sheffield AC	55.47	
4	830	Evan MCGUIRE	Ireland	55.86	
5	953	Max SCHOPP	Stevenage & North Herts AC	56.97	
6	856	Emmanuel NANANG	Basildon AC	57.82	

11:05 T4 U23 Men 400m Hurdles Heats

CBP: Nathan Woodward, Tamworth AC, 49.06, 2011, Jack Green, Kent AC, 49.06, 2011

UK Best : Jack Green, Kent AC, 48.60, 2012

Heat 1	BIB	ATHLETE	CLUB	PERF	
1	992	Matthew SUMNER	City of Plymouth AC	53.50	Q
2	783	Matthew LAVOPIERRE	Basingstoke & Mid Hants AC	53.73	Q
3	1014	Thomas TIMMINS	USA	54.03	Q
4	770	Ben KIELY	Ferrybank AC	54.13	
5	1010	Lennox THOMPSON	Newham & Essex Beagles AC	54.54	
DNF	521	Oliver ASPDEN	Blackburn Harriers & AC		

Heat 2	BIB	ATHLETE	CLUB	PERF	
1	541	Paul BENNETT	Cardiff AAC	52.22	Q
2	906	Sam PLUMB	Newbury AC	52.41	Q
3	519	Blade ASHBY	Herne Hill Harriers	52.57	Q
4	647	Ewan DYER	Woodford Green & Essex L	52.68	q
5	725	Connor HENDERSON	Kilbarchan AAC	53.42	q
6	567	David BUSH	Nene Valley Harriers	57.54	

11:15 T5 U20 Men 1500m Heats

CBP: Graham Williamson, Springburn Harriers, 3:39.68, 1978

UK Best : Graham Williamson, Springburn Harriers, 3:36.6, 1979

Heat 1	BIB	ATHLETE	CLUB	PERF	
1	834	James MCMURRAY	St Albans AC	03:58.03	Q
2	939	Kyran ROBERTS	Carmarthen Harriers	03:58.32	Q
3	734	Tom HOLDEN	South London Harriers	03:58.51	Q
4	708	Scott HALSTED	Bracknell AC	03:58.52	Q
5	627	Liam DEE	Shaftesbury Barnet Harriers	03:58.57	
6	677	Thomas GEORGE	Gloucester AC	03:59.18	
7	607	Jack CRABTREE	Sale Harriers Manchester	03:59.27	
8	945	Jordan ROWE	Colchester Harriers	04:05.00	
9	693	James GOWANS	Cornell University	03:59.99	
10	1021	Nicholas TUCK	USA	04:00.99	
11	580	Callum CHARLESTON	Chelmsford AC	04:02.99	
12	1000	Ross TENNANT	Ipswich Harriers	04:06.05	

Heat 2	BIB	ATHLETE	CLUB	PERF	
1	1067	Shaun WYLLIE	Bracknell AC	03:55.47	Q
2	667	Robbie FITZGIBBON	Brighton Phoenix	03:55.68	Q
3	676	Alex GEORGE	Gloucester AC	03:55.77	Q
4	611	Phillip CROUT	Shaftesbury Barnet Harriers	03:56.02	Q
5	605	John COVE	Cardiff AAC	03:56.44	q
6	692	Neil GOURLEY	Glasgow City	03:57.25	q
7	821	Gavin MCARDLE	Kilbarchan AAC	03:57.38	q
8	1042	James WEST	Tonbridge AC	03:57.74	q
9	1034	Ben WATSON	Aldershot Farnham & Dist AC	04:00.82	
10	824	James MCCARTHY	Chiltern Harriers AC	04:04.14	
11	664	Cameron FIELD	Warrington AC	04:08.37	

11:30 T6 U23 Men 1500m Straight Final

CBP: James Shane, Newham & Essex Beagles, 3:40.44, 2011

UK Best : Steve Cram, Jarrow & H, 3:33.66, 1982

Posn	BIB	ATHLETE	CLUB	PERF
1	893	Will PAULSON	Stroud AC	03:51.33
2	989	Daniel STUDLEY	Bristol & West AC	03:51.67
3	624	Jonathan DAVIES	Reading AC	03:52.72
4	1032	Michael WARD	Cardiff AAC	03:52.78
5	635	Elliott DOREY	Jersey Spartan Athletics	03:53.28
6	557	Cameron Ross BOYEK	Central AC	03:53.43
7	933	Thomas RICHARDSON	Basildon AC	03:54.31
8	581	Daniel CHEESEMAN	City of York AC	03:54.50
9	591	Dale CLUTTERBUCK	St Mary's College	03:55.40
10	663	Stuart FERGUSON	Radley AC	03:56.34
11	796	Lewis LLOYD	Herne Hill Harriers	03:56.65
12	1050	Jack WILLIAMS	Reading AC	03:56.93
13	960	Ed SHEPHERD	Woodford Green & Essex L	03:57.14
14	595	Dale COLLEY	Central AC	03:57.59
15	1019	Joshua TRIGWELL	Exeter Harriers	03:58.75
16	805	Stephen MACKAY	Inverness Harriers AAC	03:58.99
17	575	Josh CARR	Worcester AC	04:04.45
18	715	Michael HARRISON	Bedford & County AC	04:05.15

11:45 T7 U20 Men 100m Heats

CBP: Christian Malcolm, Cardiff AAC, 10.17, 1998, Tyrone Edgar, WG & EL, 10.17, 2001

UK Best : Adam Gemili, Blackheath & Bromley, 10.05, 2012

Heat 1	BIB	ATHLETE	CLUB	W/s: +2.2 m/s	
1	561	Oliver BROMBY	Southampton AC	10.57	Q
2	657	Theo ETIENNE	Hercules Wimbledon AC	10.66	Q
3	846	Max MONDELLI	Hercules Wimbledon AC	10.70	Q
4	710	Jermaine HAMILTON	Orion Harriers	10.75	q
5	832	Reece MCLAWRENCE	South London Harriers	10.86	q
6	636	Luke DORRELL	Aldershot Farnham & Dist AC	10.92	
7	1015	Nathan TOGUN	Birchfield Harriers	10.98	
DNF	639	Caleb DOWNES	Rugby & Northampton AC		

Heat 2	BIB	ATHLETE	CLUB	W/s: +2.7 m/s	
1	650	Ojie EDOBURUN	Shaftesbury Barnet Harriers	10.39	Q
2	908	Marvin POPOOLA	Herne Hill Harriers	10.47	Q
3	876	James OLASUNKANMI	Thames Valley H	10.77	Q
4	603	Eliot COPPERWHITE	Dacorum & Tring AC	10.83	q
5	1030	Daniel WALSH	Longwood AC	10.89	
6	931	Myles RICHARDSON	Basingstoke & Mid Hants AC	11.07	
7	836	Toby MELVILLE	Nuneaton Harriers	11.18	
8	881	Clinton OSOBA-GEORGE	Rugby & Northampton AC	11.49	

Heat 3	BIB	ATHLETE	CLUB	W/s: +4.3 m/s	
1	965	Owin SINCLAIR	Charnwood AC	10.58	Q
2	922	Jay RARADZA	Derby AC	10.63	Q
3	570	Leroy CAIN	Thames Valley H	10.74	Q
4	888	Kyal PALMER-FRANCIS	Orion Harriers	10.87	q
5	784	Jack LAWRENCE	Birchfield Harriers	10.87	
6	622	Anax DASILVA	Cardiff AAC	10.89	
7	1065	Kane WRIGHT	Nene Valley Harriers	10.90	
8	871	Michael OHIOZE	USA	11.07	

Heat 4	BIB	ATHLETE	CLUB	W/s: -	
1	518	Reuben ARTHUR	Enfield & Haringey AC	10.46	Q
2	630	Joseph DEWAR	Woodford Green & Essex L	10.61	Q
3	1002	Adam THOMAS	Bracknell AC	10.80	Q
4	880	Liam ORMES	Highgate Harriers AC	10.91	
5	582	Piers CHEN	Bath University	10.96	
6	510	Jason AMARTEY	Southampton AC	11.04	
7	913	Elliott PRENDERGAST	Bristol & West AC	11.28	

12:15 T8 U20 Women 100m Heats

CBP: Jodie Williams, Herts Phoenix, 11.28, 2010

UK Best : Jodie Williams, Herts Phoenix, 11.18, 2011

Heat 1	BIB	ATHLETE	CLUB	W/s: +3.2 m/s	
1	16	Shannon HYLTON	Blackheath & Bromley AC	11.54	Q
2	19	Shannon MALONE	Deeside AAC	11.86	Q
3	3	Remy BARRETT	Solihull & Small Heath AC	11.89	Q
4	5	Amelia BENJAMIN	Birchfield Harriers	12.09	q
5	21	Tamarah MILLER	Birmingham Running & Triathlon Club	12.21	
6	6	Venus BENJAMIN-MACLEAN	Thames Valley H	12.51	
7	28	Katie-Jane PRIEST	Newport Harriers		

Heat 2	BIB	ATHLETE	CLUB	W/s: +2.5 m/s	
1	14	Desiree HENRY	Enfield & Haringey AC	11.35	Q
2	20	Clíodhna MANNING	Eire (Ireland)	11.94	Q
3	92	Finette AGYAPONG	Newham & Essex Beagles AC	11.99	Q
4	8	Gabi BURTON	Cannock & Stafford AC	12.10	q
5	30	Anna SHORT	Brighton & Hove City AC	12.11	
6	29	Sophie RILEY	Loughborough Students AC	12.48	
7	34	Lois WAKNELL	Radley AC	12.61	

Heat 3	BIB	ATHLETE	CLUB	W/s: +3.5 m/s	
1	2	Dina ASHER-SMITH	Blackheath & Bromley AC	11.17	Q
2	22	Lukesha MORRIS	Windsor Slough Eton & H	11.72	Q
3	17	Charlotte JONES	Birchfield Harriers	11.85	Q
4	7	Tayla BRADE	Thames Valley H	11.90	q
5	13	Roisin HARRISON	Eire (Ireland)	12.14	
6	31	Catherine SMITH	Tamworth AC	12.30	
7	1	Stephanie ADDISON	Gateshead Harriers	12.43	

Heat 4	BIB	ATHLETE	CLUB	W/s:	
1	18	Imani LANSIQUOT	Sutton & Dist AC	11.76	Q
2	11	Kristie EDWARDS	City of Sheffield AC	11.87	Q
3	12	Page FAIRCLOUGH	Stevenage & North Herts AC	11.97	Q
4	25	Vivien OLATUNJI	Blackheath & Bromley AC	12.05	q
5	15	Lily HUGHES	Nene Valley Harriers	12.28	
6	26	Ruth ONYEKWE	Cambridge Harriers	12.30	

12:40 T9 U23 Men 400m Heats

CBP: Nigel Levine, Windsor Slough Eton & Hounslow AC, 45.85, 2011
UK Best : David Grindley, Wigan, 44.47, 1992

Heat 1	BIB	ATHLETE	CLUB	PERF	
1	801	Greg LOUDEN	Lasswade AAC	47.97	Q
2	535	Sam BEDFORD	Wells City	48.16	Q
3	569	Christian BYRON	Birchfield Harriers	48.35	
4	538	Alex BELL	Cambridge Harriers	48.63	
5	679	Larry GIBSON	Cornell University	49.12	
6	770	Ben KIELY	Ferrybank AC	49.71	
7	750	Reece INGLEY	Trafford AC	49.89	
8	969	Jarrold SKERVIN	Notts AC	50.21	

Heat 2	BIB	ATHLETE	CLUB	PERF	
1	873	Efekemo OKORO	Birchfield Harriers	47.39	Q
2	942	Callum ROUGHNEEN	Sale Harriers Manchester	48.84	Q
3	974	Oliver SMITH	Chichester Runners & AC	48.92	
4	653	Michael EDWARDS	Enfield & Haringey AC	48.93	
5	599	Matthew CONSTABLE	Ipswich Harriers	49.02	
6	878	Francisco OLLOQUI	Cornell University	50.98	
7	680	Tom GIFFORD	Colchester & Tendering AC	51.24	

Heat 3	BIB	ATHLETE	CLUB	PERF	
1	769	Sadam KHOUMI	Birchfield Harriers	47.09	Q
2	520	Clovis ASONG	Sale Harriers Manchester	47.87	Q
3	556	Alex BOYCE	Liverpool Harriers & AC	47.94	q
4	772	Jake KING	Southend on Sea AC	48.30	q
5	826	Adam MCCOMB	North Down AC	48.90	
6	928	Jonathan RENDELL	Dacorum & Tring AC	49.48	
7	952	Paul SCANLAN	Woodford Green & Essex L	50.31	

13:05 T10 U23 Women 400m Heats

CBP: Christine Ohuruogu, Newham & Essex Beagles, 52.43, 2005
UK Best : Christine Ohuruogu, Newham & Essex Beagles, 50.28, 2006

Heat 1	BIB	ATHLETE	CLUB	PERF	
1	166	Zoey CLARK	Thames Valley H	54.09	Q
2	118	Udeme AKPAETE	USA	54.29	Q
3	267	Jessie KNIGHT	Herne Hill Harriers	54.65	Q
4	110	Ann IKA-OQUA	Wolverhampton & Bilston AC	55.28	q
5	236	Rachel HLATKY	USA	58.21	
6	227	Taylor HENNIG	USA	58.70	

Heat 2	BIB	ATHLETE	CLUB	PERF	
1	333	Victoria OHURUOGU	Newham & Essex Beagles AC	53.90	Q
2	185	Rachel DICKENS	Blackheath & Bromley AC	55.49	Q
3	415	Deborah WILLIS	Notts AC	56.53	Q
4	116	Megan AITCHISON	Aldershot Farnham & Dist AC	57.06	q
5	280	Jodie LESLIE	Dartford Harriers AC	58.66	
DNS	270	Zena KOLLIESUAH	Cornell University		

13:20 T11 U20 Men 400m Heats

CBP: Mark Richardson, Windsor Slough Eton & Hounslow, 45.72, 1991

UK Best : Martyn Rooney, Croydon Harriers, 45.35, 2006

Heat 1	BIB	ATHLETE	CLUB	PERF	
1	898	Nicholas PETROU	Leeds City AC	48.41	Q
2	523	Scott ATKINSON	Loughborough Students AC	49.25	Q
3	658	Josh EVANS	Yate AC	49.65	Q
4	808	Sam MALPASS	Ilford AC	50.26	
5	1055	George WILSON	Gateshead Harriers	50.30	
6	719	Sam HAZEL	Luton AC	50.73	
7	724	Liam HEBBLETHWAITE	City of Stoke AC	51.19	
8	979	Kim SOBOTIE	Stevenage & North Herts AC	54.36	

Heat 2	BIB	ATHLETE	CLUB	PERF	
1	946	Elliot RUTTER	Birchfield Harriers	48.31	Q
2	860	Jacob NESS	City of Salisbury AC	48.42	Q
3	835	Andrew MELLON	North Down AC	49.44	Q
4	885	Freddie OWSLEY	Bristol & West AC	49.91	q
5	697	Daniel GRAY	Kingston Upon Hull AC	49.94	
6	632	Dylan DOGGETT	Cambridge & Coleridge AC	50.29	
7	848	Alex MORRIS	Leicester Coritanian AC	51.04	
8	1004	Lamiko THOMAS	Sale Harriers Manchester	51.93	

Heat 3	BIB	ATHLETE	CLUB	PERF	
1	976	Benjamin SNAITH	Enfield & Haringey AC	48.93	Q
2	925	Joseph REID	Manx Harriers	49.39	Q
3	867	Dereece O'CALLAGHAN	Shaftesbury Barnet Harriers	49.61	Q
4	978	William SNOOK	Harlow AC	49.79	q
5	830	Evan MCGUIRE	Ireland	49.88	q
6	600	Shaun COOKE	Sutton & Dist AC	50.01	
7	760	Matthew JONES	Blackheath & Bromley AC	50.59	
8	899	Nathan PHILLIPS	Swansea Harriers	52.91	

Heat 4	BIB	ATHLETE	CLUB	PERF	
1	610	Jack CROSBY	Middlesbrough AC (Mandale)	48.86	Q
2	932	Owen RICHARDSON	Basingstoke & Mid Hants AC	49.35	Q
3	547	Sebastian BLANCH	Newport Harriers	49.65	Q
4	736	Elliot HOLLAND	City of Norwich AC	49.70	q
5	1072	Ronnie YOUNG	Southampton AC	50.07	
6	1054	Elliot WILSON	Rotherham Harriers & AC	50.08	
7	597	Thomas CONANT	Corby AC	50.80	

13:45 T12 U20 Women 400m Heats

CBP: Katie Kirk, Lagan Valley AC, 53.69, 2011

UK Best : Linsey Macdonald, Pitreavie AC, 51.16, 1980

Heat 1	BIB	ATHLETE	CLUB	PERF	
1	246	Cheriece HYLTON	Blackheath & Bromley AC	54.59	Q
2	136	Lily BECKFORD	London Heathside Runners	54.89	Q
3	382	Kelsey STEWART	Aberdeen AAC	55.02	Q
4	324	Laviai NIELSEN	Enfield & Haringey AC	55.47	q
5	369	Lauren RULE	Stevenage & North Herts AC	57.61	
6	325	Lina NIELSEN	Enfield & Haringey AC	58.58	

Heat 2	BIB	ATHLETE	CLUB	PERF	
1	128	Sabrina BAKARE	Shaftesbury Barnet Harriers	54.55	Q
2	142	Loren BLEAKEN	Team Bath AC	54.64	Q
3	159	Nikita CAMPBELL-SMITH	Birchfield Harriers	54.66	Q
4	183	Alice DESFORGES	Rushcliffe AC	55.99	q
5	412	Eve WILLIAMS	Cwmbran Harriers	57.46	

14:00 T13 U20 Men 3000m Straight Final

CBP: Paul Davies-Hale, C annock & Staffs, 1981, 7:59.55

UK Best : Jon Richards, Cornwall AC, 1983, 7:48.38

Posn	BIB	ATHLETE	CLUB	PERF
1	1060	Kieran WOOD	Cambridge & Coleridge AC	08:15.10
2	738	Jac HOPKINS	Swansea Harriers	08:18.72
3	607	Jack CRABTREE	Sale Harriers Manchester	08:21.94
4	944	Jack ROWE	Aldershot Farnham & Dist AC	08:27.59
5	807	Euan MAKEPEACE	Charnwood AC	08:31.45
6	1012	Ryan THOMSON	Ronhill Cambuslang Harriers	08:32.10
7	1062	Adam WRIGHT	Cambridge Harriers	08:33.57
8	1066	Jack WYLLIE	Aldershot Farnham & Dist AC	08:39.58
9	833	Declan MCMANUS	Worcester AC	08:40.87
10	673	William FULLER	Blackheath & Bromley AC	08:43.06
11	741	Bertie HOUGHTON	Doncaster AC	08:44.37
12	558	Ben BRADLEY	Aldershot Farnham & Dist AC	08:46.56
13	753	Jonathan JANES	Bedford & County AC	08:51.91

14:15 T14 U23 Men 800m Heats

CBP: Richard Hill, Notts AC, 1:47.59, 2007

UK Best : Sebastian Coe, Haringey AC, 1:43.97, 1978

Heat 1	BIB	ATHLETE	CLUB	PERF	
1	806	Andrew MAGAHA	USA	01:51.45	Q
2	1041	Will WEINLANDT	Cornell University	01:52.93	Q
3	1036	Tom WATSON	Central AC	01:53.01	Q
4	532	David BANWELL-CLODE	Swansea Harriers	01:53.52	q
5	869	Josh OGUNTAYO	Sale Harriers Manchester	01:54.04	q
6	714	Neville HARRIS	Sutton & Dist AC	01:54.16	
7	649	Tom EARLEY	Colwyn Bay	01:55.98	
8	844	Bashir MOHAMED	Thames Valley H	01:58.31	

Heat 2	BIB	ATHLETE	CLUB	PERF	
1	1038	Jamie WEBB	Liverpool Harriers & AC	01:53.18	Q
2	544	Luke BETTS	Sale Harriers Manchester	01:53.40	Q
3	612	Zak CURRAN	Windsor Slough Eton & H	01:53.92	Q
4	629	Massi DENDANI	Bedford & County AC	01:54.59	
5	537	Mato BEKELJA	USA	01:54.60	
6	703	Dan GURTON	Woodford Green & Essex L	01:55.37	
7	815	Dudley MASON	Southampton AC	01:56.19	
8	948	Harry SAMUEL	Cornwall AC	01:58.42	

14:30 T15 U20 Men 800m Heats

CBP: Niall Brooks, Sale Harriers, 1:47.29, 2010

UK Best : David Sharpe, Jarrow & Hebburn AC, 1:45.64, 1986

Heat 1	BIB	ATHLETE	CLUB	PERF	
1	549	Theo BLUNDELL	Birchfield Harriers	01:53.25	Q
2	923	Louis RAWLINGS	Cambridge & Coleridge AC	01:53.86	Q
3	669	Hugo FLEMING	Walton AC	01:54.26	Q
4	997	Patrick TAYLOR	Vale of Aylesbury AC	01:55.07	q
5	686	Michael GODDARD	Chiltern Harriers AC	01:55.29	q
6	1029	Daniel WALLIS	Guildford & Godalming AC	01:55.59	
7	958	Hizam SHEEKH	Rugby & Northampton AC	01:55.72	
8	762	Samuel JONES	St Albans AC	01:55.78	
9	940	Calum ROOTS	Guildford & Godalming AC	01:55.86	

Heat 2	BIB	ATHLETE	CLUB	PERF	
1	579	Dominic CHAMBERS	Derby AC	01:54.08	Q
2	1048	Greg WILLIAMS	Inverclyde AC	01:54.25	Q
3	870	Joseph O'HARA	Bexley AC	01:54.87	Q
4	934	Dylan RIGBY	Invicta East Kent AC	01:55.41	
5	957	Matthew SEDDON	Bracknell AC	01:56.66	
6	517	Nick ARMSTRONG	Bexley AC	01:56.72	
7	863	Ted NTBAZONKIZA	Shaftesbury Barnet Harriers	01:57.44	
8	613	Jonathan CURRIE	Tynedale Harriers & AC	01:57.87	
9	559	Jordan BRANSBERG	Skyrac AC	02:00.02	

Heat 3	BIB	ATHLETE	CLUB	PERF	
1	778	Kyle LANGFORD	Shaftesbury Barnet Harriers	01:55.22	Q
2	592	Timothy COBDEN	Cambridge & Coleridge AC	01:55.49	Q
3	1074	Ben ROCHFORD	Shaftesbury Barnet Harriers	01:55.57	Q
4	943	Daniel ROWDEN	Woodford Green & Essex L	01:55.61	
5	791	Rhys LEWIS	Luton AC	01:55.85	
6	1063	Adam WRIGHT	Rugby & Northampton AC	01:56.63	
7	853	Finlay MURRAY	East Sutherland AC	01:57.03	
8	950	James SAXTON	Wakefield & District H & AC	01:57.09	
DNS	765	Daniel KELLAND	City of Plymouth AC		

Heat 4	BIB	ATHLETE	CLUB	PERF	
1	845	Sean MOLLOY	Tonbridge AC	01:53.20	Q
2	1044	Max WHARTON	Halifax Harriers & AC	01:53.27	Q
3	718	Lewis HAYES	Kettering Town Harriers	01:53.34	Q
4	1056	Michael WILSON	Sunderland Harriers & AC	01:53.60	q
5	701	Scott GREEVES	City of Norwich AC	01:54.35	q
6	687	Jack GOOCH	Cardiff AAC	01:56.27	
7	988	Robert STROUD	Birchfield Harriers	01:58.11	
8	533	Jeremy BARNES	Coventry Godiva H	02:05.19	

15:00 T16 U20 Men 100m Semi Finals

CBP: Christian Malcolm, Cardiff AAC, 10.17, 1998, Tyrone Edgar, WG & EL, 10.17, 2001
UK Best : Adam Gemili, Blackheath & Bromley, 10.05, 2012

Heat 1	BIB	ATHLETE	CLUB	W/s: -0.5 m/s	
1	650	Ojie EDOBURUN	Shaftesbury Barnet Harriers	10.48	Q
2	908	Marvin POPOOLA	Herne Hill Harriers	10.51	Q
3	657	Theo ETIENNE	Hercules Wimbledon AC	10.70	Q
4	965	Owin SINCLAIR	Charnwood AC	10.74	q
5	846	Max MONDELLI	Hercules Wimbledon AC	10.93	
6	710	Jermaine HAMILTON	Orion Harriers	10.94	
7	888	Kyal PALMER-FRANCIS	Orion Harriers	11.06	
DNS	1002	Adam THOMAS	Bracknell AC		

Heat 2	BIB	ATHLETE	CLUB	W/s: +1.1 m/s	
1	518	Reuben ARTHUR	Enfield & Haringey AC	10.44	Q
2	922	Jay RARADZA	Derby AC	10.61	Q
3	630	Joseph DEWAR	Woodford Green & Essex L	10.63	Q
4	561	Oliver BROMBY	Southampton AC	10.68	q
5	570	Leroy CAIN	Thames Valley H	10.85	
6	832	Reece MCLAWRENCE	South London Harriers	10.90	
7	603	Eliot COPPERWHITE	Dacorum & Tring AC	10.91	
8	876	James OLASUNKANMI	Thames Valley H	11.16	

15:15 T17 U20 Women 100m Semi Finals

CBP: Jodie Williams, Herts Phoenix, 11.28, 2010
UK Best : Jodie Williams, Herts Phoenix, 11.18, 2011

Heat 1	BIB	ATHLETE	CLUB	W/s: +1.5 m/s	
1	2	Dina ASHER-SMITH	Blackheath & Bromley AC	11.21	Q
2	18	Imani LANSIQUOT	Sutton & Dist AC	11.77	Q
3	22	Lukasha MORRIS	Windsor Slough Eton & H	11.78	Q
4	7	Tayla BRADE	Thames Valley H	11.88	q
5	17	Charlotte JONES	Birchfield Harriers	11.93	
6	92	Finette AGYAPONG	Newham & Essex Beagles AC	12.01	
7	20	Clíodhna MANNING	Eire (Ireland)	12.02	
8	8	Gabi BURTON	Cannock & Stafford AC	12.44	

Heat 2	BIB	ATHLETE	CLUB	W/s: +1.8 m/s	
1	14	Desiree HENRY	Enfield & Haringey AC	11.37	Q
2	16	Shannon HYLTON	Blackheath & Bromley AC	11.59	Q
3	11	Kristie EDWARDS	City of Sheffield AC	11.75	Q
4	19	Shannon MALONE	Deeside AAC	11.78	q
5	3	Remy BARRETT	Solihull & Small Heath AC	11.93	
6	12	Page FAIRCLOUGH	Stevenage & North Herts AC	11.94	
7	25	Vivien OLATUNJI	Blackheath & Bromley AC	12.04	
8	5	Amelia BENJAMIN	Birchfield Harriers	12.12	

15:30 T18 U23 Men 100m Heats

CBP: Adam Gemili, Blackheath & Bromley AC, 10.09, 2013

UK Best : Chijindu Ujah, Enfield & Haringey, 9.96, 2014

Heat 1	BIB	ATHLETE	CLUB	W/s: +3.1 m/s	
1	968	Elijah SKERVIN	Notts AC	10.29	Q
2	984	Ben STEPHENSON	Middlesbrough AC (Mandale)	10.53	Q
3	956	Jack SEDDON	Sale Harriers Manchester	10.82	
4	998	Richard TAYLOR	Loughborough Students AC	10.83	
5	970	Timmion SKERVIN	Notts AC	10.85	
6	1028	Dannish WALKER-KHAN	Birchfield Harriers	10.87	
7	825	Justin MCCOLLIN	Cornell University	11.00	
8	536	Tyrone BEHARI JNR	Enfield & Haringey AC	11.08	

Heat 2	BIB	ATHLETE	CLUB	W/s: +1.5 m/s	
1	711	Dewi HAMMOND	Cardiff AAC	10.48	Q
2	516	Ransford ANTHONY	Doncaster AC	10.65	Q
3	530	Scott BAJERE	Bristol & West AC	10.69	q
4	919	Imran RAHMAN	City of Sheffield AC	10.71	
5	1082	Lemar FRECKLETON	Cardiff AAC	10.89	
6	929	Jamal RHODEN-STEVENSON	Herne Hill Harriers	10.99	
7	877	Peter OLIVER	Bath University	10.99	
8	868	Olutobi OGUNDIPE	Loughborough Students AC	11.13	

Heat 3	BIB	ATHLETE	CLUB	W/s: +1.8 m/s	
1	619	Kieran DALY	Blackheath & Bromley AC	10.28	Q
2	963	Ben SHIELDS	City of Sheffield AC	10.56	Q
3	1051	Kyron WILLIAMS	Enfield & Haringey AC	10.58	q
4	865	Daniel OBENG	Loughborough Students AC	10.71	
5	1075	Giziel LIMA	Birmingham Running & Triathlon Club	10.73	
6	901	Yannick PHIPPEN	Birchfield Harriers	10.77	
7	866	Michael OBIRI-DARKO	Ealing Southall & Middlesex	10.93	
8	1013	Jordan THURSTON	Hillingdon AC	11.12	

15:45 T19 U23 Women 100m Heats

CBP: Abiodun Oyepitan, Shaftesbury Barnet Harriers, 11.17, 2001

UK Best : Montell Douglas, Blackheath & B, 11.05, 2008

Heat 1	BIB	ATHLETE	CLUB	W/s: +4.4 m/s	
1	424	Annie TAGOE	Thames Valley H	11.45	Q
2	47	Marilyn NAWAWULOR	Harrow AC	11.71	Q
3	46	Sarah MURRAY	Ireland	11.85	q
4	49	Grace SHEPPARD	Blackheath & Bromley AC	12.03	
5	44	Lucy MANSFIELD	Blackpool Wyre & Fylde AC	12.11	
DNS	50	Maegan TAYLOR	Kingston Upon Hull AC		

Heat 2	BIB	ATHLETE	CLUB	W/s: +2.3 m/s	
1	43	Katarina JOHNSON THOMPSON	Liverpool Harriers & AC	11.36	Q
2	38	Kathryn CHRISTIE	Edinburgh AC	11.80	Q
3	52	Charlotte WINGFIELD	Cardiff AAC	11.94	q
4	41	Melisa HANSON	Birchfield Harriers	11.98	
5	39	Emily DE BEAUX	Guildford & Godalming AC	12.29	
6	53	Katy WYPER	Blackpool Wyre & Fylde AC	12.32	

Heat 3	BIB	ATHLETE	CLUB	W/s: +2.0 m/s	
1	48	Sophie PAPPS	Windsor Slough Eton & H	11.60	Q
2	51	Steffi WILSON	Shaftesbury Barnet Harriers	12.03	Q
3	40	Jessica FOX	Cambridge & Coleridge AC	12.27	
4	36	Princess Lydia ALI	USA	12.31	
5	37	Olivia CALLAGHAN	Sale Harriers Manchester	12.38	

16:00 T20 U23 Men 5000m Straight Final

CBP:

UK Best : Tom Farrell, Border Harriers, 2012, 13:15.31

Posn	BIB	ATHLETE	CLUB	PERF
1	717	Jonathan HAY	Aldershot Farnham & Dist AC	14:35.32
2	747	Charlie HULSON	Sale Harriers Manchester	14:36.96
3	542	Matthew BERGIN	Bedford & County AC	14:39.44
4	786	Matt LEACH	Bedford & County AC	14:43.52
5	698	Jack GRAY	Birmingham Running & Triathlon Club	14:46.98
6	643	Alex DUNBAR	City of Norwich AC	14:50.15
7	1011	Paul THOMPSON	Birmingham Running & Triathlon Club	14:58.24
8	694	Joshua GRACE	Aldershot Farnham & Dist AC	15:00.78
9	802	Toby LOVERIDGE	Liverpool Pembroke & Sefton H	15:02.94
10	566	Josh BULL	Derby AC	15:09.20
11	858	Dan NASH	Cardiff University	15:09.67
12	545	Karl BILLINGTON	Blackburn Harriers & AC	15:17.46
13	689	Alex GOODALL	Windsor Slough Eton & H	15:21.59
14	641	Ryan DRISCOLL	Tonbridge AC	15:30.60
15	800	Ollie LOCKLEY	Manx Harriers	15:34.87
16	578	Ash CHAMBERS	Liverpool Harriers & AC	16:15.17
DNF	508	Jacob ALLEN	Rugby & Northampton AC	

16:15 T21 U20 Women 800m Heats

CBP: Laura Finucane, Pendle AC, 2:03.73, 2004

UK Best : Charlotte Penfold, Bournemouth AC, 1:59.75, 2002

Heat 1	BIB	ATHLETE	CLUB	PERF	
1	187	Kaylee DODD	Basildon AC	02:10.37	Q
2	161	Charlotte CAYTON-SMITH	Cornwall AC	02:10.67	Q
3	254	Chelsea JARVIS	Stockport Harriers & AC	02:10.84	Q
4	140	Sophie BILLINGTON	Luton AC	02:11.52	q
5	228	Abbie HETHERINGTON	Border Harriers & AC	02:12.57	q
6	175	Rebecca CROFT	Windsor Slough Eton & H	02:12.85	
7	129	Ellie BAKER	Chelmsford AC	02:13.11	
8	209	Kathryn GILLESPIE	Central AC	02:18.11	
9	403	Danielle WEBB	Liverpool Harriers & AC	02:19.03	

Heat 2	BIB	ATHLETE	CLUB	PERF	
1	176	Aislinn CROSSEY	Ireland	02:11.04	Q
2	283	Molly LONG	Bristol & West AC	02:11.34	Q
3	275	Alanna LALLY	Ireland	02:11.73	Q
4	163	Rosie CHAMBERLAIN	Exeter Harriers	02:13.08	
5	343	Hollie PARKER	Cambridge & Coleridge AC	02:13.76	
6	375	Mari SMITH	Leicester Coritanian AC	02:14.36	
7	367	Caelidh ROSS	Leicester Coritanian AC	02:15.45	
8	263	Gabrielle KINNEY	Royal Sutton Coldfield	02:16.43	
9	373	Hannah SEGRAVE	Middlesbrough AC (Mandale)	02:22.43	

16:30 T22 U23 Women 800m Heats

CBP: Tara Bird, Woodford Green w Essex Ladies, 2:03.00, 2009

UK Best : Christina Boxer, Aldershot F & D, 1:59.05, 1986

Heat 1	BIB	ATHLETE	CLUB	PERF	
1	387	Hanna TARVER	Edinburgh AC	02:06.00	Q
2	150	Katy BROWN	Stewartry AC	02:06.10	Q
3	138	Georgia BELL	Shaftesbury Barnet Harriers	02:06.13	Q
4	413	Jade WILLIAMS	Amman Valley	02:06.29	q
5	200	Caroline FORD	Cambridge Harriers	02:12.55	
6	143	Lois BOND	Windsor Slough Eton & H	02:12.91	
7	411	Elyse WILKINSON	Cornell University	02:14.29	

Heat 2	BIB	ATHLETE	CLUB	PERF	
1	137	Alexandra BELL	Pudsey & Bramley AC	02:06.71	Q
2	264	Katie KIRK	Lagan Valley AC	02:06.88	Q
3	132	Leah BARROW	Windsor Slough Eton & H	02:07.48	Q
4	295	Rachel MCCLAY	Bracknell AC	02:07.53	q
5	376	Sally SMITH	Wakefield & District H & AC	02:08.93	
6	192	Hannah EDWARDS	Herne Hill Harriers	02:10.96	

16:40 T23 U20 Men 400m Semi Finals

CBP: Mark Richardson, Windsor Slough Eton & Hounslow, 45.72, 1991

UK Best : Martyn Rooney, Croydon Harriers, 45.35, 2006

Heat 1	BIB	ATHLETE	CLUB	Perf	
1	946	Elliot RUTTER	Birchfield Harriers	47.14	Q
2	976	Benjamin SNAITH	Enfield & Haringey AC	48.15	Q
3	925	Joseph REID	Manx Harriers	48.27	Q
4	860	Jacob NESS	City of Salisbury AC	48.57	q
5	835	Andrew MELLON	North Down AC	48.73	q
6	547	Sebastian BLANCH	Newport Harriers	48.80	
7	885	Freddie OWSLEY	Bristol & West AC	49.98	
8	736	Elliot HOLLAND	City of Norwich AC	50.42	

Heat 2	BIB	ATHLETE	CLUB	Perf	
1	610	Jack CROSBY	Middlesbrough AC (Mandale)	47.55	Q
2	898	Nicholas PETROU	Leeds City AC	47.85	Q
3	932	Owen RICHARDSON	Basingstoke & Mid Hants AC	48.49	Q
4	523	Scott ATKINSON	Loughborough Students AC	48.75	
5	658	Josh EVANS	Yate AC	49.52	
6	867	Dereece O'CALLAGHAN	Shaftesbury Barnet Harriers	49.80	
7	978	William SNOOK	Harlow AC	49.97	
DNS	830	Evan MCGUIRE	Ireland		

16:55 T24 U23 Women 1500m Straight Final

CBP: Lisa Dobriskey, Ashford AC, 4:16.96, 2003

UK Best : Zola Budd, Aldershot, Farnham & District AC, 4:01.93, 1986

Posn	BIB	ATHLETE	CLUB	PERF
1	173	Melissa COURTNEY	Shaftesbury Barnet Harriers	04:18.32
2	262	Gemma KERSEY	Basildon AC	04:20.07
3	315	Madeleine MURRAY	Edinburgh AC	04:20.86
4	401	Jennifer WALSH	Wakefield & District H & AC	04:22.96
5	171	Sophie CONNOR	Shaftesbury Barnet Harriers	04:23.81
6	398	Katherine TURNER	Team Bath AC	04:24.86
7	378	Rachel SORNA	Cornell University	04:26.15
8	410	Cleo WHITING	USA	04:28.33
9	243	Emily HOSKER-THORNHILL	Aldershot Farnham & Dist AC	04:30.13
10	206	Elyssa GENSIB	USA	04:30.65
11	364	Nicole ROBERTS	Birchfield Harriers	04:30.98
12	309	Emma MITCHELL	Aldershot Farnham & Dist AC	04:32.21
13	123	Tamara ARMOUSH	Birchfield Harriers	04:37.57
14	224	Lucy HAYES	City of Stoke AC	04:41.31

17:05 T25 U20 Women 1500m Straight Final

CBP: Hannah England, Oxford City AC, 4:17.31, 2006

UK Best : Zola Budd, Aldershot, Farnham & District AC, 3:59.96, 1985

Posn	BIB	ATHLETE	CLUB	PERF
1	215	Amy GRIFFITHS	Aldershot Farnham & Dist AC	04:18.88
2	168	Bobby CLAY	Invicta East Kent AC	04:20.03
3	399	Lydia TURNER	Birtley AC	04:24.52
4	258	Rosie JOHNSON	Liverpool Pembroke & Sefton H	04:24.93
5	240	Gemma HOLLOWAY	Thurrock Harriers AC	04:25.60
6	169	Siofra CLEIRIGH - BUTTNER	Ireland	04:27.03
7	338	Georgina OUTTEN	Birchfield Harriers	04:27.68
8	327	Hannah NUTTALL	Charnwood AC	04:30.52
9	218	Lydia HALLAM	Havering Mayesbrook AC	04:33.11
10	348	Stephie PENNYCOOK	Fife Athletics Club	04:33.86
11	331	Mia O'CONNELL	Cheltenham Harriers	04:34.07
12	320	Jennifer NESBITT	Worcester AC	04:34.93
13	388	Sophie TARVER	Wirral AC	04:35.74
14	310	Ashley MONTGOMERY	USA	04:37.65
15	372	Kate SEARY	Cardiff AAC	04:37.79
16	195	Ella FENNELLY	Ireland	04:42.26
17	145	Isabel BRADLEY	Telford AC	04:43.91
18	405	Ellie WELCH	Corby AC	04:49.16

17:15 T26 U23 Men 100m Final

CBP: Adam Gemili, Blackheath & Bromley AC, 10.09, 2013

UK Best : Chijindu Ujah, Enfield & Haringey, 9.96, 2014

Posn	BIB	ATHLETE	CLUB	W/s: +1.4 m/s
1	619	Kieran DALY	Blackheath & Bromley AC	10.18
2	711	Dewi HAMMOND	Cardiff AAC	10.35
3	984	Ben STEPHENSON	Middlesbrough AC (Mandale)	10.52
4	516	Ransford ANTHONY	Doncaster AC	10.56
5	1051	Kyron WILLIAMS	Enfield & Haringey AC	10.57
6	963	Ben SHIELDS	City of Sheffield AC	10.61
7	530	Scott BAJERE	Bristol & West AC	10.62
DQ	968	Elijah SKERVIN	Notts AC	Rule: 162.7

17:20 T27 U20 Men 100m Final

CBP: Christian Malcolm, Cardiff AAC, 10.17, 1998, Tyrone Edgar, WG & EL, 10.17, 2001

UK Best : Adam Gemili, Blackheath & Bromley, 10.05, 2012

Posn	BIB	ATHLETE	CLUB	W/s: +2.9 m/s
1	518	Reuben ARTHUR	Enfield & Haringey AC	10.36
2	908	Marvin POPOOLA	Herne Hill Harriers	10.47
3	965	Owin SINCLAIR	Charnwood AC	10.53
4	922	Jay RARADZA	Derby AC	10.60
5	630	Joseph DEWAR	Woodford Green & Essex L	10.70
DQ	650	Ojie EDOBURUN	Shaftesbury Barnet Harriers	Rule: 162.7
DNS	561	Oliver BROMBY	Southampton AC	
DNS	657	Theo ETIENNE	Hercules Wimbledon AC	

17:25 T28 U23 Women 100m Final

CBP: Abiodun Oyepitan, Shaftesbury Barnet Harriers, 11.17, 2001
 UK Best : Montell Douglas, Blackheath & B, 11.05, 2008

Posn	BIB	ATHLETE	CLUB	W/s: +3.5 m/s
1	43	Katarina JOHNSON THOMPSON	Liverpool Harriers & AC	11.30
2	424	Annie TAGOE	Thames Valley H	11.38
3	48	Sophie PAPPS	Windsor Slough Eton & H	11.47
4	47	Marilyn NAWAWULOR	Harrow AC	11.72
5	38	Kathryn CHRISTIE	Edinburgh AC	11.78
6	52	Charlotte WINGFIELD	Cardiff AAC	11.86
7	51	Steffi WILSON	Shaftesbury Barnet Harriers	11.99
8	46	Sarah MURRAY	Ireland	12.02

17:30 T29 U20 Women 100m Final

CBP: Jodie Williams, Herts Phoenix, 11.28, 2010
 UK Best : Jodie Williams, Herts Phoenix, 11.18, 2011

Posn	BIB	ATHLETE	CLUB	W/s: +3.0 m/s
1	2	Dina ASHER-SMITH	Blackheath & Bromley AC	11.11
2	14	Desiree HENRY	Enfield & Haringey AC	11.24
3	16	Shannon HYLTON	Blackheath & Bromley AC	11.54
4	18	Imani LANSQUOT	Sutton & Dist AC	11.64
5	11	Kristie EDWARDS	City of Sheffield AC	11.74
6	19	Shannon MALONE	Deeside AAC	11.77
7	7	Tayla BRADE	Thames Valley H	11.79
DNS	22	Lukesha MORRIS	Windsor Slough Eton & H	

17:35 T30 U20 Men 3000m S/Chase Straight Final

CBP: Benedict Whitby, Borough of Hounslow AC, 8:59.09, 1996
 UK Best : Paul Davies-Hale, Cannock AC, 8:29.85, 1981

Posn	BIB	ATHLETE	CLUB	PERF
1	1025	Michael VENNARD	Vale Royal AC	09:05.15
2	737	Tom HOOK	City of Norwich AC	09:10.34
3	501	Abdi ABDI	Birchfield Harriers	09:20.25
4	754	Daniel JARVIS	Liverpool Harriers & AC	09:27.84
5	780	Kyle LARKIN	Ireland	09:29.73
6	609	Charlie CRITCHLEY	Aldershot Farnham & Dist AC	09:32.60
7	1039	Richard WEBB	Blackheath & Bromley AC	09:35.57
8	637	Jack DOUGLAS	Bedford & County AC	09:40.28
9	652	Matthew EDWARDS	Cardiff AAC	09:45.11
10	827	Dalton MCGUIGAN	Shaftesbury Barnet Harriers	10:07.72
11	971	Aidan SMITH	Hallamshire Harriers Sheffield	10:13.27
DNF	915	Benjamin PRIDDLE	Reading AC	
DNF	743	Alex HOWARD	Tonbridge AC	

17:50 T31 U23 Men 3000m S/Chase Final

CBP: Adam Bowden, Harrow AC, 8:42.92, 2003

UK Best : Tom Hanlon, Edinburgh AC, 8:16.52, 1989

Posn	BIB	ATHLETE	CLUB	PERF
1	699	William GRAY	Brighton & Hove City AC	08:59.43
2	739	Jonathan HOPKINS	Cardiff AAC	08:59.56
3	884	Dan OWEN	Cheltenham Harriers	09:13.29
4	1079	Douglas MUSSON	Notts AC	09:19.68
5	700	Scott GREEN	Central AC	09:28.33
DNS	524	Tom AUSTIN	Poole AC	

18:05 T32 U23 Men 400m Final

CBP: Nigel Levine, Windsor Slough Eton & Hounslow AC, 45.85, 2011

UK Best : David Grindley, Wigan, 44.47, 1992

Posn	BIB	ATHLETE	CLUB	Perf
1	769	Sadam KHOUMI	Birchfield Harriers	46.52
2	873	Efekemo OKORO	Birchfield Harriers	46.90
3	801	Greg LOUDEN	Lasswade AAC	47.48
4	520	Clovis ASONG	Sale Harriers Manchester	47.54
5	556	Alex BOYCE	Liverpool Harriers & AC	48.04
6	772	Jake KING	Southend on Sea AC	48.00
DNF	942	Callum ROUGHNEEN	Sale Harriers Manchester	48.56
DNS	535	Sam BEDFORD	Wells City	

18:15 T33 U20 Men 800m Semi Finals

CBP: Niall Brooks, Sale Harriers, 1:47.29, 2010

UK Best : David Sharpe, Jarrow & Hebburn AC, 1:45.64, 1986

Heat 1	BIB	ATHLETE	CLUB	PERF
1	549	Theo BLUNDELL	Birchfield Harriers	01:53.92
2	845	Sean MOLLOY	Tonbridge AC	01:53.93
3	923	Louis RAWLINGS	Cambridge & Coleridge AC	01:54.48
4	669	Hugo FLEMING	Walton AC	01:54.79
5	1056	Michael WILSON	Sunderland Harriers & AC	01:54.83
6	718	Lewis HAYES	Kettering Town Harriers	01:55.52
7	1044	Max WHARTON	Halifax Harriers & AC	01:56.72
8	686	Michael GODDARD	Chiltern Harriers AC	02:04.03

Heat 2	BIB	ATHLETE	CLUB	PERF
1	778	Kyle LANGFORD	Shaftesbury Barnet Harriers	01:53.99
2	579	Dominic CHAMBERS	Derby AC	01:54.22
3	870	Joseph O'HARA	Bexley AC	01:54.46
4	592	Timothy COBDEN	Cambridge & Coleridge AC	01:55.11
5	1074	Ben ROCHFORD	Shaftesbury Barnet Harriers	01:56.16
6	701	Scott GREEVES	City of Norwich AC	01:56.52
7	1048	Greg WILLIAMS	Inverclyde AC	01:56.88
8	997	Patrick TAYLOR	Vale of Aylesbury AC	01:58.26

10:00 F01 U20 Men Hammer

CBP: Peter Smith, Kingston Upon Hull, 74.45m, 2009

UK Best : Peter Smith, Kingston Upon Hull, 76.67m 2009

Posn	BIB	ATHLETE	CLUB	PERF
1	573	Taylor CAMPBELL	Windsor Slough Eton & H	69.13
2	887	Jac PALMER	Cardiff AAC	67.23
3	720	Thomas HEAD	Newham & Essex Beagles AC	64.53
4	709	James HAMBLIN	Colchester Harriers	64.51
5	843	Robert MOFFETT	Ballymena & Antrim AC	62.60
6	909	Jamie POTTON-BURRELL	Luton AC	59.13
7	638	Ross DOUGLAS	Charnwood AC	58.06
8	777	Jacob LANGE	Gloucester AC	58.02
9	682	Anthony GILLATT	Scunthorpe & District AC	54.08
10	890	Leslie PARKES	Havant AC	53.37
11	842	Jack MIRFIN	East Cheshire Harriers & TAC	51.07
12	1086	Isaac HUSKISSON	Nene Valley Harriers	49.36
13	660	Thomas FELLOWES	Birchfield Harriers	48.47
14	829	Fellan MCGUIGAN	Shaftesbury Barnet Harriers	NDR

10:30 F02 U20 Men Pole Vault

CBP: Neil Winter, Shaftesbury Barnet Harriers, 5.40m, 1993

UK Best : Neil Winter, Shaftesbury Barnet Harriers, 5.50m, 1992

Posn	BIB	ATHLETE	CLUB	PERF
1	705	Adam HAGUE	Dearne ALC	5.30
= 2	602	Harry COPPELL	Wigan & Dist H AC	5.20
= 2	819	Rowan MAY	Birchfield Harriers	5.20
4	855	Charlie MYERS	Middlesbrough AC (Mandale)	4.75
5	1031	Ethan WALSH	Shaftesbury Barnet Harriers	4.60
6	941	Tom ROTTIER	Enfield & Haringey AC	4.45
7	818	Charlie MAW	Winchester & District AC	4.45
8	789	Joel LEON BENITEZ	Notts AC	4.45
9	993	Jacob SUTCLIFFE	Sale Harriers Manchester	4.10
10	912	Lewis PREECE	Swansea Harriers	NHR
11	571	David CALLAN	Cardiff AAC	NHR

10:30 F03 U23 Women Long Jump

CBP: Jade Johnson, Herne Hill Harriers, 6.48m, 2000

UK Best : Fiona May, Derby, 6.88m, 1990

Posn	BIB	ATHLETE	CLUB	PERF	W/s
1	164	Rebecca CHAPMAN	Exeter Harriers	5.98	+1.0
2	322	Faye NICHOLSON	Bedford & County AC	5.88	+3.2
3	148	Micaela BRINDLE	Wigan & Dist H AC	5.88	+1.1
4	83	Elise LOVELL	Hastings AC	5.85	+3.2
5	90	Jahisha THOMAS	Blackheath & Bromley AC	5.82	+2.5
6	85	Suzanne PALMER	Derby AC	5.72	+1.9
7	40	Jessica FOX	Cambridge & Coleridge AC	5.54	+0.7
8	421	Sophie WORRAL	Wolverhampton & Bilston AC	5.44	+2.3
9	231	Shanara HIBBERT	Luton AC	5.29	+1.6

11:00 F04 U20 Women Shot

CBP: Sophie McKinna, Great Yarmouth, 16.36m, 2013
UK Best : Sophie McKinna, Great Yarmouth, 17.12m, 2013

Posn	BIB	ATHLETE	CLUB	PERF
1	323	Adele NICOLL	Birchfield Harriers	14.23
2	337	Danielle OPARA	Reading AC	13.89
3	368	Awen ROSSER	Swansea Harriers	12.50
4	342	Simi PAM	Peterborough AC	12.35
5	67	Celia QUANSAH	Windsor Slough Eton & H	11.41
6	94	Alice GALLOWAY	Cambridge & Coleridge AC	11.22
7	330	Michella OBIJIAKU	Herne Hill Harriers	10.77

12:00 F05 U20 Women Hammer

CBP: Sophie Hitchon, Blackburn Harriers, 63.74m, 2010
UK Best : Sophie Hitchon, Blackburn Harriers, 66.01m, 2010

Posn	BIB	ATHLETE	CLUB	PERF
1	359	Kimberley REED	Edinburgh AC	58.13
2	332	Emma O'HARA	Radley AC	58.00
3	117	Alice AKERS	Ireland	53.01
4	354	Kayleigh PRESSWELL	Marshall Milton Keynes AC	51.82
5	260	Rebecca KEATING	Shaftesbury Barnet Harriers	51.51
6	178	Zoe DAKIN	Swansea Harriers	50.56
7	213	Charlotte GOULD	Windsor Slough Eton & H	45.29
8	334	Maggie OKUL	Kingston Upon Hull AC	44.71
9	370	Megan RUSHMORE	West Norfolk AC	42.33
10	365	Holly RODGERS	Rotherham Harriers & AC	40.62

12:00 F06 U23 Men Triple Jump

CBP: Nathan Douglas, Oxford City AC, 16.42m, 2004
UK Best : Tosi Fasinro, Haringey AC, 17.21m, 1993

Posn	BIB	ATHLETE	CLUB	PERF	Wind
1	1047	Benjamin WILLIAMS	Sale Harriers Manchester	16.31	+1.5
2	749	Jonathan ILORI	Blackheath & Bromley AC	15.46	+1.0
3	1081	Jonathan SAWYERS	Windsor Slough Eton & H	15.43	+1.3
4	1018	Sam TRIGG	Erme Valley Harriers	15.20	+2.5
5	742	Matthew HOULDEN	Lincoln Wellington AC	15.20	+4.0
6	707	Scott HALL	Gateshead Harriers	15.11	+2.5
7	773	Peter KIRABO	Woodford Green & Essex L	14.81	+1.5
8	1024	Jack VALERI	Brighton & Hove City AC	14.44	+1.0
9	954	Dan SCOTT	Cornell University	NJR	

12:00 F07 U23 Women High Jump

CBP: Michelle Dunkley, Woodford Green & Essex Ladies AC, 1.89m, 2000
UK Best : Diana Elliott, Leicester C, 1.95m, 1982, Jessica Ennis, City of Sheffield, 1.95m, 2007

Posn	BIB	ATHLETE	CLUB	PERF
1	290	Deborah MARTIN	Ashford AC	1.75
2	149	Isobel BROWN	Chichester Runners & AC	1.70
3	122	Gemma ARMORGIE	Herts Phoenix AC	1.65
4	288	Nikki MANSON	Giffnock North AC	1.65
5	182	Reagan DEE	Enfield & Haringey AC	1.65

13:00 F08 U23 Men Discus

CBP: Lawrence Okoye, Croydon H, 63.66m, 2012
UK Best : Lawrence Okoye, Croydon H, 68.24m, 2012

Posn	BIB	ATHLETE	CLUB	PERF
1	897	Nicholas PERCY	Shaftesbury Barnet Harriers	56.40
2	1016	Alan TOWARD	Gateshead Harriers	56.16
3	620	Adam DAMADZIC	Birchfield Harriers	55.68
4	1009	Greg THOMPSON	Shaftesbury Barnet Harriers	53.69
5	670	Najee FOX	Birchfield Harriers	53.00
6	651	Jonathan EDWARDS	City of Plymouth AC	50.43

13:00 F09 U20 Men Shot

CBP: Tom Walsh, New Zealand, 20.48m, 2011
UK Best : Carl Myerscough, Blackpool & Fylde AC, 21.03m, 1998

Posn	BIB	ATHLETE	CLUB	PERF
1	758	Kai JONES	Newham & Essex Beagles AC	17.65
2	1035	Joey WATSON	Windsor Slough Eton & H	17.35
3	766	John KELLY	Ireland	17.05
4	695	Adam GRAHAM	Gateshead Harriers	16.17
5	813	Louis MASCAREHAS	Blackheath & Bromley AC	15.13
6	672	Forrest FRANCIS	Leicester Coritanian AC	13.82
7	732	Alexander HILL-KING	Loughborough Students AC	13.61
8	1049	Hugh WILLIAMS	Woodford Green & Essex L	13.45

14:00 F11 U20 Men Long Jump

CBP: Jonathan Moore, Birchfield Harriers, 7.98m, 2001
UK Best : Greg Rutherford, Milton Keynes AC, 8.14, 2005

Posn	BIB	ATHLETE	CLUB	PERF	W/s
1	666	Jacob FINCHAM-DUKES	Leeds City AC	7.61	+1.7
2	722	Sam HEALY	Ireland	7.51	+4.0
3	1027	Adam WALKER-KHAN	Birchfield Harriers	7.42	+1.4
4	503	Samuel ADAMS	Victoria Park Glasgow	7.38	+1.7
5	862	Oliver NEWPORT	Blackheath & Bromley AC	7.06	+1.5
6	630	Joseph DEWAR	Woodford Green & Essex L	6.91	+0.3
7	804	Terry LUCAS	Chelmsford AC	6.84	+1.5
8	713	Thomas HARRINGTON	Birchfield Harriers	6.53	+1.0
9	776	Jacob LANE	Dartford Harriers AC	6.02	+1.8

14:10 F12 U23 Women Discus

CBP: Eden Francis, Birchfield Harriers, 58.99m, 2010
UK Best : Philippa Roles, Swansea, 60.00, 1999

Posn	BIB	ATHLETE	CLUB	PERF
1	190	Phoebe DOWSON	Bournemouth AC	51.12
2	191	Shadine DUQUEMIN	Shaftesbury Barnet Harriers	51.12
3	211	Camryn GOODMAN	Cornell University	45.47
4	229	Kathy HETHERINGTON	North Down AC	40.57
5	265	Emma KIRK ODUNUBI	Brighton & Hove City AC	38.36

15:00 F13 U23 Men High Jump

CBP: Martyn Bernard, City of Sheffield AC, 2.24m, 2005

UK Best : Steve Smith, Liverpool Harriers & AC, 2.37, 1993

Posn	BIB	ATHLETE	CLUB	PERF
1	972	Allan SMITH	Shaftesbury Barnet Harriers	2.14
2	546	Montez BLAIR	Cornell University	2.10
3	568	Thomas BUTLER	Cornell University	2.10
4	905	Thomas PITT	USA	2.06
5	798	Jack LOCHANS	Woodford Green & Essex L	2.02
6	552	Ryan BONIFAS	Reading AC	2.02

15:20 F14 U20 Women Javelin

CBP: Goldie Sayers, Peterborough AC, 53.74m, 2001

UK Best : Goldie Sayers, Peterborough AC, 55.40m, 2001

Posn	BIB	ATHLETE	CLUB	PERF
1	417	Natasha WILSON	Sale Harriers Manchester	44.51
2	252	Elsbeth JAMIESON	City of Norwich AC	43.84
3	158	Jordan CAMPBELL	Southampton AC	42.66
4	125	Melissa ARTHUR	Newport Harriers	42.07
5	180	Leanne DAVIES	Aldershot Farnham & Dist AC	40.00
6	407	Katherine WEST	Reading AC	39.89
7	380	Tasia STEPHENS	Cardiff AAC	38.68

14:00 F10 U20 Women Pole Vault

CBP: Katie Byres, Sale Harriers Manchester, 4.36m, 2012

UK Best : Lucy Bryan, Bristol & West AC, 4.40m, 2013

Posn	BIB	ATHLETE	CLUB	PERF
1	362	Abigail ROBERTS	Dearnside AC	3.85
2	212	Anna GORDON	Pitreavie AAC	3.85
3	242	Tilly HOOPER	Sutton & Dist AC	3.75
4	297	Ailis MCGOVERN	Bexley AC	3.75
5	210	Ellie GOODING	Ashford AC	3.60
6=	351	Georgia PICKLES	Sale Harriers Manchester	3.60
6=	395	Amber TRY	Windsor Slough Eton & H	3.60
8	181	Amy DE BEAUX	Guildford & Godalming AC	3.45
9	147	Jade BREWSTER	Horsham Blue Star H	3.45
10	170	Shannon CONNOLLY	Thames Valley H	3.45
11	193	Nancy EPSLY	Chelmsford AC	3.30
12	300	Sarah MCKEEVER	Sale Harriers Manchester	3.30
	68	Jenny ROBBINS	Notts AC	NHC

16:15 F16 U20 Men Javelin

CBP: Mark Roberson, Haringey AC, 73.68m, 1986
UK Best : Steve Backley, Cambridge Harriers, 79.50, 1988

Posn	BIB	ATHLETE	CLUB	PERF
1	614	Freddie CURTIS	Marshall Milton Keynes AC	64.18
2	615	Redford CURTIS	Milton Keynes AC	59.07
3	996	Jack SWAIN	Bedford & County AC	58.54
4	513	Luke ANGELL	Team Kennet	57.61
5	583	Marshall CHILDS	Ipswich Harriers	56.14
6	986	Matthew STOCKTON	Loughborough Students AC	55.36
7	812	Conor MARTIN	Herts Phoenix AC	53.38
8	1053	Edward WILSON	Marshall Milton Keynes AC	52.08
	551	James BONGART	Woodford Green & Essex L	NDR

16:00 F15 U20 Women Triple Jump

CBP: Yasmine Regis, Windsor Slough Eton & Hounslow AC, 13.13m, 2005
UK Best : Laura Samuel, Leicester Coritarians, 13.75m, 2010

Posn	BIB	ATHLETE	CLUB	PERF	
1	179	Kerri DAVIDSON	Blackheath & Bromley AC	12.48	+1.5
2	381	Lia STEPHENSON	Thames Valley H	12.05	+3.3
3	24	Charlotte OGDEN	Stockport Harriers & AC	11.74	+1.4
4	298	Rachel MCHUGH	Shildon R & AC	11.53	+2.1
5	114	Aimee ADDIS	Crewe & Nantwich AC	11.44	+1.7
6	196	Amanda FIELDS	USA	11.03	+0.7
7	219	Caitlin HARDING	Leicester Coritanian AC	11.01	+1.9
8	234	Rosie HILL	Channel Isles AC	10.73	+3.1
9	198	Melissa FLETCHER	Leeds City AC	NDR	-